

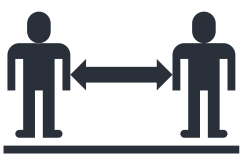


RETURN TO WATER POLO

Summary - Resource Document

GENERAL CONSIDERATIONS

A RETURN TO SPORT MUST STRICTLY ADHERE TO THE POLICIES AND PROCEDURES OUTLINED BY PROVINCIAL AND MUNICIPAL GOVERNMENTS AND PUBLIC HEALTH AGENCIES THAT HAVE BEEN ESTABLISHED TO ENSURE A SAFE ENVIRONMENT FOR ALL. THE AQUATIC SPORTS JOINT WORKING GROUP HAS AGREED ON A NUMBER OF KEY PRINCIPLES THAT WILL FORM THE FOUNDATION OF THE RETURN TO OUR RESPECTIVE SPORTS.



PHYSICAL DISTANCING
- MINIMUM 2M



HAND & PERSONAL HYGIENE - WASH W/ WATER & SOAP 20 SEC.



EQUIPMENT CLEANING AFTER EACH TRAINING



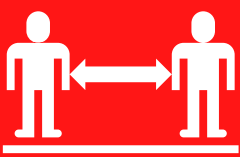
INDIVIDUAL HEALTH MONITORING



PLANNING & COMMUNICATION

4-STEP RETURN TO TRAINING GUIDELINES

STEP 1



PHYSICAL DISTANCING APPLIED



LIMITED TRAVEL

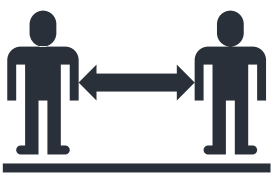


OPEN WATER OR PERSONAL SWIMMING POOL



IN-WATER TRAINING (INDIVIDUAL)

STEP 2 - WATER POLO TRAINING GUIDELINES



PHYSICAL DISTANCING APPLIED



LIMITED TRAVEL



OPEN WATER OR TRAINING FACILITY



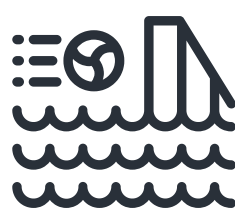
TRAINING WITH LIMITED MEMBERS



SWIMMING - 2M DISTANCE



OUTSIDE DRY-LAND TRAINING



INDIVIDUAL BALL/TECHNICAL SKILLS (PASSING/SHOOTING PERMITTED)



NO OPPOSITION WORK, NO SCRIMMAGES

STEP 3 & 4 - RETURN TO WATER POLO GUIDELINES

STEP 3



LIMITED TRAVEL



FULL TRAINING & COMPETITION WITHIN PROVINCES



SMALL GROUP COMPETITION ALLOWED (NO FANS)

STEP 4



DOMESTIC TRAVEL PERMITTED



FULL TRAINING & COMPETITION DOMESTICALLY



LARGE GROUP COMPETITION ALLOWED (W/ FANS)