



*“A large part of **dialing up** is getting our players to take chances, whether to go for a steal, or take the ball into the teeth of the defense. It’s important that they be willing to go beyond their limits, to go beyond anything they’ve done in the past. That’s why we work on their mental game as much as their physical game. We force them to expand on their talent and on their view of what they’re capable of. If we have a player who hasn’t wanted the ball in a pressure situation, we get her to try it.”*