

Kenya Basketball Report

Nairobi, Kenya—Africa

November 2003



Basketball Development & Education
for
Coaches & Players

Wow! On Sunday, November 12th, 2023, Mark & Darlene Hogan began one of the most amazing journeys of their lives—a combination of Basketball Education & Development culminating with a 4-day Safari in Kenya is difficult to put into words.

A special *Thank you!* goes out to:

Clinton Weening: Rosslyn Academy for organizing an amazing Basketball Ministry in Nairobi, Kenya
Clinton & Tara Weening & family for welcoming us into their home for 8 days—wonderful hosts

Ron Yeung and Canada Basketball (donation: Steve Nash Youth Basketball jerseys & Jr. NBA t-shirts)

Reagan Wood and Alberta Basketball Association (donation: ABA t-shirts)

Dawn Smyth and the NBA (donation: NBA basketballs)

Mike Chese: Head Coach of the Shauri Moyo basketball program in Shauri Moyo, Nairobi

Allan Adiedo: Head Coach of the Calvary basketball program in Dandora, Nairobi

As you will see and read in this report, the support of these organizations and community basketball leaders contributed substantially to less privileged communities in Nairobi.

KENYA BASKETBALL REPORT

On Sunday, November 12th, 2023, Coach Mark was the lead instructor for the Canada Basketball (CB) Academy in Calgary, Alberta—the CB Academy was immediately followed by CMBA's Diamond Prep League's (DPL) Championship Sunday games.

The DPL Champions, Liberty, coached by Janelle Bekkering, were behind for a large portion of the game—they then stormed back in the 4th quarter to capture the championship title.

Immediately after the CB Academy and DPL games, Mark & Darlene departed Mount Royal University for the YYC airport to begin their African odyssey.

They arrived in Paris at noon the next day (local Paris time—an 8-hour time difference from Calgary)—they then spent the evening enjoying dinner alongside the Eiffel Tower and other Paris attractions.



Typical architecture in Paris, France



Arc de Triomphe



Eiffel Tower

Short video of Eiffel Tower lit up at night...

<https://www.youtube.com/shorts/K417Dharpd4>

The next day, Tuesday, November 14th, Mark & Darlene left Paris for Nairobi, Kenya—arriving at 8:00pm. The flight time from Paris to Nairobi was a few minutes longer than the flight from YYC to Paris—the time difference from Nairobi to Calgary is 10-hours.

Unbeknownst to Mark & Darlene before the planning stages began 8-10 months prior to their departure was the fact that Nairobi, Kenya is on the equator resulting in the total travel time from Calgary to Paris to Nairobi to be relatively extensive.

The contact person in Nairobi was Clinton Weening. Coach Clinton and Coach Mark coached together at Bearspaw Christian School for 3 seasons culminating in a 3rd place finish at the 2022 Alberta Provincial 2A Basketball Championships.

Local Contact in Nairobi, Kenya:

Clinton Weening, High School Principal

Rosslyn Academy

Nairobi, Kenya

Inspire, Equip, Serve

Email: clintonw@rosslynacademy.com

Website: <https://rosslynacademy.org/>



Upon his arrival to Nairobi, Coach Mark instantly became immersed in the local basketball scene—he:

1. Ran practices for the Rosslyn Academy Senior Boys basketball team
Helped with Rosslyn Academy senior varsity boys & junior varsity boys team tryouts
2. Ran a coaching clinic for local coaches (30 coaches)—the focus being on “Establishing a Modern Style of Play”. 3 hours in the classroom followed by 1.5 hours in the gym (with players to demo).
3. Co-ran a community player session (with Coach Clinton) for approximately 50 players in the Shauri Moyo community in Nairobi—Shauri Moyo is a community famous for the Burma Meat Market (frequently visited by diplomats and dignitaries from around the world)
4. Ran a community player session for approximately 40 players in the Dandora community in Nairobi—Dandora is well-known for being a slum community in Nairobi as well as for their massive garbage dumpsite and renowned pickers (see pictures below)
5. Attended 2 Kenya National Basketball League (KNBL) games (semi-pro teams)
6. Mark, Darlene, Clinton & his family visited the Mission 180 orphanage—outskirts of Nairobi
7. Went on a 4-day Safari in the Maasai Mara where the Big 5 were observed

