

Canada Basketball Super Clinic

May 28-30, 2021

David Blatt—Building Winning Teams

FIBA Coach—Euro League / Former NBA Coach

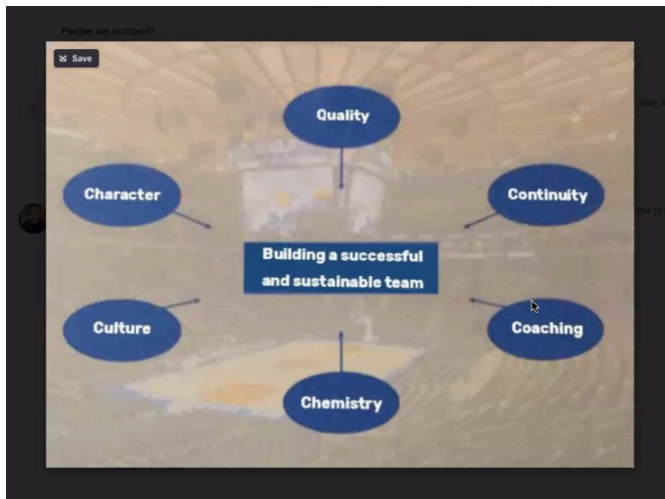
Coach Blatt Started his presentation with a Vince Lombardi quote:

“Winning is a habit. Unfortunately, so is losing...”

- Vince Lombardi

The messages presented by Coach Blatt were taken from the mind map below:

- Character
- Quality
- Continuity
- Coaching
- Chemistry
- Culture



Character

Talent without character is a curse.

Quality

Quality is a commitment to excellence.

Do your best.

Never be disappointed when doing your best.

Rock Splitter analogy—if it takes 101 hits with a hammer to split a rock, the first 100 hits were required to get the rock to split on the 101st attempt.

Very few people are willing to do the maximum—doing whatever it takes; going the extra mile.

Continuity

Consistent results require consistent messaging—and consistent messaging results in building loyalty.

Not everything that can be counted counts—and not everything that counts can be counted.

Coaching—5 Pillars of Coaching

1. Know your material
2. Self-evaluate and self-reflect often—be intentional
3. Be yourself—don't try to be someone else
4. Be a leader—pound the rock, even if it takes 101 times
5. Have personality—be human; be caring; be supportive of others

Chemistry

The strength of the wolf is in the pack.

The strength of the pack is in the wolf.

Culture

- From top to bottom
- There must be trust
- Set standards and habits
- Adhere to and practice proper sports etiquette
- Develop and maintain competitive stamina
- Humility—not thinking of yourself less, thinking less of yourself
- Be the 1st to arrive and the last to leave

David Blatt's Basketball Plan for Success

Basketball Plan For Success

- Commit to Excellence. Don't Expect Perfect Performance. Do Expect Perfect Effort.
- 7 C's of Defense - Convert, Contain, Complete, Contest, Cover, Chase, Change!
- Force Wing Perimeter and Post Catches Out
- Communicate "ELC"= Early, Loud, Continuous
- Everybody Box and Everybody Rebound
- First 3 Steps!
- Run Hard. Run Wide. Run for Layups and Uncontested 3's.
- Move Ball and Bodies, Ball has Energy!
- Change Sides of the Floor.
- Spacing! 3-4 Meters Between.
- Paint Touches. Attack Rim. Offensive Rebound with Balance + Discipline.
- We Are What We Do Everyday!