## Executive Reports



2008 - 2009
Incorporated February 6th 1981
www.owha.on.ca

## IN LOVING MEMORY OF FOUR VERY SPECIAL TEAMMATES



Christina Rose - The Ontario Women's Hockey Association is saddened by the loss of a very special teammate, Christie Rose, 18 who passed away June 24, 2008 as a result of a motor vehicle accident. Christie was a member of the St. Thomas Panthers Midget AA team in 2007-08 and was looking forward to the coming 2008-09 season as a member of the London Devilettes Intermediate AA team. The Ontario Women's Hockey Association sends its most sincere thoughts and prayers to Christie's family and friends.

Caitlyn Cobean – After a courageous battle with cancer, Caitlyn Cobean passed away on August 8, 2008. Caitlyn passed away at home, surrounded by her family and friends with love pouring everywhere. Caitlyn was a member of the Saugeen Shores Bantam C team and will always be remembered as an optimistic and courageous young girl. The thoughts and prayers of the Ontario Women's Hockey Association are with the Caitlyn Cobean's family and friends.

**Dr. Allan Morris** - The Ontario Women's Hockey Association was saddened by the passing of Dr. Al Morris, Chairman of Hockey Canada. Dr. Morris was a chiropractor who first became involved as a coach in minor hockey. He volunteered on many organizations and was Chairman of the OHA, OHF and Hockey Canada. He attended many OWHA meetings as a member of the OWHA Board of Directors. Al is survived by his wife Lorraine, sons Tom and John and daughter Suzanne. Please join the Ontario Women's Hockey Association in keeping Al and his family and friends in our thoughts and prayers.





**David Solomon** - The Ontario Women's Hockey Association was saddened by the loss and unexpected passing of David Solomon on Friday, January 23, 2009, in his 64th year. David was the husband and best friend of Betty Ann Solomon – the Central West Regional Director in the Ontario Women's Hockey Association. The entire Solomon family have contributed selflessly over many years to the growth and development of female hockey, The Ontario Women's Hockey Association would like to extend our sincere condolences to the family and friends of David Solomon.

The participants and supporters of the Ontario Women's Hockey Association Provincial Championship and all the members of the Ontario Women's Hockey Association extend our most sincere condolences to the Cobean, Morris, Rose and Solomon family and friends.

You will all be forever remembered for your participation in women's hockey.

## **TABLE OF CONTENTS**

OWHA Executive Committee	
OWHA Annual Report 2008-2009	2
OWHA Provincial Champions 2008-2009	4
OWHA Sanctioned Tournaments	5
OWHA Provincial Championships Stats	6
New OWHA Members	6
OWHA Registration Report	7
OWHA Teams & Players – by Division & Category	8
OWHA Certification Clinics	g
OWHA Development Programmes	10
Messages for Players	11
Angela James – Mayor Hazel McCallion	12
HDCO Penalty Free Sweepstakes	13
Quest For Gold	14
Congratulations Cathy Phillips	15
PWHL - CIS	17
CWHL	18
2009 World Women's U18 Championship	19
2008/09 U18 National Championship	20
2009 World Women's Championship	21
2009 Esso Cup	22
OWHA Discipline Report	23
OWHA Discipline Charts	24
OWHA Suspensions By Division	25
Injury Reports	27
Hockey Canada Female Registration – National U18 U22 NWT	28
Friends of the OWHA	29
2009 National Aboriginal Championships	30
OWHA Officials Special Assignments	31

Ontario Women's Hockey Association #3-5155 Spectrum Way, Mississauga, Ontario L4W 5A1 Tel: (905) 282-9980 Fax: (905) 282-9982 www.owha.on.ca info@owha.on.ca



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## ONTARIO WOMEN'S HOCKEY ASSOCIATION ANNUAL REPORT 2008-2009

## WE MAKE A LIVING BY WHAT WE GET WE MAKE A LIFE BY WHAT WE GIVE

We asked the players on the Scarborough Sharks Midget AA team a question. What Message Would You Give Young Girls?

