



Valley United Performance Training Schedule - April 21 - May 15 Raymond Field, Acadia

There will be some changes to the schedules once we get on grass fields after May 15.

Please note: teams training at 6:45pm can get on the field at that time but can start warm-up and ball work in the end zones at 6:30pm.

Monday	5:30-6:45pm	U12AA Girls U13AA Boys
	6:45-8pm	U15AA Boys U15AA Girls
	8-9:30pm	U18AA Boys U18AA Girls
Tuesday	5:30-6:45pm	U12AA Boys U13AA Girls
	6:45-8pm	U15AAA Girls U17AAA Boys
	8-9:30pm	U15AAA Boys Senior Men
Wednesday	5:30-6:45pm	U12AA Girls U13AA Boys
	6:45-8pm	U15AA Boys U15AA Girls
	8-9:30pm	U18AA Boys U18AA Girls

Thursday	5:30-6:45pm	U12AA Boys U13AA Girls
	6:45-8pm	U15AAA Girls U17AAA Boys
	8-9:30pm	U15AAA Boys Senior Men