Tournament Rules

You may have to adjust the rules to suit your tournament/age group.

All games will be played under HA regulations except where specified below.

Round Robin

1. 5 minute warmup
2. One 20 minute straight time period, two 20 minute stop time periods (if time doesn’t permit, will switch to run time)
3. No overtime
4. Flood every second period
5. 1st vs. 2nd for championship
6. Points will be awarded in the following manner:

Win – 2 points

Tie – 1 point

Loss – 0 points

1. In the event of a tie, the following criteria will be used:
	1. Head to head winner
	2. Goals for, goals against differential
	3. Least penalty minutes
	4. Coin toss

Championship Game

1. 5 minute warm up
2. 3-20 minute stop time periods
3. If game ends tied, then a 5 minute straight time sudden death overtime
4. If still tied, then a 3 man shootout
5. If still tied, then sudden death shootout
6. No repeat shooters until all players on the team have shot
7. Flood every second period