- ✓ Stay positive and you will accomplish anything!
- ✓ I would tell them to never give up on their dreams since they can always have them, you just have to have the right attitude and work ethic to achieve them. I would also tell them not to follow others, always lead.
- ✓ Good way to make friends and stay in shape. Teaches you a lot of valuable life skills.
- ✓ Work hard at everything you do.
- ✓ Anything is possible! Don't let anyone tell you "you can't do anything". Work hard, have fun and your dreams will come true!
- ✓ If you don't make the team you want, work twice as hard to overcome it and prove them wrong.
- ✓ Great way to meet new people and stay active.
- ✓ Sports change your schedule, hockey changes your life!
- ✓ Be positive and stay strong and nothing can stop you! Believe in yourself because at the end
  of the day you make the final outcomes.
- ✓ Never give up!
- ✓ Play because you love to play. As long as you're giving it your best and playing from your heart, the end result will always be positive.
- ✓ Don't let the boys push you around, girls play hockey too!
- ✓ To never give up on your dream, Work hard and try to have some fun along the way.
- ✓ It's a great idea and have fun and make lots of friends.
- ✓ Meet a lot of people and have fun

Let's look at the one comment: "Sports change your schedule, hockey changes your life!" Do we agree that hockey changes your life?

The answer most would come up with is "Yes".

The next obvious question: "Is the change hockey makes on a person's life a positive change?"

We come together often to discuss and debate rules, regulations, policies and procedures. These are all important in order to address the changing needs of female hockey as we provide a structure for participation and competition. Representative from small towns, large cities, recreational programs and high performance teams discuss their experiences and listen to those of their teammates in female hockey. Throughout this process, it is important that we remember that single player who, first of all is a human being. We all share in the responsibility of giving her the opportunity to experience a POSITIVE change in her life from hockey.

The Ontario Women's Hockey Association has been blessed by the uphill challenges we have overcome and continue to face as a female sports organization. Through the efforts of many, we have attained much success. We are moving in to the 2009/2010 season in which we will see the Winter Olympics in our home country – a vision that was simply an "impossible dream" a few short years ago! This level of acceptance has brought credibility to female hockey and positive role models for young girls. In many parts of Ontario, there are now an abundance of female teams at various ages and levels of ability. What a wonderful step forward!

The Ontario Women's Hockey Association is a Values based, inclusive organization. Currently, however, there are many families who are struggling in tough economic times. Also, there remain places in Ontario where it is difficult to find a team or a league. Our success has been as a result of moving forward together as a unified team with competition on the ice and cooperation off the ice.

Collectively we care about all players on all teams. Where we have more, we need to give more. When we give, the gift is returned.

Now, let's look at the 2008/2009 season as it has been a season of success. In spite of the economic times, we have seen an increase in registration. FUNdamentals and house leagues continue to provide fun, friendship and an entry level to hockey. The competitive divisions are getting stronger every year. Players are advancing to many universities and colleges with excellent hockey teams. Ontario players continue to excel at the U18, U22 and National Team levels.

We congratulate Team Ontario Red on capturing the gold medals at the 2008 National Under 18 Championship. Team Ontario Blue also had an exceptional competition missing out on a spot in the championship game only as a result of an overtime loss to Quebec. Congratulations to the Scarborough Sharks Midget AA team, Provincial champions and National silver medalists.

The CWHL, OWHA and Greater Kingston Girls Hockey Association partnered to host the inaugural Clarkson Cup Championship between the CWHL and the WWHL, Brampton Canadette-Thunder, Calgary Oval X-Treme, Minnesota Whitecaps and Montreal Stars provided high intensity, exciting hockey. Madame Clarkson attended with many special guests including the Right Honourable Beverley McLachlin, Chief Justice of the Supreme Court, the Honourable Peter Milliken, Speaker of the House of Commons, Lieutenant-General Andrew Leslie, Chief of Land Staff, Roy MacGregor, columnist with the Globe and Mail, and Mayor Hazel McCallion.

