

Practice Videos—June 30th, 2020 | WARNING—visually impaired due to bouncing basketballs

Cognitive warm-up

- Running through Phoenix & Curry 5v0
- Goal is to teach 5 player responsibilities

<https://www.youtube.com/watch?v=p81moKx8POQ>

Shooting Warm-up

- Phoenix shot breakdowns
- All 3 players get a shot

<https://www.youtube.com/watch?v=hnVyKWZEh0U&t=21s>

Shooting Warm-up

- Curry shot breakdowns
- All 3 players get a shot

<https://www.youtube.com/watch?v=esjEKQg5Rac>

B1—full court—1v1

<https://www.youtube.com/watch?v=eOYl0K3uZiE>

B1-E2—full court—2v2

https://www.youtube.com/watch?v=RP59_KmR7hw&t=32s

B1-E2-C3—full court—4v4

<https://www.youtube.com/watch?v=QC6Yjgo3XCU>

Curry—3v3 Live

https://www.youtube.com/watch?v=J-_WFLVbU2s

Mouse in the House—4:55 into video

https://www.youtube.com/watch?v=J-_WFLVbU2s

Pick & Roll from Wing.1—2v2 Live

<https://www.youtube.com/watch?v=Yuv3ZZ4IDjA>

Pick & Roll from Wing.2—2v2 Live

<https://www.youtube.com/watch?v=OtcA3Ence5Y>

Pick & Roll from Wing.3—2v2 Live

<https://www.youtube.com/watch?v=ObXVbNOrZMg>

Single Gap Options.1—2v2 Live

- includes Pre-brief & Debrief huddles

<https://www.youtube.com/watch?v=L5K68TrKqBg>

Single Gap Options.2—2v2 Live

- includes Pre-brief & Debrief huddles

https://www.youtube.com/watch?v=yn0xxtq_YPw

Single Gap Options.3—2v2 Live

- includes Pre-brief & Debrief huddles

<https://www.youtube.com/watch?v=DgjzckgI8G8>

Double Gap Options.1—2v2 Live

- includes Pre-brief & Debrief huddles

<https://www.youtube.com/watch?v=jThQJAVNTto4>

Double Gap Options.2—2v2 Live

- includes Pre-brief & Debrief huddles

<https://www.youtube.com/watch?v=UCakLNWkAzc>

GDP—Get / Dribble At / Pick

<https://www.youtube.com/watch?v=pdb8k3HRX8c>

4v4 Live.1—Game to 3

- includes Pre-brief & Debrief huddles

https://www.youtube.com/watch?v=3iUbdhex_90

4v4 Live.2—Game to 3

- includes Pre-brief & Debrief huddles

<https://www.youtube.com/watch?v=iw5CBinAK4Q>

SEC Training.1—Strength / Endurance / Core

https://www.youtube.com/watch?v=gHq_DYo37Qc

SEC Training.2—Strength / Endurance / Core

https://www.youtube.com/watch?v=nzaWji_0WpQ