

I don't like this subject.

It makes me bite my lip. I warn you right now that my warmest, friendliest side doesn't show up in these pages. By the time you're done [this chapter], you'll think I'm one tough lady, and you may even like me a little less. That's okay, as long as you respect me and believe in what I tell you. Because that's what discipline is really about. It's about belief.

