



PRACTICE OBJECTIVES:
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GOALIES C COACH PUCK CARRYING FORWARDS SHOOTING DEFENDERS PASS G GOALTENDERS PASS BACKWARD SKATE X PYLON HILLIHIT LATERAL MOVEMENT DEFENSIVE PRESSURE
COACH: TIME: 5 MINUTES
WORK/REST RATIO: 1 / 0
COACH: TIME:
WORK/REST RATIO:





DRILL: C	OACH: TIME:
GOALIE PURPOSE:	WORK/REST RATIO:
DESCRIPTION: KEY TEACHING & EXECUTION POINTS:	
REY TEACHING & EXECUTION POINTS:	
DRILL: C	OACH: TIME:
GOALIE PURPOSE:	WORK/REST RATIO:
KEY TEACHING & EXECUTION POINTS:	
DRILL: C	OACH: TIME:
GOALIE PURPOSE:	WORK/REST RATIO:
DESCRIPTION:	WORK/RESTRATIO:
KEY TEACHING & EXECUTION POINTS:	





DRILL:	COACH: TIME:
GOALIE PURPOSE:	WORK/REST RATIO:
DESCRIPTION: KEY TEACHING & EXECUTION POINTS:	
RET TEACHING & EXECUTION POINTS.	
DRILL: (COACH: TIME:
GOALIE PURPOSE:	WORK/REST RATIO:
DESCRIPTION: KEY TEACHING & EXECUTION POINTS:	
DRILL:	COACH: TIME:
GOALIE PURPOSE:	WORK/REST RATIO:
DESCRIPTION:	WORN/RESTRATIO:
KEY TEACHING & EXECUTION POINTS:	





		PRACT 1 = WEAK		VALUATION GOOD 5 =	: VERY GOOD			
CRITERIA			(COMMENTS	НС	AC	GC/AC	
PACE								
SKILL DEVELOPMENT								
TACTICAL DEVELOPMEN	NT							
TEAM PLAY DEVELOPMENT								
SPECIFICTY								
EXECUTION								
TEACHING								
WORK ETHIC								
PLAYER COMMMUNICA	TION							
GOALTENDERS		\						
BELOW 30 NI	3	30-39 GOOD 40-5		50 VERY GOOD	TOTAL SCORES			
		RECO	MME	NDATIONS				
NEXT PRACTICE			NEXT GAME					