The PWHL held its Championship during the April provincial championships. The games were exceptional and a wonderful showcase for the girls attending provincials.

As with any organization, we face challenges. It is important that we continue to identify and discuss issues with a positive vision for the future.

Selection, screening and monitoring of coaches and team staff is important. Criminal record checks, Speak Out training and the two-deep rule must be implemented for the safety of the players and for the protection of staff. Providing a positive hockey experience for each player should be the goal of team management, not simply putting together a group of players to win a championship. Yes, the goal is to win but it is also to enjoy the journey.

Bullying, cyber-bullying and the use of the email and the internet for negative comments and disrespect are of serious concern for the OWHA. The circulation of emails and text messages and public postings that criticize individuals, teams, associations and others within hockey are a violation of the Code of Conduct and need to be dealt with accordingly. Postings on Face Book, You Tube and other sites are a concern based on privacy issues and respect. We have seen too many cases where young girls and other people have been publicly humiliated and are suffering very serious personal grief as a result of individual emails, text messages and postings. It is imperative that every team and association take action to inform their members of these dangerous and cowardly actions. A physical injury heals, an emotional attack hurts forever.

There are many other areas to debate including player movement, tampering, game lengths, regions, categorizing, officiating, etc., etc. There will always be debate and there will always be change. The OWHA has been working with the Ontario Ministry of Health Promotions and has been accepted a Core Sport, with a revamped program for the 2010 Ontario Winter Games. This is the ongoing evolution of female hockey!

As we close this report, we draw your attention to the article on Cathy Phillips, a true success story and exceptional role model. Hockey changed Cathy's life. As a goalie, she led Canada to gold in the first National Championship, World Tournament and World Championship. As a person, Cathy is a role model for the world. Sincere thanks and congratulations!

Sincere thanks and congratulations to all members of the OWHA. This team is proud to enrich the lives of others through caring and giving.

## 2008-2009 OWHA PROVINCIAL CHAMPIONS

Four hundred and seventy-three teams participated in the 2008-09 Provincial Championships. The Intermediate AA, A, BB, B & C and Midget AA Provincial Championships were held in February and March. A total of 59 Intermediate and 24 Midget AA teams participated. The Provincial Championships for the remaining divisions were held April 17th-19th in Brampton, Mississauga, Toronto, Vaughan and Newmarket. A total of 390 teams participated in the April event.

