



2021-22 Coaches Info

Coaching Qualifications and Dates

All bench staff must have their qualifications by November 30, 2021 or they will no longer be allowed on the bench. This means that all required training must be completed by this time.

The certification deadline for required certifications is January 15th, 2022.

Not all coaches require certification. Certification is only applicable for those coaches who are required to have a certification for a course they have completed. For example, one coach may be required to have completed a particular training course where another coach would be required to be certified in that course. Completing a course versus being certified in that course depends on the level/team the coach is coaching at.

The dates are listed in advance, so there is time to plan accordingly. No exceptions – your bench staff must have the qualifications for the role they are filling.

For the 2021-22 season, the coaching qualifications for all levels can be found at the [Ontario Ringette Coaching Pathways](#).

New Coaches

Information for new coaches can be found on the Eastern Region Ringette site on the [New Coaches](#) page. This web page describes the process for getting an NCCP Number (also known as a coaching number). All new coaches must take the Coach Initiation in Sport course which is an online course.

You can access Coach Initiation in Sport at:

<http://www.coach.ca/coach-initiation-in-sport-s17259>.

This page will provide you with details on how to go to “The Locker” to sign up for the course. You must complete this course before signing up for any other courses or clinics if you are new to ringette or a new coach.

Courses

All coaches must complete the following courses:

- Coach Initiation in Sport
- Making Ethical Decisions Clinic
- Making Ethical Decisions Evaluation (online)
- Making Headway (online course for concussion awareness)
- CSI or CI

Depending on the level you are coaching, you will need to take either the Community Sport Introduction (CSI) course or the Competitive Introduction (CI) course. The course you require is determined by the level of play you are coaching and can be found on the [Ontario Ringette Coaching Pathways](#) site.

TO REGISTER FOR A COACHING CLINIC: [click here](#)

In addition to meeting these certification requirements, each team must ensure that:

- Their Manager has taken the Manager Certification course available through Ringette Canada.
- Their Trainer has the required first aid certification.
 - Note, however, the first aid certification requirement can be met by an otherwise qualified member of the bench staff who holds the certification. That individual must be on the bench for all games and provide first aid, as required, but the position does not have to be held by a separate individual.

NCRRL Information for Coaches and Managers

The NCRRL website has informative pages for [coaches and managers](#).

This includes information on Player Call ups, Discipline, Rescheduling of Games, Seeding and Reseeding, Sportsmanship Rules, Game sheets / Reporting and details on Penalties in U8 and U9.

The [NCRRL website](#) is also THE official place to find important dates, game schedules and standings and is very easy to use.

Player Call ups Player Call-ups and other Rules and Procedures

There are specific rules for calling up players when a team finds itself short due to illness or injury. Please refer to the “NCRRL Rules and Regs” on the [NCRRL website \(NCRRL Rules and Procedures\)](#) for Player Eligibility rules as well as other rules to be familiar with (e.g. number of people allowed on the bench at one time, requirement for one bench staff member to be female, mercy rule, cancelling a game due to inclement weather etc.).

TRF Adjustment Form

Player Substitutions for Tournaments

- For substitutions/call-ups of players in RO sanctioned tournaments.
- Must be approved by Eastern Region Games & Tournaments (G&T) Coordinator gt_coord@easternregionringette.ca and then submitted to the Tournament Coordinator of the tournament you are attending.
- Must be completed and forwarded to Eastern Region G&T as much in advance as possible.
- It is a good idea to submit copies of BOTH TRFs with the TRF adjustment form as this facilitates the approval process. (The TRF of the team playing, and the TRF of the team of the substituting player).
- Send request to: gt_coord@easternregionringette.ca
- Bring a signed copy with you to the tournament, and be prepared to submit it if asked.
- **G&T-F-07** – is the form number [on the Ringette Ontario website](#)
- NOTE: Any given player can only play for a specific team in ONE tournament in a season.

- NOTE: Be sure to be aware of any limitations on the number of tournaments a player can play e.g. U12 players can only play in 5 tournaments for any team.

Coach Substitutions for Tournaments

- For substitutions/call-ups of coaches/assistant coaches/trainers in RO sanctioned tournaments.
- Bench Staff Substitution Form must be approved by the RO Technical Director tech@ontario-ringette.com and then submitted to the Tournament Coordinator of the tournament you are attending.
- Complete the Ringette Ontario Bench Staff Substitution Form **C-F-02** on the [Forms section](#).
- Copy to: gt_coord@easternregionringette.ca
- Bring a copy of the approval with you to the tournament, and be prepared to submit it if asked.

Out of Province Tournaments

- Teams participating in tournaments out of province (including Quebec) need to inform the RO office 30 days prior to attending the tournament.
- The form can be found [here](#) called **G&T-F08** (second part of the form).
- There are no restrictions on the number of tournaments this year.

Expulsion Penalties and Suspensions

For games played in Ontario, any four minute fully served penalty e.g. Checking from Behind or any Intent to Injure penalty that cannot be served during the remaining clock time of the game shall result in a one game suspension. This includes any such fully served penalty assessed after the end of the game.

