

Canada Basketball Super Clinic

May 28-30, 2021

Don Showalter—Building an Offense using 3on3

USA Basketball

Coach Don discussed how USA Basketball emphasizes 3on3 drills to teach offensive concepts.

Why does USA Basketball utilize the 3on3 Model?

- more players are more active more often
- more players get more touches more often
- more coaches get to coach
- communication is enhanced
- great spacing is easily taught and its benefits recognized
- skills are enhanced due to the many extra touches
- 3on3 links training to competition
- approach is based on executing **Actions**, not **Plays**

His first document outlined how the concepts are taught in a 3on3 setting...

- document link: <https://cloud.rampinteractive.com/visionbasketballacademy/files/3on0.pdf>

His second document outlined the drills used to reinforce the 3on3 concepts...

- document link:
<https://cloud.rampinteractive.com/visionbasketballacademy/files/3on0%20Drills%20-%20USAB.pdf>

His third document outlined how the concepts & drills were employed in a 3on3 setting—Coach Don emphasized that defence must be added as soon as possible in order to effectively teach players the offensive concepts & actions...

- document link: <https://cloud.rampinteractive.com/visionbasketballacademy/files/3on3.pdf>

When players have questions pertaining to which action is best to be employed when, the answer oftentimes given is, **“Figure it out!”** Players are taught the concepts and actions in drills and then are expected to be free thinkers to figure things out.

A quote that his coaching partner also stated, **“Today, basketball is over-coached and under-taught.”**

Coach Don provided a video link showing him working with high school athletes in a 3on3 setting:

- <https://drive.google.com/file/d/1zt9heGLhK6Mnc01N4w2DtyyKGJ5G59zy/view>

Over the years, many coaches have given their players all of the information they thought was required and players were not burdened with having to make very many decisions, if any. It has now been proven that the more decisions we allow players to make, the better they perform—players today are to be encouraged to make reads and make decisions as often as necessary...