



OWHL LEAGUE CHAMPIONSHIPS



EASTERN CHAMPIONSHIP

Date: March 31st and April 1st, 2023

Location: Richcraft Sensplex – 813 Shefford Rd, Gloucester, ON K1J 8H9

Team representatives must check in at the registration tables prior to the team's first game.

Player Eligibility

- Eligibility for Championship: A Player must have been rostered with the team on or before December 31, 2022, to be eligible for Championship, **unless an exemption has been granted by OWHA.**
- **THERE ARE NO PICK-UPS PERMITTED DURING THE OWHA CHAMPIONSHIPS** – Emergency exemption for goalies ONLY.

Game Format/Info:

- **ALL** minor penalties, misconducts and suspensions carry into the overtime period AND shootout. **All suspensions must be reported to the OWHA via stats@owha.on.ca**
- **ONE 30 second** timeout is permitted per game; If not used in regulation time, the timeout can be used during overtime.
- A three (3) minute warm up will start each game.
- The home team will wear light-colored sweaters.
- There will be a timed three (3) minute warm-up beginning when ice surface is ready and the on ice officials have come onto the ice

EASTERN Game Lengths:

- The following divisions will play 15-15-20:
 - U18AA, A & BB
 - U15AA, A & BB
- The following divisions will play 10-10-12:
 - All U11, All U13
 - U15 B, C
 - U18 B, C

Overtime Rules:

- **ALL** minor penalties, misconducts and suspensions carry into the overtime period AND shootout. **All suspensions must be reported to the OWHA via stats@owha.on.ca**
- If a winner is not determined by the end of regulation time, a 5-minute **SUDDEN VICTORY** overtime will be played (stop time), FIVE ON FIVE plus goalie.
- If a team has a penalty at the end of regulation, it carries over into the overtime.
- If the teams are still tied following the conclusion of overtime, a best of 3 shootout will determine the game winner.

Shootout Rules:

1. Each team must designate their first three shooters (S1, S2, S3) PRIOR to the start of the game on the game sheet app in the notes section – These shooters MUST be different players and the order list MUST be followed.
2. The team to score the most goals of the three shooters takes victory.
3. A player serving a penalty at the end of overtime is INELIGIBLE to partake in the shootout and a replacement player must be appointed in their place and order of shooting.
4. The home team will have the option of shooting first or second for the shootout process. The teams will then alternate the players shooting on the opposing goalie – They DO NOT shoot at the same time.
5. Once the player completes their shot, they are to proceed to the penalty box. It is the responsibility of the timekeeper to keep track of the players' numbers and it will be the responsibility of the home team to ensure the timekeeper is aware of their responsibilities.
6. If still tied after the shootout, a **sudden victory shootout** will take place. Each team will send out one player at a time until one team scores and the other does not, at which point the team scoring will be declared winner.
7. These players are to be players that have **not shot yet**. Players that are serving a penalty from overtime are still INELIGIBLE to partake in the sudden victory shootout.
8. A player may only shoot once until the rosters of eligible players have been gone through completely (minus goalies). Both teams need to go through their entire roster before starting again. Teams may change up the shooter list after going through the entire roster.