

## Coach Education

How is *Coach Education* different from *Coach Development*?

The short answer, and for the purposes of this description, Coach Education focuses more on the **Essentials** required for the beginner coach and an introduction to teaching and ultimately incorporating a **Style of Play**.

These clinics provide ground floor concepts for new coaches to learn the most up-to-date types of game play and Style of Play that are most appropriate for the level they are currently coaching at. For the most part, these clinics are best suited for community coaches and junior high coaches.

Concepts include and are not limited to:

- Pace
- Global Player
- Rebound & Go
- Spacing: Single Gaps & Double Gaps
- Attack Double Gaps & Pass Single Gaps
- B1-E2-C4
- Pass & Cut
- Pass & Pick
- Dribble-at
- Dribble-at to Post-up
- DHO—Dribble Hand-off
- Explode Explore Execute
- ABCD Debrief
- ABCD Teaching (A+)
- Shot Priorities
- ROB Shots
- Defensive Priorities (3)—D21 & D9
- Problem Solver: Preventer, Fixer, Eraser
- Disruption & Deception
- Taking TEMPerature Readings
- REP'ing
- Loading & De-loading
- Who + What = How + Why
- Fundamental Movements & Skills Combinations
- Learning Styles
- Train Ugly
- Practice Planning
- 5 Stage Teaching Method
- Gold Medal Model—Canada Basketball
- LTAD