

## Coach Development

How is *Coach Development* different from *Coach Certification*?

The short answer, and for the purposes of this description, Coach Development focuses more on the **Modern Game** and is referred to as one's **Style of Play**. These clinics do not offer coach certification but what they do provide is tremendous development opportunities for coaches to learn the most up-to-date types of game play and Style of Play that the most successful teams around the world currently employ.

Concepts include and are not limited to:

- Pace
- Flow: 1-2-3-4-5
- Global Player / Multi-positional Player
- Rebound & Go
- Spacing: Single Gaps & Double Gaps
- Attack Double Gaps & Pass Single Gaps
- B1-E2-C4
- Pass & Cut
- Pass & Pick
- Pass & Slip
- Pass & Get
- Dribble-at
- Dribble-at to Post-up
- Dribble-at to Post-up to Laker Cut
- GDP—Get, Dribble-at, Pick
- DHO—Dribble Hand-off
- DHO Slip
- DHO Pick
- KPI—Key Performance Indicators
- Second Side Series
- Explode Explore Execute
- ABCD Debrief
- ABCD Teaching (A+)
- Shot Priorities
- ROB Shots
- P7R
- Defensive Priorities (3)—D21 & D9
- Problem Solver: Preventer, Fixer, Eraser
- Disruption & Deception
- Taking TEMPerature Readings
- Actions, Advantages, Dominoes
- Hot Spot Rebounding
- Offensive Rebound—Plan 14
- REP'ing
- Loading & De-loading
- Who + What = How + Why
- Peak Height Velocity
- Fundamental Movements & Skills Combinations
- Learning Styles
- Train Ugly
- Growth Mindset
- Icelandic Soccer Model—Coach Education
- What is SISU?
- Connections
- Practice Planning
- 5 Stage Teaching Method
- Forming Norming Storming Performing
- Gold Medal Model—Canada Basketball
- PVAD
- LTAD