

STYLE OF PLAY – Vision Basketball

B1-E2-C4

Six Positions in the Court

- 2 Guards
- 2 Wings
- 2 Corners

Single Gaps - Double Gaps

- Attack Double Gaps
- Pass Single Gaps

Who Cuts?

- passer, dribble-at person, read-line (review read-line principle)

Pass & Cut – 3 choices

Dribble-At – 3 choices

Rebound & Go - Attack the Alley (Seam)

- B1 First / Pass UP Second

Double Gap Dribble At

- DHO (Dribble Hand Off)

Top 4 Shot Priorities

- Attack the Rim
- 3 Point Shot
- Free Throw
- Mid-Range

P7R - Penetration

- Hunt the Paint
- Pull up Jimmy
- Power Layup
- Peek at the Rim
- Patience
- Pivot & Pass
- Power Finish (Footwork)
- Rondo Footwork

Picks & Screens

- On Ball is a Pick
- Off Ball is a Screen

Pick Requires a Double Gap / Back Screen Your Way Out

Post Play – Reads & Movement

Penetration Principles / Circle Movement (Read & React –Torbett)

Defensive Priorities

- Guard the **Basket**
- Pressure the **Ball** (D-21 & D-9)
- **1.5** – Pick-up yours & half the ball

Pace & Flow – 1-2-3-4-5

Quick Hits

- 4 Down / Baseline
- Phoenix
- Curry
- Combo I Dribble At - DHO
- Shooter
- Fist

SLOBS & BLOBS

Coaching/Teaching Techniques

Debrief A-B-C-D

- Agree
- Build
- Challenge
- Deeper

Teaching Phases: A-B-C-D

- A = No Defense
- B = Guided Defense
- C = Live Defense (breakdowns)
- D = Live 5on5

ROB Shot

- Range
- Open
- Balanced

REP'ing

- Reminders
- Encouragement
- Praise

RANDOM vs. BLOCK

- Decision Making

PVAD

- Positioning
- Vision
- Anticipation
- Decision Making