**General Information**

The Rally Cap Program is an initiative to enhance players' and coaches' first experience with the game. The program helps teams teach players the five FUNdamentals of baseball in a fun and safe environment. Players have the opportunity to perform different tasks in order to earn a colored Baseball Canada Rally Cap. Cap colours correspond with various levels of achievement. The program is designed for young baseball players.

**Goals**

1. Create a fun environment in which children and adults are actively engaged together in the game of baseball.

2. Develop fundamental motor skills, teach baseball skills, and basic rules to our players.

3. Experience success with an emphasis on good sportsmanship.

4. Promote increased self-esteem among Rally Cap children and adults.

5. Recruiting new coaches and volunteers

**What age does my child have to be?** Born 2013-2015 Between 4-6 years old.

**What nights will Rally Cap will take place?** Monday and Wednesday evenings 6:00-7:15pm at the diamonds behind CB McMurdo School. Schedule will be released in mid-late April.