

## 2023 BCLA Minor Lacrosse Variations (Mini-Tyke-U7, Tyke-U9, Novice-U11)

As directed by the BCLA Minor Directorate for 2023, there is one rule set for each division province wide. If a club decides to adopt a different option from that of the BCLA, it must be an option from the Lacrosse Canada Rule Book and is only permitted local in-house play (they cannot play any other clubs), this includes exhibition games against other clubs.

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**\*Rule sets for all minor divisions are set in place by the Minor Directorate, in consultation with local zone commissions.**

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### U7 Rules:

For league play and or games involving different associations, all U7 Play must be 3 on 3 cross floor

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#### Game - Option X

- Play 3 on 3 with soft balls
- No goalkeeper
- 3 periods, 15 minutes in length each (run time) , with 3-minute intermissions
- Start each period with a face off
- 3x3 nets
- 2 games played simultaneously in half court (if numbers allow)
- Defensive player may occupy a space to prevent an offensive player from entering
- Defensive player may place their stick on an opponent
- No pushing or checking motion, no bodychecking
- Fall Back Rule in effect
  - The fall-back rule applies when possession is gained by the goalkeeper
  - All defensive players must enter the neutral zone
  - Once all defensive players are in neutral zone, they are free to go wherever they want
  - The goalkeeper must pass the ball to one of the offensive players who must then pass the ball to one teammate outside the dotted line

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### U9 Rules:

For league play and or games involving different associations, all U9 Play must be 3 on 3 cross floor

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#### Game - Option X

- Play 3 on 3 with hard balls
- Goalkeeper
- 3 periods, 15 minutes in length each (run time) , with 3-minute intermissions
- Start each period with a face off
- 3x3 nets
- 2 games played simultaneously in half court (if numbers allow)
- Defensive players may place their stick on the ball-carrier and push them away.
- Any offensive player (including the ball-carrier) who deliberately charged directly at a defensive player may be assessed a charging penalty.
- No pushing or checking motion, no bodychecking
- A defensive player may check an offensive player by placing their stick head on an opposing player's stick head.

- Fall Back Rule in effect
  - The fall-back rule applies when possession is gained by the goalkeeper
  - All defensive players must enter the neutral zone
  - Once all defensive players are in neutral zone, they are free to go wherever they want
  - The goalkeeper must pass the ball to one of the offensive players who must then pass the ball to one teammate outside the dotted line

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### **U11 Rules:**

- Play 5 on 5 full floor
- 3 periods, 20 minutes in length each (run time) , with 3-minute intermissions
- Regular minor nets and goalkeepers
- Shot clock is running.
- Defensive players may place their stick (area between the hands) on the ball carrier and push them away. Emphasis on place-and-push.
- No contact off ball. However, a defensive player may check an offensive player by placing their stick head on an opposing player's stick head within the dotted 24' area.
- No body checking
- No fall-back rule – players may come into crease to get ball from goalie

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### **U11 Female Rules:**

#### Game - Option X

- Play 5 on 5
- 3 periods, 20 minutes in length each (run time) , with 3-minute intermissions
- Regular minor nets
- Contact is equal pressure – on ball carrier
- No body checking
- Contact with non ball carrier may only be in the 24' and may only be equal pressure

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### **U13 Female Rules:**

#### Game - Option X

- Play 5 on 5
- 3 periods, 20 minutes in length each (run time) , with 3-minute intermissions
- Regular minor nets
- Contact is equal pressure – on ball carrier
- No body checking
- Contact with non ball carrier may only be in the 24' and may only be equal pressure
- player's stick

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### **U15 Female Rules:**

#### Game - Option A

- All play is the same as Co-Ed U15 with the exception of contact
  - Contact is place and push (legal cross check)
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### **U17 Female & Junior Female Rules:**

No modifications – same contact rules as Co-ed

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