What follows are a number of pictures and video links for the five (5) basketball activities listed above as well as the **Mission 180** orphanage visit and the amazing **Safari** in **Maasai Mara**:

ROSSLYN ACADEMY



4v4 Transition



Teaching Moment



Innocent Bystander



Rosslyn's no. 1 Fan



Teaching Moment

[Rosslyn video.1:](#) B1-E2 without a pass (driver got into trouble b/c he didn't execute proper decision-making—decision-making is tied tight to VISION)
<https://www.youtube.com/watch?v=PQJHej62OMU>

[Rosslyn video.2:](#) Feedback re: video.1
1. Was there a Double Gap? Yes!
2. Was there a help defender from the corner? Yes!
3. Should you have passed to your open corner teammate? Yes!
<https://www.youtube.com/watch?v=tN5WRuVGhlI>

[Rosslyn video.3:](#) Brief scrimmage (Spacing, Actions & Concepts are already improving)
https://www.youtube.com/watch?v=DKp_ZG4CmDk

COMMUNITY COACHES CLINIC

The community coach's clinic focused on "Establishing the Modern Style of Play".

30 coaches attended the clinic—3 hours in the classroom followed by 1.5 hours of observing 12 high school boys (Rosslyn Academy players) being taught and executing the Modern Style of Play as well as a number of Actions & Concepts that were taught/shared in the classroom.

Most of the coaches were community coaches in Nairobi.
A few of the coaches were Rosslyn Academy coaches.

[Video.1:](#) Teaching Spacing: 5 Out Offensive Spacing
Dunker's Spot not included with the initial *Spacing*
<https://www.youtube.com/shorts/fySpzA072Ss>

[Video.2:](#) Reminding coaches that Training Ugly is the norm at the onset of executing the many Actions & Concepts associated with Establishing the Modern Style of Play.
Patience is required as is the ability to Manage Chaos. Rome wasn't built in a day.
<https://www.youtube.com/shorts/QBDj4G1hIKc>

PowerPoint & More: Copy & Paste link for Coaching docs (Nairobi)—go to **far right** of Menu Bar
<http://visionbasketballacademy.com/>

SHAURI MOYO COMMUNITY & YOUTH BASKETBALL CLINIC



These 3 pictures were taken off the internet—Burma Meat Market in Shauri Moyo, Nairobi, Kenya, Africa.
Visited often by diplomats and dignitaries from around the world.

Head Coach: **Mike Chese** and **Wing Man** run a fantastic youth basketball program in Shauri Moyo, Nairobi, Kenya.
Located at the YMCA—pretty much across the street from the world-renowned Burma Meat Market.



Shauri Moyo clinic for 50+ younger players was followed by a Friendly Game between Rosslyn Academy and the Shauri Moyo U18 boys.



[Shauri Moyo video.1:](#) Friendly Game—Rosslyn Academy vs. Shauri Moyo U18 boys
Shauri Moyo on Offence
<https://www.youtube.com/watch?v=HKcSsrNI50A>

[Shauri Moyo video.2:](#) Friendly Game—Rosslyn Academy vs. Shauri Moyo U18 boys
Rosslyn Academy on Offence
<https://www.youtube.com/watch?v=szqCz5RUrR8>

[Shauri Moyo video.3:](#) Handshakes after the Friendly Game
<https://www.youtube.com/watch?v=8kj9rw0TCc4>

[Shauri Moyo video.4:](#) Asante (Thank you) / Karibu (Welcome)
<https://www.youtube.com/watch?v=bJqyE6F6BPE>

DANDORA COMMUNITY & YOUTH BASKETBALL CLINIC



These 3 pictures were taken off the internet—Dandora dumpsite, Nairobi, Kenya, Africa—pickers are common-place. One of the largest dumpsites in all of Africa—the Dandora dumpsite sprawls for 30+ acres.

Head Coach **Allan Adiedo** is running a tremendous youth basketball program in Dandora.

Coach Allan receives tremendous support from “G”—the highly respected, no nonsense disciplinarian in the Calvary youth basketball program.



“G” (pictured above with a red bandana) is the ‘disciplinarian’ for the Calvary Basketball Program in Dandora. He has 7 Golden Rules the players must adhere to—discipline is imperative to succeed in their community.

The 7 Golden Rules are: Peace, Love, Unity, Freedom, Justice, Prosperity and In God We Trust.

