



# Westlock Rotary Spirit Centre

Facility Guidelines

Updated: September 23, 2020

All the following procedures and restrictions have been developed in accordance with the Government of Alberta's Phase 2 Return to Sport Guidelines and are in place until further notice. The following procedures and restrictions are in place to ensure the safety of users and our staff.

## GENERAL FACILITY USE

- Patrons showing any Covid Symptoms are asked to remain at home.
- Patrons accessing the weight room, field house, fitness classes and walking track must report to the front desk. A pre-screening symptom checklist will be asked when signing in. Membership check in or drop in payment will be made at this time.
- No wristbands will be given out until further notice.
- Changerooms and showers remain closed until further notice. Please arrive dressed and ready to play.
- Please respect other users space and maintain physical distance as much as possible. Users are reminded not to congregate in lobby areas, hallways or washrooms.
- Please be respectful of other people's space and allow for 2m distancing.
- A refillable water bottle station is available at the top of the stairs for refilling; however, no drinking fountains are available for use.
- At this time there are no vending machine, concession or Earth Bar services available.
- Spectators will be only permitted in the arena. Please refer to the Arena section for further details.
- Hand hygiene should occur before and after each activity and respiratory etiquette is important to prevent the spread of droplets. Attendees should refrain from spitting and clearing nasal passages during activities.
- Hand sanitizer is available at each entrance location.
- Use of the facility is at participant's own risk.

## PARKING AND FACILITY ENTRY

- From the Alberta Return to Sport Guidelines; to promote physical distancing, facilities should develop procedures that allow for uncongested drop off and pick of participants (eg. Dedicated entrances and exits for incoming and outgoing sports teams); and the facility ability to create safe spaces between groups of people and minimize cohort and public interaction; designated facility entry points have been assigned.
- The Main Entrance of the facility will be for users accessing the Field house, Weight room, Fitness Classes and Walking Track.
- The North Entrance will be for Ice Users and their spectators are to use Arena Dressing Rooms #7 and #10 and Training Rooms #1 and #2.
- The South Entrance will be for Ice Users and their spectators accessing Arena Dressing Rooms #11, #12, #13 and #14.
- For pedestrian safety, the south laneway by the track will be designated foot traffic only and will be closed to vehicle traffic.
- **Click here** for facility access map or view at the end of the document.

## FIELDHOUSE

- Field house users are asked check in at the front desk and to proceed up the main stairs to the field house corridor. Patrons can then access the floor space at the first set of stairs onto Court 1.
- Once completed activity, please use the field house stairs to the upstairs corridor and return down the main lobby stairs to exit the front entrance.
- Fieldhouse equipment may be borrowed from the front desk. All equipment is sanitized prior to use. The user is asked to return equipment to the blue tub located in front of the Customer Service Desk for cleaning.
- Any equipment brought into the facility is at the risk for the owner.
- Please respect people's space and should play only within a sport cohort as per Alberta Return to Sport Guidelines.
- The field house will be closed midday for cleaning.

## WEIGHT ROOM

- Come dressed as much as possible for activity.
- Weight room users are asked to enter the facility at the main entrance and check in at the front desk.
- Once in the facility proceed up the main lobby stairs to the weight room staging area to put on indoor shoes and prepare for activity.
- Please wipe down equipment with the wipes that are provided after equipment use.
- The weight room will be closed midday for cleaning..
- Please keep equipment in its assigned location.

## WALKING TRACK

- Walking track users are asked to enter the facility at the main entrance and check in at the front desk.
- Once in the facility proceed up the main lobby stairs to the arena main entrance doors. Chairs are available and spaced out for social distancing to put on indoor shoes.

## FITNESS CLASSES

- All fitness class participants are to access the facility at the main entrance.
- Fitness participants must stop at the front desk to complete Covid Symptom check list questions.
- Come dressed as much as possible for activity and own equipment.
- Proceed directly to scheduled classroom as assigned.
- Check in with instructor.

## FACILITY RENTALS

- Facility bookings will be received on a case by case inquiry.
- Spaces may have limited capacity to allow for social distancing measures.

- Please contact the facility directly at (780) 349-6654.

## ARENA

### Facility Access

- Please access the facility at assigned entrance. Players are to proceed directly to assigned dressing rooms..
- Participants will have 30 minutes prior to ice booking and must exit the facility no more than 30 minutes after their booking time has concluded. Participants are still encouraged to come dressed and ready to play as much as possible.
- Please refer to facility access diagram for ice users.
- Hand sanitizer is available upon entry and in various locations throughout the facility.
- **Click here** for facility entrance map or view at the end of the document.

