

What is Loser's Limp?

Anyone who has competed in sports knows what is meant by ***Loser's Limp***. It happens all too often in sport: when an outfielder misjudges a fly ball and misses the catch, or when a wide receiver drops an easy pass, or when a basketball player misses an easy layup. They fall to the ground and get up limping. The purpose of the limp is to camouflage failure.

Sound familiar? Let's face it, we've all done this at different times in our life. When we didn't want to admit that our mistakes or failure to achieve something were our responsibility. We chose to play the victim, blame others – our colleagues, parents, education, society....

We said, "I'm not a born X, or I'm not a natural Y."

"He shouldn't have done this, or if she hadn't have said that."

"If only....!"

"Pat Summitt believes that the fewer the rules, the fewer that will be broken. One of the rules that she does have, however, reflects her focus on taking responsibility for one's own actions. Walking with what she calls the ***Loser's Limp*** is intolerable. Her definition of the ***Loser's Limp*** is blaming something else or someone else for what's going wrong instead of being accountable for your own actions. Pat Summitt just will not tolerate the ***Loser's Limp***."

- *A Game Plan for Effective Leadership* / by Ed. D Palestini

Do you suffer from Loser's Limp?