

APPENDIX A: WPC CONCUSSION PATHWAY

#1 - PRE-SEASON EDUCATION WHO Athletes, Parents, Coaches,

Officials, Trainers, Teachers, Healthcare Professionals

HOW

200

Pre-Season Education Sheet

IMPACT TO THE HEAD, FACE, NECK OR BODY

HEAD INJURY SUSPECTED

#2 - HEAD INJURY RECOGNITION

WHO
Athletes, Parents, Coaches,
Officials, Trainers, Teachers,
Healthcare Professionals

HOW

Pre-Season Education Sheet

IS A MORE SERIOUS HEAD INJURY SUSPECTED?

#3A - EMERGENCY MEDICAL ASSESSMENT

WHO

Emergency Medical Personnel

REMOVE FROM PLAY

IS A LICENSED HEALTHCARE PROFESSIONAL PRESENT?

IS A CONCUSSION SUSPECTED?

#3B - SIDELINE ASSESSMENT

WHO Athletic Therapist, Physiotherapist OR Medical Doctor

HOW SCAT5 OR Child SCAT5

#4 - MEDICAL ASSESSMENT

WHO
Medical Doctor OR Nurse
Practitioner

HOW

Medical Assessment Letter

WAS A CONCUSSION DIAGNOSED?

RETURN TO SPORT



#5 - CONCUSSION MANAGEMENT

WHO Æ Medical Doctor, Nurse Practitioner, and Team Athletic Therapist OR Physiotherapist

HOW

Return-to-School Strategy and Sport-Specific Return-to-Sport Strategy

DOES THE ATHLETE HAVE PERSISTENT SYMPTOMS**?

** Persistent symptoms: Lasting > 4 weeks in children & youth OR > 2 weeks in adults

#7 - RETURN TO SPORT MEDICAL CLEARANCE

WHO

Medical Doctor OR Nurse Practitioner

HOW

Medical Clearance Letter

#6 - MULTIDISCIPLINARY CONCUSSION CARE

W W Multidisciplinary Medical Team, Medical Doctor with Clinical Training and Experience in Concussion AND Licensed Healthcare professionals *Note: The WPC Concussion
Pathway provides a complete
overview of the concussion
prevention, recognition and
management process that is
used by WPC. Follow the steps
outlined in this graphic to help
guide your decision making
process when an athlete has a
suspected concussion.



