

Relaunch stage highlights

Stage 1 (as early as May 14)	Stage 2 (timing to be determined based on health indicators)	Stage 3 (timing to be determined based on health indicators with gradual implementation)
<p>With increased infection prevention and controls, some businesses and facilities will be allowed to resume operations as early as May 14.</p> <p>This stage will allow some businesses and services to reopen and resume operations with two metre physical distancing requirements and other public health guidance in place. This includes:</p> <p>Post-secondary institutions will continue to deliver courses; however how programs are delivered – whether online, in-person, or a blend – will be dependent on what restrictions remain in place at each relaunch phase.</p> <p>Retail businesses such as clothing, furniture and bookstores.</p> <p>Some personal services, such as hairstyling and barber shops.</p> <p>Museums and art galleries.</p> <p>More scheduled surgeries and dental procedures.</p> <p>Daycares with limits on occupancy.</p> <p>Summer camps with limits on occupancy. This could include summer school.</p> <p>Cafés, restaurants (minors allowed in liquor-licensed establishments) with no bar service to reopen for public seating at 50 per cent capacity.</p> <p>Some additional outdoor recreation.</p>	<p>Timing of this stage will be determined by the success of Stage 1, considering the capacity of the health care system and continued limiting and/or reduction of the rate of infections, hospitalization, and ICU cases.</p> <p>This stage will allow additional businesses and services to reopen and resume operations with two metre physical distancing requirements and other public health guidelines in place. This includes:</p> <p>Potential Kindergarten to Grade 12 schools with restrictions.</p> <p>Libraries.</p> <p>More scheduled surgeries, including backlog elimination.</p> <p>Personal services such as artificial tanning, esthetics, cosmetic skin and body treatments, manicures, pedicures, waxing, facial treatments, massage and reflexology.</p> <p>Restaurants, cafés, lounges and bars continuing to operate at reduced capacity.</p> <p>Permitting of some larger gatherings (number of people to be determined as we learn more about the levels of risk for different activities) in some situations.</p> <p>Movie theatres and theatres opening with restrictions.</p>	<p>Timing of this stage is to be determined and will involve:</p> <p>Fully reopening all businesses and services, with limited restrictions.</p> <p>Permitting larger gatherings (number of people to be determined).</p>
<p>Rules and guidance for the use of masks in crowded spaces, especially on mass transit.</p> <p>Visitors to patients at health-care facilities will continue to be limited.</p>	<p>Visitors to patients at health-care facilities will continue to be limited.</p>	
<p>Public attendance at businesses, facilities and events that have close physical contact will not be permitted, including: arts and culture festivals, major sporting events, and concerts.</p> <p>Movie theatres, pools, recreation centres, arena, spas, gyms and nightclubs will remain closed.</p>	<p>Nightclubs, gyms, pools, recreation centres and arenas will remain closed.</p> <p>Arts and culture festivals, concerts and major sporting events will continue to not be permitted.</p>	<p>Arts and culture festivals, concerts and major sporting events will be permitted with enhanced protection controls in place.</p> <p>Nightclubs, gyms, pools, recreation centres and arenas will reopen with enhanced protection controls in place.</p> <p>Physical distancing restrictions will be maintained.</p> <p>Resuming industry conferences with restrictions.</p>
<p>Non-essential travel is not recommended.</p>	<p>Non-essential travel is not recommended.</p>	<p>Non-essential travel no longer discouraged.</p>
<p>Remote working is advised where possible.</p>		
<p>Enhanced infection prevention and control measures will be in place in all phases.</p>		

COVID-19 INFORMATION

GUIDANCE FOR ORGANIZED OUTDOOR SPORT, PHYSICAL ACTIVITY AND RECREATION

Appendix A: Screening checklist

If an individual answer **yes** to any of the questions, they **must not** be allowed to participate in the sport. Children and youth will need a parent to assist them to complete this screening tool.

		CIRCLE ONE	
1.	Does the person attending the activity, have any of the below symptoms:	YES	NO
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	Yes	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis	YES	NO
2.	Have you, or anyone in your household, travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you or your children attending the program had close <u>unprotected*</u> contact (face-to-face contact within 2 metres/6 feet) with someone who is ill with cough and/or fever?	YES	NO
4.	Have you or anyone in your household been in close <u>unprotected</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

If you have answered “**yes**” to any of the above questions **do not** participate. Go home and use the [AHS Online Assessment Tool](#) to determine if testing is recommended.

Key public health measures

Public health measure	Current	Stage 1 (to start as early as May 14)	Stage 2	Stage 3
Physical distancing	Maintain distance of 2m	Maintain distance of 2m	Maintain distance of 2m	Maintain distance of 2m
Gatherings	Gatherings > 15 prohibited	Gatherings > 15 prohibited	Size of permitted gatherings will increase	Size of permitted gatherings will increase
Public masks	Encourage wearing a mask where unable to physically distance	Encourage wearing a mask where unable to physically distance	Encourage wearing a mask where unable to physically distance	Unnecessary
Vulnerable Albertans (outside facility)	Remain home unless medically necessary	Stay at home as much as possible	Resume normal activities and interactions	Resume normal activities and interactions
Vulnerable Albertans (facility-based)	Visitor, staff, and operational restrictions	Visitor, staff, and operational restrictions	Visitor, staff, and operational restrictions	Lifted
Non-essential domestic travel	Non-essential travel not recommended	Non-essential travel not recommended	Non-essential travel not recommended	Lifted
Isolation and quarantine	14 days for cases, close contacts, and returning travelers 10 days if symptomatic but don't fit above categories	14 days for cases, close contacts, and returning travelers 10 days if symptomatic but don't fit above categories	14 days for cases, close contacts, and returning travelers 10 days if symptomatic but don't fit above categories	Lifted