Division	Category	Gold	Silver	Bronze
Novice	Α	London Devilettes	Whitby Wolves	Aurora Panthers
Novice	В	Mississauga Chiefs	Sudbury Lady Wolves	Guelph Thunder
Novice	С	St. Mary's Rock	Windsor Wildcats	Cambridge Roadrunners
Atom	AA	Clarington Flames	Whitby Wolves	Etobicoke Dolphins
Atom	Α	Kingston Ice Wolves	Toronto-Leaside Wildcats	Sudbury Lady Wolves
Atom	BB	Goderich Sailorettes	St. Thomas Panthers	Chatham Outlaws
Atom	В	Niagara Falls Rapid	Woolwich Wild	Sudbury Lady Wolves
Atom	С	Ingersoll Ice	Kincardine Kinucks	Carleton Place Cyclones
Pee Wee	AA	Waterloo Ravens	Kanata Rangers	Bluewater Hawks
Pee Wee	Α	Kitchener Lady Rangers	Cornwall Typhoons	Oakville Hornets
Pee Wee	BB	Ottawa Ice	Sudbury Lady Wolves	Oakville Hornets
Pee Wee	В	Smiths Falls Cubs	North Bay Ice Boltz	Kincardine Kinucks
Pee Wee	С	Schreiber North Shore Stars	Kanata Rangers	Goderich Sailorettes
Bantam	AA	Whitby Wolves	Bluewater Hawks	Willowdale Red Wings 7046
Bantam	Α	Whitby Wolves	Sudbury Lady Wolves	Kanata Rangers
Bantam	BB	Northwest Storm	Nepean Wildcats	Chatham Outlaws
Bantam	В	Woodstock Wildcats	Nepean Wildcats	Kincardine Kinucks
Bantam	С	Hearst Ice Cats	Thamesford Attack	Milverton Royals
Midget	AA	Scarborough Sharks	Whitby Wolves	Sudbury Lady Wolves
Midget	Α	Hamilton Hawks	Barrie Sharks	Nepean Wildcats
Midget	BB	Kitchener Lady Rangers	Clarington Flames	Markham-Stouffville Stars
Midget	В	Walkerton Capitals	Ilderton Jets	Smiths Falls Cubs
Midget	С	Lucan Irish	South Dundas Lions	St. Clair Storm
Intermediate	AA	Mississauga Chiefs	Stoney Creek Sabres	Toronto Aeros
Intermediate	Α	Scarborough Sharks	Sudbury Lady Wolves	Mississauga Chiefs
Intermediate	BB	Cobourg Foodland	Sarnia Lady Sting	Napanee Crunch
Intermediate	В	Ilderton Jets	Belmore	Clarington Flames
Intermediate	С	Elma Logan Wildcats	Owen Sound Ice Hawks	Teeswater
Senior	AA	Toronto The Vixens	Ottawa Ice Cats	Toronto-Leaside Wildcats
Senior	A	Aurora Panthers	Clarington Flames	Bluewater Hawks
Senior	BB	Timmins Vipers	Aurora Predators	Oshawa Lady Generals
Senior	В	Monkton Lady Wildcats	Mount Brydges Ice	Peterborough Ice Kats
Senior	C	Stone Mills	Otonabee Keene Wolverines	Toronto Phoenix

CONGRATULATIONS to ALL PARTICIPANTS



## **TOURNAMENTS**

A total of 190 tournaments (97 Competitive & 93 House League) were sanctioned by the Ontario Women's Hockey Association for the 2008-2009 hockey season.

## OWHA Sanctioned COMPETITIVE Tournaments – Locations

- **AMHERSTBURG** \* HALDIMAND HAMILTON (GHA) BALTIMORE **BARRIE HOWICK BELLEVILLE** ★ HUNTSVILLE BELMONT AYLMER ILDERTON DORCHESTER **KANATA** KEMPTVILLE **BLUEWATER** BRAMPTON (Canadettes) 1. KITCHENER BRAMPTON (Cougars) ★ LONDON (Devilettes) **BRANTFORD** LONDON (Ladies) **BROCKVILLE** LUCAN MARKHAM-**BURLINGTON** CAMBRIDGE STOUFFVILLE CENTRAL YORK **MILVERTON** MISSISSAUGA CHATHAM CLARENCE ROCKLAND A MITCHELL CLARINGTON ♠ MOUNT FOREST CLEARVIEW NAPANEE NEPEAN COLD CREEK NEWTONBROOK CORNWALL **DURHAM WEST** NIAGARA FALLS (Ladies) GANANOQUE NIAGARA FALLS **GLENCOE** (Women's) NORFOLK GLOUCESTER NORTH BAY (Women's) NORTH SIMCOE GLOUCESTER-♠ OAKVILLE CUMBERLAND ORANGEVILLE **GODERICH** ORILLIA GREATER KINGSTON **GUELPH**
- **OSHAWA OTTAWA** OTTAWA (BELL CAPITAL) PARRY SOUND **PEMBROKE** PETERBOROUGH (PGHA) **RIDLEY** SARNIA ★ SAUGEEN SHORES ★ SAULT STE MARIE **SCARBOROUGH** SMITH FALLS ST. CATHARINES ST. MARY'S ST. THOMAS ★ STONEY CREEK ★ STRATFORD **SUDBURY TORONTO-AEROS TORONTO-LEASIDE WATERLOO** ★ WEST **NORTHUMBERLAND**

WHITBY

WILMOT

★ WILLOWDALE

★ WINDSOR (Hocktoberfest)★ WINDSOR (Ladies)★ WOODSTOCK

Special thanks to the many volunteers who have worked long hours to provide tournament competition for the teams and special memories for everyone involved. Your efforts contributed to make 2008-09 an exciting hockey season.

