

# **Recreation Hockey Program Guidelines (subject to change)**

Season runs from September through March

*For the 2022-23 Season, the recreation hockey program will begin the week of Sept 26<sup>th</sup> – players will be emailed a schedule in September to attend assessments. Following this stage, the Director of Player Development and Executive Director of Hockey Operations will form teams.*

*Please see below your division information:*

***ICE TIMES ARE SUBJECT TO CHANGE DEPENDING ON WHAT THE CITY ALLOCATES TO GVMHA***

## **U5 (aged 4), U7 (ages 5-6) U9 (ages 7-8)**

**4-year-old program** – will have 1 hour of ice on a weekend (normally Sunday mornings) at OTR

**U7** – will have 1 hour practice ice on Mondays and another practice on the weekend

**U9** – will have 1 hour of practice ice on either a Monday, Tuesday or Thursday and another practice on the weekend at OTR

## **U11 (aged 9-10), U13 (aged 11-12), U15 (aged 13-14) and U18 (aged 15-17) Recreation**

Full and half ice practices will be assigned on a fair and equitable basis once ice is identified.

**U11** – 1 practice on Tuesdays with games on the weekend

**U13** – 1 practice on Monday or Wednesday with games on the weekend

**U15** – 1 practice on Monday or Wednesday with games on the weekend

**U18** – 1 practice on Monday, Tuesday, or Wednesday with games on the weekend

There will be a minimum of 12 and a maximum of 19 players per team. The target is 15 skaters and 2 goalies per team. At the discretion of the Director of Hockey Operations, this clause may be waived to prevent the cutting or turning away of any players from minor hockey.

## **Practices:**

Full-ice, with maximum two teams on the ice at a time. At the discretion of the coaches, and in accordance with GVMHA policy the practice time shall allow for full ice skill drills, and half ice team drills.

## **Games:**

U11 through U18 will participate in the Okanagan North Super League which consists of recreation teams from Vernon, Armstrong/Enderby, Lumby, Winfield, Salmon Arm, Sicamous, Chase and Revelstoke. The season consists of 8 home and 8 away games, with 2 weeks of playoffs in Feb/March.

## **Tournaments:**

Maximum three out of town and one home tournament per year with the knowledge and consent of GVMHA and OMAHA. There must be unanimous parent consent on the tournaments the team is attending.