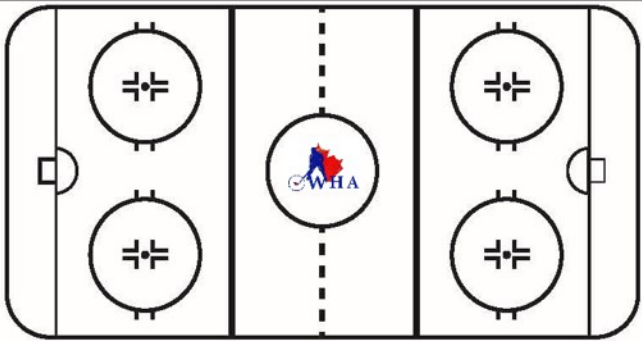
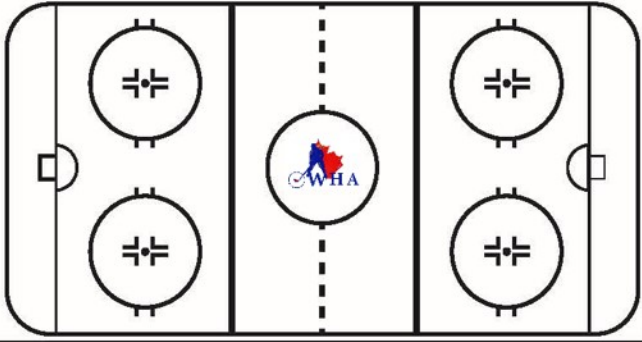
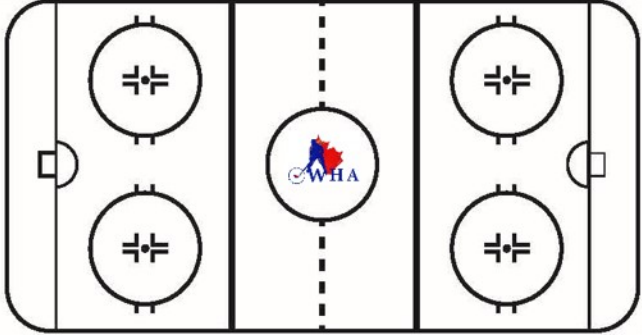


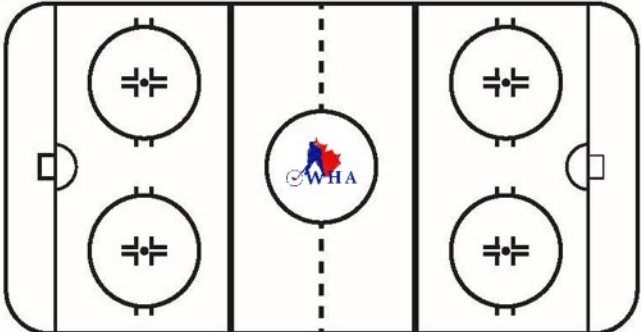
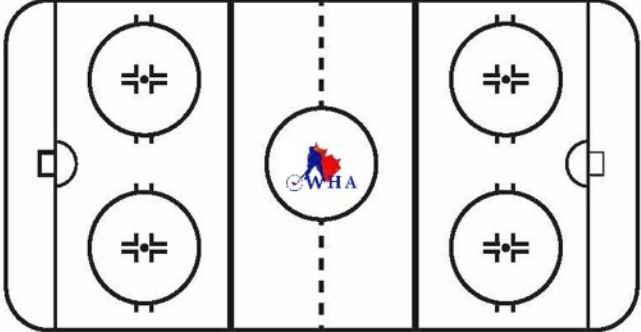
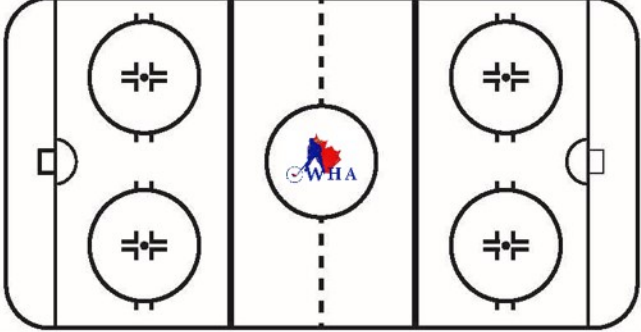
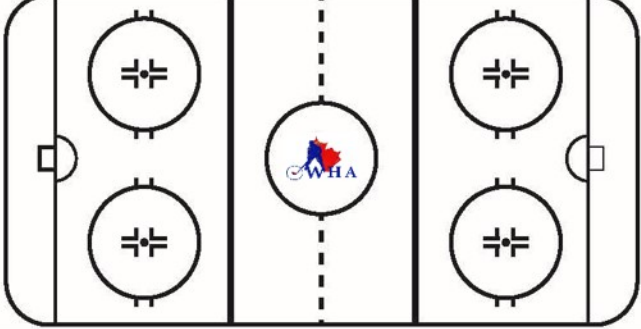
# OWHA Practice Plan Template