To the players, coaches, trainers, officials, parents & fans, we hope these tournaments have brought you new friendships and many positive memories.



## OWHA Sanctioned HOUSE LEAGUE Tournaments

## **Locations**

**AMHERSTBURG** BARRIE BELMONT AYLMER DORCHESTER **BRAMPTON CANADETTES BRAMPTON COUGARS BROCKVILLE** BURLINGTON CAMBRIDGE **CARLETON PLACE CENTRAL YORK** CHATHAM **CLARENCE ROCKLAND** CLARINGTON CLEARVIEW CORNWALL DRYDEN **DURHAM WEST EMO** FORT FRANCES **GANANOQUE GLENGARRY** GLOUCESTER (Women's) GLOUCESTER-CUMBERLAND **GODERICH** GREATER KINGSTON HALDIMAND HAMILTON GHA **HAMILTON WHL HOWICK** HUNTSVILLE KANATA KEMPTVILLE LAKE OF THE WOODS **LONDON DEVILETTES LONDON LADIES MADAWASKA MILVERTON** MOUNT FOREST NFPFAN NEWTONBROOK NIAGARA FALLS (Women's) NIPIGON NIP-ROCK **NORFOLK NORTH BAY & DISTRICT** NORTH HALTON **NORTH SIMCOE OAKVILLE HORNETS** ORANGEVILLE **ORILLIA OSHAWA OTTAWA OTTAWA VALLEY** PARKHILL PETERBOROUGH RIDGETOWN RUSSELL SAULT STE MARIE SCARBOROUGH SMITH FALLS SOUTH HURON SOUTHPOINT (Leamington) ST. THOMAS STONEY CREEK STONEY CREEK (Dofasco) SUDBURY **TERRACE BAY** THUNDER BAY TORONTO-LEASIDE WALLACEBURG WATERLOO WHITBY WILMOT WINDSOR (Ladies) WINDSOR (Sun Parlour) WOODSTOCK

WOOLWICH



## 2008-09 OWHA PROVINCIAL CHAMPIONSHIPS STATS

# of Participating Teams by Division/Category

								<del>,</del>							
NOVICE 8 & unde			OM under		EWEE under	BANTAM 14 & under		MIDGET 17 & under		INTERM 21 & U		SENIOR Open age			
Α	11	AA	10	AA	16	AA	16	AA	24	AA	20	AA	12		
В	12	Α	12	Α	16	Α	16	Α	16	Α	22	Α	16		
С	14	BB	13	BB	14	BB	14	BB	16	BB	6	BB	12		
		В	12	В	16	В	16	В	16	В	4	В	13		
		O	16	С	16	С	16	С	16	С	7	С	17		
	37		63		78		78		88		59		70		

TOTAL # TEAMS participating in the 2008-2009 Ontario Women's Hockey Association Provincial Championships = 473

Intermediate Provincials - Feb	Midget Provincials – Mar 27 <sup>th</sup> -	April Provincials – April 17 <sup>th</sup> -
20 <sup>th</sup> -22 <sup>nd</sup>	<u>29th</u>	<u>19<sup>th</sup></u>
# Teams = 59	# Teams = 24	# Teams = 390
# Participants = 1100+	# Participants = 500+	# Participants = 7500+
# Event Volunteers = 30+	# Event Volunteers = 30+	# Event Volunteers = 100+
# Arena Facilities = 1	# Arena Facilities = 1	# Arena Facilities = 9
# Rinks = 4	# Rinks = 4	# Rinks = 26
# Games = 118	# Games = 49	# Games = 792
# Game Officials =45	# Game Officials = 29	# Game Officials = 200
# Officiating Assignments =	# Officiating Assignments =	# Officiating Assignments =
354	147	1965
# Enthusiastic Parents & Fans	# Enthusiastic Parents & Fans	# Enthusiastic Parents &
= 2500+	= 2,500+	Fans = 20,000+

