

15U Western Championships

April 27 - May 1, 2023 in Calgary, AB

PRE-TRIP ZOOM INFO MEETING: Sunday, April 23 at 7:00pm

Join Zoom Meeting https://us02web.zoom.us/j/81277102906

Meeting ID: 812 7710 2906

One tap mobile +14388097799

ATHLETE MEDICAL/EMERGENCY CONTACT FORM

Please complete the below athlete info form by April 7, 2023.

https://docs.google.com/forms/d/e/1FAIpQLScUI01xxroyKVI6cHDZrvCwdgbsitvX9clvWaUryH_g2djskg/viewform?usp=sf_link

TRAVEL

We will travel as a team by chartered bus.

Depart - Thursday, April 27 at 7:00am

- Winnipeg departure from Pan Am Pool at 7:00am on Thursday, April 27.
- The bus will be at the pool at 6:30am for loading.
- Brandon, MB athletes will be picked up at the Tim Hortons on Highway #1 at 9:30am.
- Estimated Time of Arrival at Calgary Hotel 8:30pm (Calgary time).

Arrive Back Home - Late Sunday, April 30 or Monday, May 1 in the early morning

- Either Late Sunday Night on April 30 or Early morning on Monday, May 1
- Brandon, MB athletes will be dropped off at the Esso Gas Station on the corner of hwy #1 and 18th st. N.

HOTEL

Hotel Blackfoot

https://hotelblackfoot.com/ 403-252-2253 | Jane Douglas

jdouglas@hotelblackfoot.com

5940 Blackfoot Trail SE, Calgary, AB T2H 2B5, Canada

Water Polo Canada has a special rate of \$144+tax per night which includes parking and breakfast.

Refer to Event ID 2719

COMPETITION POOL

MNP Community & Sport Centre

https://mnpcentre.com/

2225 Macleod Trail SE, Calgary, AB T2G 5B6

LIVESTREAM

Water Polo Canada's Youtube Page.

https://www.youtube.com/@WaterPoloCanadaTV

GAME SCHEDULE

TBC. Please check <u>www.waterpolo.ca</u> under National Championship League.

TRIP COORDINATOR

Michael Reid, Technica Vortex Water Polo	l Director
td@vortexwaterpolo.ca	(204) 298-2201 cell

COACHES & CHAPERONES

15U GIRL'S TEAM					
Role	NAME	EMAIL	CELL		
Head Coach	Brenden Jamieson	womensheadcoach@vortexwaterpolo.ca	(204)330-4358		
Assistant	Ana Amarante	anaizadoriaama@gmail.com	(204)295-1932		
Coaches	Michael Reid	td@vortexwaterpolo.ca	(204)298-2201		
Chaperones	Ingrid Neufeld	ingridneufeld@gmail.com	(431) 999-1665		
	Erin Bueckert	erinbueckert13@gmail.com	(204)250-1206		

15U BOY'S TEAM					
TEAM	NAME	EMAIL	CELL		
Head Coach	Julian del Campo	mensheadcoach@vortexwaterpolo.ca	(204)963-4635		
Assistant	Jason Brancewicz-Lloyd	jtlloyd@mymts.net	(204) 721-1828		
Coaches	Michael Reid	td@vortexwaterpolo.ca	(204)298-2201		
Chaperones -	Steve Offman	soffman@kgsgroup.com	(204)979-8964		
	Mohamed El Maghraby	maghraby.jr@googlemail.com	(431) 990-2557		

ROSTER

15U Boys

Maximilian Danyluk	2008	Jacob Carranza	2008
Ethan Offman	2009	Julian Brancewicz-Lloyd	2009
Elliot Shippam	2009	Sajid ElMaghraby	2008
Joah Paletta	2009	Miksa Reid	2010
Nicolai Diaz Tsuzuki	2008	Ellis Teetaert	2009
Roman Snider	2009	Gustav Moller	2008
		Jasper Robbie	2009
15U Girls			
Izzie Hyman	2010	Kaleena Cabernel Fraser	2010
Meagan Bueckert	2008	Sadie Johnston	2008
Callie Deimuth	2008	Asha Denton	2008
Atlas Cupples	2008	Ellie Neufeld	2008
Alexie Beaupre	2008	Raven Larner	2008
Kensleigh Swanston	2010	Violet Middagh	2009
		Jamie Villa	2010

FOOD & MEALS

Breakfast is included with the hotel booking. Chaperones will provide healthy snacks and meals outside of the breakfast window.