| LINE UP / FORMATION |  |  |                      |  |  |                           |  |  |
|---------------------|--|--|----------------------|--|--|---------------------------|--|--|
| FORWARDS / AVANTS   |  |  | DEFENSE / DÉFENSEURS |  |  | GOALIES / GARDIENS DE BUT |  |  |
|                     |  |  |                      |  |  |                           |  |  |
|                     |  |  |                      |  |  |                           |  |  |
|                     |  |  |                      |  |  |                           |  |  |
|                     |  |  |                      |  |  |                           |  |  |
|                     |  |  |                      |  |  |                           |  |  |

DATE: \_\_\_\_\_ DURATION/DURÉE: \_\_\_\_\_ FOCUS/POINT DE MIRE: \_\_\_\_\_

|              |   |  |
|--------------|---|--|
| Time / Temps | Drill Name & Description / Nom de l'exercice et description |   |
|              | Key Teaching Points / Points pédagogiques clés              |  |
| Time / Temps | Drill Name & Description / Nom de l'exercice et description |  |
|              | Key Teaching Points / Points pédagogiques clés              |  |
| Time / Temps | Drill Name & Description / Nom de l'exercice et description |  |
|              | Key Teaching Points / Points pédagogiques clés              |  |

# OWHA Practice Plan Template

|              |   |   |
|--------------|---|---|
| Time / Temps | Drill Name & Description / Nom de l'exercice et description |  <p>The diagram shows a standard ice hockey rink layout. It features two goalies' positions on the left and right sides. In the center, there is a circle containing the OWHA logo. A vertical dashed line runs through the center of the rink, passing through the logo.</p>   |
|              | Key Teaching Points / Points pédagogiques clés              |   |
| Time / Temps | Drill Name & Description / Nom de l'exercice et description |  <p>The diagram shows a standard ice hockey rink layout. It features two goalies' positions on the left and right sides. In the center, there is a circle containing the OWHA logo. A vertical dashed line runs through the center of the rink, passing through the logo.</p>  |
|              | Key Teaching Points / Points pédagogiques clés              |   |
| Time / Temps | Drill Name & Description / Nom de l'exercice et description |  <p>The diagram shows a standard ice hockey rink layout. It features two goalies' positions on the left and right sides. In the center, there is a circle containing the OWHA logo. A vertical dashed line runs through the center of the rink, passing through the logo.</p> |
|              | Key Teaching Points / Points pédagogiques clés              |   |
| Time / Temps | Drill Name & Description / Nom de l'exercice et description |  <p>The diagram shows a standard ice hockey rink layout. It features two goalies' positions on the left and right sides. In the center, there is a circle containing the OWHA logo. A vertical dashed line runs through the center of the rink, passing through the logo.</p> |
|              | Key Teaching Points / Points pédagogiques clés              |   |