Waterloo Ringette Association Rowan's Law Concussion Policy and Emergency Action Plan (EAP)

Waterloo Ringette Association adheres to the Ringette Ontario (RO) concussion policy, guidelines and protocols that can be found here -

https://ringetteontario.com/content/concussion-awareness

Knowing how to recognize the signs and symptoms of a concussion, and what to do if a concussion happens - whether you're an athlete, coach, trainer, official or parent- saves lives. The Ontario government implemented Rowan's Law by putting concussion safety information into the hands of people who need it most.

WRA is committed to following the pathway set out by RO to keep our membership safe and requires all players, coaches and trainers to review and sign off on the relevant Code of Conduct at registration each season.

WRA Teams

The team Emergency Action Plan (EAP) should indicate responsibilities for team staff regarding an injured player. Teams may wish to add a specific section to their EAP outlining information and actions related to concussive injuries.

The <u>head coach</u> retains the responsibility to initiate actions related to athletes with an injury or suspected concussion. The two (2) main responsibilities of the head coach are to enact the team EAP and ensure the completion of the RO Injury Tracker, that can be found here - <u>RO</u> Injury Tracker

When an athlete is suspected of having a concussion, the RO return to play protocol must be followed and can be found here - RO Return to Play Protocol

