

# WEEKLY SCHEDULE

## Week One Schedule - August 5 - 9

### 7 - 9 YEAR OLDS

Ice session #1	8:00 am - 9:15 am	COST \$375 for the week
Off-ice skills/Dryland/Games	9:30 am - 11:00 am	
Lunch/Video	11:00 am - 12:00 pm	
Ice session #2	12:30 pm - 1:45 pm	

### 10 - 12 YEAR OLDS

Ice session #1	9:30 am - 10:45 am	COST \$375 for the week
Off-ice Skills/Dryland/Games	11:00 am - 12:30 pm	
Lunch/Video	12:30 pm - 1:30 pm	
Ice session #2	2:00 pm - 3:15 pm	

### DEFENCEMAN CAMP (9 - 14 YEAR OLDS)

Ice session #1	11:00 am - 12:15 pm	COST \$375 for the week
Off-ice Skills/Dryland/Games	12:30 pm - 2:00 pm	
Lunch/Video	2:00 pm - 3:00 pm	
Ice session #2	3:30 pm - 4:45 pm	

### ALL GOALIES (In the above camps)

COST \$275 for the week

## Week Two Schedule - August 12 - 16

### 5-7 YEAR OLDS

5:00 pm - 6:00 pm COST \$100

### 8 - 10 YEAR OLDS

Ice session #1	8:00 am - 9:15 am	COST \$375 for the week
Off-ice skills/Dryland/Games	9:30 am - 11:00 am	
Lunch/Video	11:00 am - 12:00 pm	
Ice session #2	12:30 pm - 1:45 pm	

### 11 - 14 YEAR OLDS

Ice session #1	9:30 am - 10:45 am	COST \$375 for the week
Off-ice Skills/Dryland/Games	11:00 am - 12:30 pm	
Lunch/Video	12:30 pm - 1:30 pm	
Ice session #2	2:00 pm - 3:15 pm	

### FEMALE ONLY (7 - 13 YEARS OLD)

Ice session #1	11:00 am - 12:15 pm	COST \$375 for the week
Off-ice Skills/Dryland/Games	12:30 pm - 1:45 pm	
Lunch/Video	2:00 pm - 3:00 pm	
Ice session #2	3:30 pm - 4:45 pm	

### ALL GOALIES (In the above camps)

COST \$275 for the week