### Dressing Rooms

- Dressing rooms will have a maximum of 8 players per dressing room.
- No showers are available.
- Encourage ice users to come dressed and bring duffel bag with skates, water bottle and tape only into the dressing room.
- Parents assistance in dressing rooms must comply with the Alberta's Guidance for Sport, Physical Activity and Recreation Guidelines.

### Spectators

- Spectators enter the facility at the same entrance as the ice user they are with and will access the spectator area at the south main level and then will exit the same way.
- Spectators will be permitted to a maximum of 100 persons and as per Alberta Guidance for Sport, Physical Activity and Recreation Guidelines, spectators should:
  - Be kept out of participant spaces (ie. Ice surfaces)
  - 2 meters of distance is to be maintained between members of different households (with the exception of core/household cohorts)
  - Cheering and yelling is strongly discouraged as it presents a high risk of spreading droplets.
- Click here for Arena Spectator Entrance and Exit

### General Rules

- No spitting, yelling/screaming or hand shakes permitted in the facility.
- No congregating within the facility hallways or lobby areas.
- Social distancing will be maintained at all times off ice (including benches), with the exception of entering and exiting the ice.
- Cohort restrictions will be followed as per Alberta Guidelines. Sport teams will play in a cohort of up to 50 individuals (includes all players, coaches, managers and referees).
- All water bottles should be labelled.

### Walking Track

- No track warm ups for teams.

- Walking track will be closed to public during ice sessions. (Fieldhouse will have scheduled times during these ice sessions).

#### Visiting User Groups/Teams

- Visiting groups will follow all protocols and restrictions in our facility.
- Facility information will be available online or by calling the facility for further information.

#### COVID Protocols

- Pre-screening symptoms checklists must be completed upon entering facility.
- Anyone experiencing symptoms is to stay at home.
- Each Association/rental must complete participant tracing requirements as per Alberta Guidelines.
- If a participant showcases any symptom at the facility, the Rapid Response Plan will be implemented. The individual must exit at the northeast corner door of the ice surface. Please refer to the Rapid Response Plan for more information. Both individual with symptoms and person assisting must wear masks and wait for parent/guardian pick up immediately.

#### Facility Operation

- Enhanced cleaning and sanitization of dressing rooms, players benches, hallways and high touch locations.
- Following Alberta Return to Sport Guidelines and Alberta Health Services

#### COVID Rapid Response Plan

To minimize exposure to the playing area, individuals that experience any symptoms within the facility will be removed in a safe manner to prevent further impact to other individuals within the facility. Designated routes have been identified from each playing or activity location and are taking into consideration seasonal weather conditions and the participants age.

#### Arena:

- 1) Anyone showing any COVID symptoms is to be removed immediately from the play area.
- 2) Player must isolate and proceed to northeast corner of ice surface. Once off ice, individual must immediately put on mask. A chair will be available to remove skates. Masks will be available at this location for both player and coach/manager. Individual with symptoms is NOT to return to dressing room.
- 3) Group leader is to contact a Westlock Rotary Spirit Centre staff member.
- 4) Ice session will be required to stop play and to return to their dressing room. Association protocols will also be implemented.

- 5) Manager or coach will settle player and then return to dressing room to retrieve personal belongings. A set of gloves will be available with mask for personal safety. If the player has to change, then they must isolate in Referee Room #6 (located in the east end of FieldHouse)
- 6) Individual with symptoms will leave the facility via the east arena doors.
- 7) The Westlock Rotary Spirit Centre will then do a complete cleaning/disinfection of the players benches, dressing rooms, hallways and doors prior to the next group using this space.

Fieldhouse:

- 1) Anyone showing any COVID symptoms is to be removed immediately from the nearest exit of the play area.
- 2) If the person must wait for transportation and cannot leave immediately, the individual must inform the front desk and will isolate in Referee Room #6. A mask will be available in a Ziploc bag and the person must immediately don this equipment immediately.
- 3) The Westlock Rotary Spirit Centre will then complete a cleaning/disinfection of the court and fieldhouse mezzanine, staircases and all handrails.

Weightroom/Fitness Room:

- 1) Anyone showing any COVID symptoms is to be removed immediately from the play area to the closest exit.
- 2) In the event the patron showing COVID symptoms cannot immediately, the patron will be asked to proceed to the stairwell exit located beside the upstairs elevator that will exit beside the concession on the west side of the facility.