Match, Misconduct, Expulsion Penalties - Coach Reporting

- Whenever a player or bench staff member is expelled from a game for any reason (Misconduct, Match, excessive penalties), the head coaches of both teams must report this to the Regional G&T Coordinator within 24 hrs of the game, or prior to the team's next game if earlier (such as at a tournament). This report must be submitted by email to gt_coord@easternregionringette.ca with a cc to regional@westottawaringette.com or competitive@westottawaringette.com as well as a cc to president@westottawaringette.com.
- If a coach is asked to leave a game by the referee, it must still be reported even if it is not indicated on the game sheet. If a coach is ejected from a game, there is an automatic 1 game suspension and the possibility of a disciplinary hearing with the region.

Note that if a coach is asked to leave a game, they are not able to stay in the stands (viewing area) and includes tournament games in or out of Province.

WORA Policies

Please review all [WORA Policies](#) and in particular the Discipline Policy, Conflict Resolution Protocol, Return from Injury/Illness Policy, Supervision and Conduct in the Change Room Policy, Harassment & Bullying Policy, Bench Staff Code of Conduct, Parent/Player Code of Conduct (RO Parent Code of Conduct), WORA Parent Player Code of Conduct and Social Media Policy.

In particular, the use of social media is a particular concern for older players. Players cannot make disparaging remarks about the association, team mates, opposing teams, officials, etc. Negative remarks are subject to the discipline policy.

WORA adheres to the Ringette Ontario Social Media Policy. We recommend reviewing this policy with your team. Coaches/Bench Staff should communicate by email with parents of players under the age of 18. Any email communication sent to a player under the age of 18 should also be sent to the player's parent/guardian.

These policies should be followed at all times. If parents or players do not abide by the Code of Conduct, appropriate discipline can be applied. Any clarifications or questions can be brought to executive@westottawaringette.com.

West Ottawa Tournament

All teams must register and pay to attend the WORA tournament, as long as division and level is hosted, which will be held in February 2022.

All WORA families are expected to donate their time to complete volunteer hours, even if their children are not playing in the tournament, as per the policy signed upon registration. This is our single largest fundraiser.

Goalie Clinics

This year WORA goalie clinic program will be taught in-house and led by the instruction by former NRL goalie, Syd Catlin. We are very happy to have her back to run the clinics this year. Ice times are to be determined. If you have any questions about the clinics, feel free to contact our Goalie Coordinator goalies@westottawaringette.com. The schedule and groupings will be also posted on the WORA website.

Sanctioned Event List

RO publishes a list of [all sanctioned events \(tournaments\) in Ontario](#).

The Quebec tournament listing can be found at:

http://www.ringette-quebec.qc.ca/CHAMPIONNATS_liste_tournois.php

NCRRL Playoff/End of Year Tournament

The NCRRL again is having a year-end championship tournament for regional teams hosted by TBD.

This tournament is mandatory for all U10 to U19 Regional teams.

This will be an RO sanctioned event, and is **TBD**. This will be one of the tournaments your teams will need to plan to attend and budget for. The fee for the tournament should be approximately \$500-600.

There are limits to the number of tournaments that Novice and U12 teams (and players) can participate in. This tournament will count as one of the events.

Number of Tournaments

There is a maximum number of tournaments that certain teams can attend during a season. This maximum is set by Sport Development of the Ontario Ringette Association. This season, due to tournaments being postponed until January 1st, 2022, there is no limit.

Insurance

Bench staff, players and on-ice helpers are covered by Insurance through the Ontario Ringette Association.

Information concerning coverage can be [found here](#).

Fair Ice Policy

Ringette Ontario has a [Fair Ice Policy](#), which all coaches must abide by during the season. This policy is currently under review; as such, changes may be forthcoming. Complaints and sanctions will be overseen and administered by Ringette Ontario.

NCRRL Playing Rules

Please run proposed call-ups by either the Recreational or Competitive Coordinator in advance, and then through the appropriate Age Convener for the NCRRL.

Playing Rules: <http://ncrrl.on.ca/info/rules-regulations/>

Age Conveners: <http://ncrrl.on.ca/info/ncrrl-executives/>

Mouthguards

The NCRRL has changed its policy on mouthguards from “required” to “recommended”.

In support of this change, WORA would like to confirm that we also recommend the use of mouthguards by all of our players for both practices and games. The decision for a player to not use a mouthguard must be made by that player’s parents or guardians, and not by the player themselves.

Teams playing in Quebec under the LERQ or LRQ are still required to wear mouthguards for all games regardless of where they play i.e for games played in both Quebec and Ontario. Parents of players in these leagues may opt to allow their player to not wear a mouthguard for practice, although doing so would be contrary to WORA’s recommendations.

Injuries

Injuries that occur during team events (on ice or off ice) must be reported.

There is an online reporting tool on the [WORA website](#).

The online [Ringette Ontario Sport Injury](#) Report must also be completed for insurance purposes as well as to track the frequency and type of injuries sustained during ringette games.

Coaching Resources

There are a number of FAQs and resources available on the Ringette Ontario website and elsewhere:

[Coaching FAQs](#)

[Coaching Resources](#)

[Ringette Practice Plans – Ringette Canada Ringette ABC](#)

[Ringette Drills of the week National Ringette School](#)

[Coaching Ringette Goalies by NRL goalie and WORA alumnus Hailey Moore](#)

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