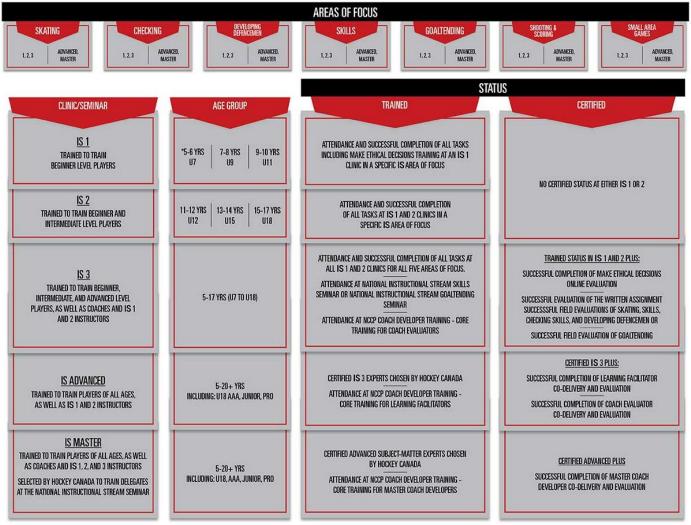


## **INSTRUCTIONAL STREAM**

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## HOCKEY CANADA - NATIONAL COACHING CERTIFICATION PROGRAM



\*THREE AREAS OF FOCUS ARE NOT APPROPRIATE FOR THIS AGE GROUP: CHECKING SKILLS, DEVELOPING DEFENCEMEN, AND GOALTENDING.

## **OVERVIEW**

The Instructional Stream is a series of clinics that assist coaches and players in developing the skills required to play the game. These clinics are composed of in-class and on-ice sessions and are facilitated by instructors trained by Hockey Canada and the OWHA.

Clinics are offered on seven different skills/topics:

- Skating
- Checking
- Goaltending
- Developing defence
- Skills
- Shooting and Scoring
- Small-Area Games

The focus of each clinic is to assist the coach in developing their knowledge and ability to teach and develop age-appropriate skills.

If an association wishes to host/run a skills clinic, please contact the OWHA (<u>clinics@owha.on.ca</u>) for information on how to arrange for the session to run.