

# **WEST EDMONTON RAIDERS**

## **TEAM TRAINER OVERVIEW**

The role of the Team Trainer is to assist the coaches in managing our player's health and wellness while under Club supervision. Team Trainers will be the first line of medical support for player injuries, illness and accidents. With that said, Team Trainers play a large part in contact sport and have the final say on whether or not an athlete is able to participate during practices and games regardless of coach input.

### **Duties of the Team Trainer Include:**

- Ensuring your Team Equipment bag has a stocked first aid kit
- Attending 100% of practices and games (can split amongst Trainers)
- Be prepared and attentive during games on the team bench
- Complete the Football Alberta's Safety person video, First aid certification is an asset
- Ensure paperwork required is kept on hand for incidents
- Connect with parents regarding any injuries and recovery follow up

**Any support, questions or anything you need please reach out to us  
@ [edmontonraiders@gmail.com](mailto:edmontonraiders@gmail.com)**

**Thank you for volunteering your time to help make our club  
experience the best it can be for the kids in our community.**