Athletes are responsible for their own food on the bus on the way there and back. Athletes should bring some money to purchase food for the way back from Calgary.

WHAT TO BRING

WHAT TO PACK

- Everything you need for the pool
- Towel, Swimsuit(s), swim caps (if you wear one), goggles, Water Bottle(s), Team Uniform (see below)
- Your favourite healthy snacks for the whole weekend
- Clothes for the weather ... we will be walking outside.

TEAM UNIFORM

- Team Swimsuit; Team T-shirt; Plain Black Shorts, Sweatpants or Yoga Pants
- Athletes need to supply the bottoms
- · Deck shoes of your choice
- Team Uniform is to be worn on the pool deck



TEAM, BUS & HOTEL RULES

TEAM RULES

- Set by the Coach(es) with consultation with the Team Chaperone(s)
- Some are policy driven by the club
- Goal is to have fun and be safe while away at competitions
- When we get to the hotel in Saskatoon, the coaches & chaperones will be reviewing all of the team rules with the athletes.
- <u>Vortex Water Polo's Code of Conduct</u> (please read)

BUS RULES

- Masks are recommended
- We appreciate that it's a long trip and people are allowed to move around
- Don't Share Food or Drink
- Sanitize Hands Frequently

HOTEL RULES

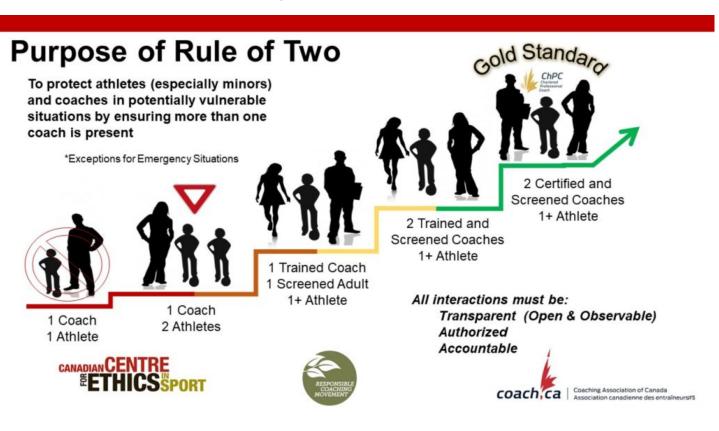
- Athletes are not allowed to change room assignments, these are set by the coaches.
- Room doors must remain closed.
- If a staff member (coach/chaperone) knocks on your door, please check who it is and open the
 door. Staff will do their best to first communicate with the room that they are coming by with a
 phone call or group message.
- At the hotel, athletes may spend time in common areas or in their team rooms.
- Athletes may only spend time in hotel rooms occupied by other players from their team.
- Athletes are only to sleep in their assigned rooms.
- Athletes are allowed to hang out in the breakfast area during downtime.
- Athletes need to respect each other rooms and personal space.
- There will be times when an athlete wants to rest and not have others hanging out in their room or on their bed.
- If an athlete is having issues with this, they should immediately contact the coach or chaperone.
- Coaches/Chaperones will be reminding athletes of this throughout the trip.

PLAYING TIME PHILOSOPHY

- Everyone plays and everyone needs to be prepared to play and start the game.
- Does not mean equal time.
- Some athletes will play more based on abilities and fitness.
- All Goalies will have the opportunity to play their position. When not playing in goal, they may
 participate as a field player.

SAFE SPORT: RULE OF 2

- Purpose: to protect athletes and coaches from vulnerable (risky, unsafe) situations
- NO private meetings between an athlete-coach or coach-athlete.
- 1on1 meetings can take place but must be in an open, public setting (e.g. pool deck, hotel lobby).
- https://www.viasport.ca/news/creating-safer-sport-environment-rule-two



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