- [Dandora video.1:](#) Teaching the ABC Debrief to the players
https://www.youtube.com/watch?v=yYnfbFH_rIE
- [Dandora video.2:](#) Players executing the ABC Debrief (while speaking Swahili & drawing in the dirt)
 * The author's favorite moment/video from Dandora...
<https://www.youtube.com/watch?v=wcPQ2YVhqzw>
- [Dandora video.3:](#) Awesome pass early in the video followed by scrimmage time
<https://www.youtube.com/watch?v=IYMKbCZh1zQ>
- [Dandora video.4:](#) Reviewing & Teaching "Attack the Double Gap"
https://www.youtube.com/watch?v=aY_fe73L150
- [Dandora video.5:](#) Teaching Dribble-At with a Cut to the Basket
 (BLOCK Teaching—that is, executing with little to no decision-making)
<https://www.youtube.com/watch?v=k2lq3VpV2Bg>
- [Dandora video.6:](#) Dribble-At to a Post-up
 (BLOCK Teaching—that is, executing with little to no decision-making)
<https://www.youtube.com/watch?v=J7-adEDqiKI>
- RANDOM Teaching: Players can then execute either Dribble-At Action
 (RANDOM Teaching—that is, executing with decision-making & communication)
- Most coaches are stuck in BLOCK teaching—when RANDOM teaching is implemented, performance is greatly enhanced (as is decision-making).

KENYA NATIONAL BASKETBALL LEAGUE (semi-pro league)



- [KNBL video.1:](#) Tough Rebound and Finish (16 second video)
<https://www.youtube.com/watch?v=WGfP4PGCgHI>
- [KNBL video.2:](#) Athleticism in Transition (34 second video)
 Second game was a rain-out—stadium roof leaked during an impromptu rain storm
<https://www.youtube.com/watch?v=Xj1jgzNjLQc>

MISSION 180 ORPHANAGE



Weening Kids welcomed to Mission 180



Rainy day at Mission 180



Spending time with orphan kids



Fantastic meal served

MAASAI MARA SAFARI

A trip to Kenya would not be complete without going on Safari. Mark and Darlene experienced the most amazing Safari at the Siligi Camp in the Mara (western Kenya—bordering Tanzania and the Serengeti).



Picture taken off the internet

The Big Five



Actual photos taken while on Safari



Safari video.1: Amazing video of a cheetah capturing a gazelle for dinner

<https://www.youtube.com/watch?v=TikZdCvseSE>

Safari video.2: King of the Jungle walking by our vehicle

<https://www.youtube.com/shorts/tDhZwx4JPTw>

Safari video.3: Male & Female lion doing a walk-by

https://www.youtube.com/shorts/reHFM3_q8fc

Safari video.4: Two young elephants enjoying some play time

<https://www.youtube.com/shorts/lr9QA8bRiIY>

Safari video.5: Two male giraffes engaged in a fight

<https://www.youtube.com/shorts/3NeYIPQwT1Y>

Safari video.6: Leopard in a tree searching for dinner

<https://www.youtube.com/shorts/rchdDNby1NI>

Safari video.7: Hyena having a drink

https://www.youtube.com/shorts/1-ef_B1NHYo

Safari video.8: Lion roaring while keeping several Hyena's at bay

<https://www.youtube.com/shorts/M2olZ03MExk>

Safari video.9: Rhino from Nairobi National Park

<https://www.youtube.com/shorts/J37PjnXjRTw>

We owe a debt of gratitude to so many people who helped out with this amazing adventure! Our hosts, Clinton & Tara Weening and their 4 children were amazing, the players and coaches in Nairobi who always made us feel welcome and the sponsors who provided t-shirts, jerseys and basketballs to support young ballers in Africa. What began as a basketball opportunity in Africa quickly became heralded as a Basketball Ministry in Nairobi, Kenya!

Asante sana to everyone! Thank you very much!

Mark Hogan, ChPC

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Licensed FIBA Coach

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New Report from Dandora

On December 16, 2023, the author received word from Coach Allan at Dandora that his boys' team has won two tournaments in the past week in Nairobi.

In Coach Allan's words, "A majority of the actions and concepts you taught us have been very instrumental."

He went on to say, "In fact this is the second championship in a week."

Kudos to Coach Allan and the Calvary basketball team out of Dandora, Nairobi...! Coach Allan also mentioned that the girls' team is also doing very well...