OVERFLOW PARKING

North Entrance:  
(DR7, TR1, TR2, TR10)

Curling Rink  
Entrance:

Curling Rink

Field House

Main Entrance:  
(Fieldhouse, Weightroom,  
Walking Track,  
Fitness Class Users)

South Entrance:  
(DR11, DR12, DR13, DR14)


Arena

Pedestrian Walkway

N

010203040

Meters



Spirit Centre Site

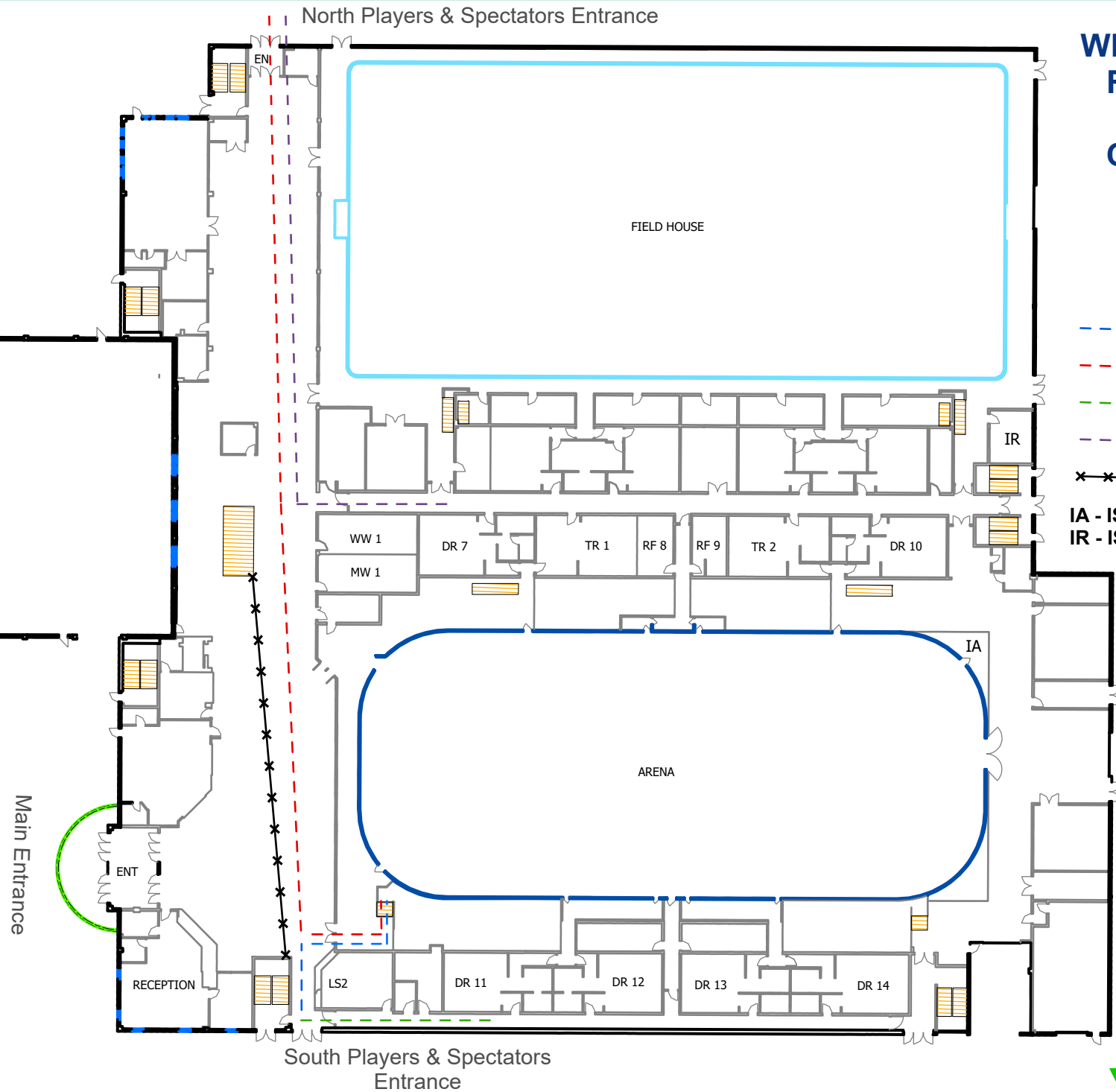
✕✕✕ Barricade



# WESTLOCK ROTARY SPIRIT CENTRE MAIN FLOOR

- South Spectators
- North Spectator
- South Players
- North Players
- ✕✕✕ Barricade

**IA - ISOLATION AREA**  
**IR - ISOLATION ROOM**





# WESTLOCK ROTARY SPIRIT CENTRE Arena Spectator Level

- Spectators
- Elevator Access
- XXX Barricade

