

Recreation Hockey Program Guidelines (subject to change)

Season runs from September through March

For the 2021-22 Season, the recreation hockey program will begin the week of Sept 27th – players will be emailed a schedule in September to attend assessments. Following this stage, the Head Coaches will go to a draft with the Division Manager and a Board Member/DOH to select even teams. Please see below your division information:

ICE TIMES ARE SUBJECT TO CHANGE DEPENDING ON WHAT THE CITY ALLOCATES TO GVMHA

U5 (aged 4), U7 (ages 5-6) U9 (ages 7-8)

4 year old program – will have 1 hour of ice on a weekend (normally Sunday mornings) at OTR

U7 – will have 1 hour practice ice on Mondays (3:45pm-4:45pm) and another practice on the weekend 6:45am

U9 – will have 1 hour of practice ice on either a Wednesday or Thursday (earliest is between 3:45-4:45pm) and another practice on the weekend

U11 (aged 9-10), U13 (aged 11-12), U15 (aged 13-14) and U18 (aged 15-17) Recreation

Full and half ice practices will be assigned on a fair and equitable basis once ice is identified.

U11 – 1 practice on Tuesdays with games on the weekend

U13 – 1 practice on Monday or Wednesday with games on the weekend

U15 – 1 practice on Monday or Tuesday with games on the weekend

U18 – 1 practice on Monday, Tuesday or Wednesday with games on the weekend

There will be a minimum of 12 and a maximum of 19 players per team. The target is 15 skaters and 2 goalies per team. At the discretion of the Director of Hockey Operations, this clause may be waived to prevent the cutting or turning away of any players from minor hockey.

Practices:

Full-ice, with maximum two teams on the ice at a time. At the discretion of the coaches, and in accordance with GVMHA policy the practice time shall allow for full ice skill drills, and half ice team drills.

Games:

Atom through Midget will participate in the Okanagan North Super League which consists of recreation teams from Vernon, Armstrong/Enderby, Lumby, Winfield, Salmon Arm, Sicamous, Chase and Revelstoke. The season consists of 8 home and 8 away games, with 2 weeks of playoffs in Feb/March.

Tournaments:

Maximum three out of town and one home tournament per year with the knowledge and consent of GVMHA and OMAHA. There must be unanimous parent consent on the tournaments the team is attending.