

# Oct 2025-Apr 2026 Vernon United Training

| <u>Teams</u>                     | <u>Day</u> | <u>Fall Dates</u>   | <u>Winter Dates</u> | <u>Time</u> |
|----------------------------------|------------|---------------------|---------------------|-------------|
| U10 Girls                        | Mon        | Oct 20 - Dec 22     | Jan 5 - Apr 6       | 330-430pm   |
| U10 Boys                         | Mon        | Oct 20 - Dec 22     | Jan 5 - Apr 6       | 440-540pm   |
| U13 Boys                         | Mon        | Oct 20 - Dec 22     | Jan 5 - Apr 6       | 550-650pm   |
| U11 Girls                        | Tues       | Oct 14 - Dec 16     | Jan 6 - Apr 7       | 330-430pm   |
| U12 Girls                        | Tues       | Oct 14 - Dec 16     | Jan 6 - Apr 7       | 440-540pm   |
| U14 Girls and U15-16 Girls       | Tues       | Oct 14 - Dec 16     | Jan 6 - Apr 7       | 550-650pm   |
| U11 Boys                         | Wed        | Oct 15 - Dec 17     | Jan 7 - Apr 8       | 330-430pm   |
| U12 Boys                         | Wed        | Oct 15 - Dec 17     | Jan 7 - Apr 8       | 440-540pm   |
| U15 Boys and OLDER GKs (U13+)    | Wed        | Oct 15 - Dec 17     | Jan 7 - Apr 8       | 550-650pm   |
| Gk - younger Girls (U10, 11, 12) | Thurs      | Oct 16 - Dec 18     | Jan 8 - Apr 9       | 330-415pm   |
| Gk - younger Boys (U10, 11, 12)  | Thurs      | Oct 16 - Dec 18     | Jan 8 - Apr 9       | 420-505pm   |
| U13 Girls                        | Thurs      | Oct 16 - Dec 18     | Jan 8 - Apr 9       | 440-540pm   |
| U14 Boys A and U14 Boys B        | Thurs      | Oct 16 - Dec 18     | Jan 8 - Apr 9       | 550-650pm   |
| U16-18 Boys                      | Weekend    | Times and dates TBD |                     |             |
| U18 Girls                        | Weekend    | Times and dates TBD |                     |             |



