

Recreation Program Guidelines – subject to change

Season runs from September 2020 through March 2020

For the 2020-21 Season, the recreation hockey program will begin the week of Sept 28th – players will be sent a schedule in September to attend assessments. Following this stage, the Head Coaches will go to a draft with the Division Manager and a Board Member/DOH to select even teams. Please see below your division information:

ICE TIMES ARE SUBJECT TO CHANGE DEPENDING ON WHAT THE CITY ALLOCATES TO GVMHA

U5 (aged 4), U7 (ages 5-6) U9 (ages 7-8)

4 year old program – will have 1 hour of ice on a Sunday 10:15am at OTR

U7 – will have 1 hour practice ice on Mondays (4-5pm) and another practice on the weekend

U9 – will have 1 hour of practice ice on either a Tuesday, Wednesday or Friday (between 4-6:30pm) and another practice on the weekend

U11 (aged 9-10), U13 (aged 11-12), U15 (aged 13-14) and U18 (aged 15-17) Recreation

U11 – 1 practice on Tuesday or Thursday with 1 other ice time on a Saturday **or** Sunday

U13 – 1 practice on Tuesday or Friday with 1 other ice time on a Saturday **or** Sunday

U15 – 1 practice on Monday or Wednesday with 1 other ice time on Friday, Saturday **or** Sunday.

U18 – 1 practice on Tuesday, Wednesday or Thursday with 1 other ice time on Friday, Saturday **or** Sunday.

Due to COVID-19 and The City of Vernon facility guidelines/Return to Play, we will begin the season with groups of up to 20 players, with up to 5 certified instructors. Each group will have 1 weekday and 1 weekend ice session until we are permitted to play games (looking at possibly November for U11 to U18 teams).

Practices:

Full-ice for each minor hockey group – 1 hour weekday and 1 hour weekend. In accordance with GVMHA policy, and with the discretion of the coaches, the practice time shall allow for full ice skill drills and power skating.

Games:

OMAHA is looking at playing games in cohorts of 4 up until the Christmas break. More information TBA.

Tournaments:

No tournaments are planned this season