

Coach Education & Coach Development

Wave Actions

Actions that occur one after another and often involve more than 2 players at a time...

Combo

- utilizing a Dribble-At action with 3 players each in a single gap
- guard, wing & corner (preferred all on the left side)
- wing treats the Dribble-At like a single gap while the corner treats the Dribble-At like a double gap at the same time—all 3 players are moving in synch

GDP

- Pass & Get, DHO, Pick & Roll (PNR)
- Right guard passes to right wing then executes a Get
- guard now dribbles back towards where he/she came from and executes a DHO with the left guard
- right wing follows the guard with the ball and sets a pick for the left guard immediately after the DHO
- timing is important: oftentimes the pick from the wing for the guard after the DHO arrives late

Canada (Curry)

- to be demonstrated
- here's a link: <https://www.youtube.com/watch?v=Q4TQps4RERI>

Hammer Screen

- here's a link: https://video.search.yahoo.com/yhs/search?fr=yhs-pty-pty_extension&hsimp=yhs-pty_extension&hspart=pty&p=basketball+hammer+screen#id=2&vid=8da8223b295166ef7217dac8552145b7&action=view
- a Hammer Screen at the end of Curry above is a brilliant Action