



INTRODUCTION TO ESSO FUN DAYS



ESSO FUN DAYS ARE FREE, SAFE AND FUN INTRODUCTION TO HOCKEY

Esso Fun Days are introduction to hockey sessions designed for girls and women of any age who are new to hockey. Including both on- and off-ice instruction, the program aims to create a free, safe and fun environment for new players to learn the basic skills and rules of the game. The goal of the Esso Fun Day program is for girls and women to gain the skills and confidence to register in a hockey program.

ASSOCIATIONS AROUND CANADA CAN APPLY TO HOST EITHER A 1 DAY OR 6 WEEK PROGRAM

The Esso Fun Day program has been operational for over 20 years and continues to grow. Each season sees over 80 events with more than 2,000 participants nationwide. Esso Fun Days continue to grow in exposure and receive positive feedback from hosts and participants.