## **NEW OWHA MEMBERS**

The OWHA proudly welcomed the following new Independent Teams &/or Associations this past season:

## APPROVED NEW TEAMS, ASSOCIATIONS and LEAGUES SINCE 2008 AGM

Centre/School	Ne	w Female Hockey Programme	Centre/School	Λ	lew Female Hockey Programme
Plattsville	$\Diamond$	Senior B	Durham <sup>1</sup>	$\Diamond$	Novice House League
Ottawa	$\Diamond$	Senior A	Bayfield Clinton Hensall Ice	$\Diamond$	Novice House League
			Dogs		-
Monkton Lady	$\Diamond$	Senior B	Port Hope of	$\Diamond$	Senior Rec
Wildcats					
Westboro Ice Cats	$\Rightarrow$	Senior A	Oshawa Senior Ladies	$\Rightarrow$	Senior C
Strathroy/Caradoc	$\Rightarrow$	Senior C	McMaster Mauraders	$\Rightarrow$	Senior A
Mount Brydges Ice	$\Diamond$	Senior B	Parkhill <sup>1</sup>	$\Diamond$	Senior C
Ontario Hockey	$\Diamond$	Intermediate AA	Northwest Storm	$\Diamond$	Bantam BB
Academy					
Atikokan	$\Rightarrow$	Peewee House League	Chapleau Chicks	$\Rightarrow$	Bantam House League
Grimsby	$\Diamond$	Atom House League			

**Team** = Single Independent Team

**Full Association** = FUNdamentals, Novice, Atom, Peewee, Bantam, Midget, Intermediate, Senior, Sr Recreational, Masters **Junior Association** = FUNdamentals, Novice, Atom, Peewee, Bantam, Midget, Intermediate

## **CHANGE OF STATUS to FULL ASSOCIATION**

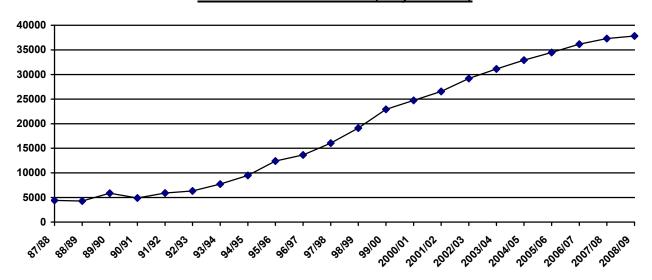
	OTIANOL OF OTA	100 to 1 OLL ACCOUNT	
Scarborough	St.	Thomas	North Bay

NEW ASSOCIATIONS	NEW LEAGUES
Hawkesbury-Champlain Girls Hockey Association	Ottawa Senior Women's League

## **OWHA REGISTRATION REPORT**

Congratulations again to all members of the Ontario Women's Hockey Association on another season of growth. Membership in the OWHA increased by **56 teams** and **561 players** in the 2008-2009 season.

## OWHA GROWTH CHART (Players/Year)



## OWHA REGISTRATION – PLAYERS / DIVISION 1995 → 2009

TEAMS	95/96	96/97	97/98	98/99	99/00	00/01	01/02	*02/03	03/04	04/05	05/06	06/07	07/08	2008-09	+/-
Competitive	411	435	449	539	590	643	686	737	767	834	901	951	980	1022	+42
Non-	443	526	644	855	966	1,031	1,116	1,230	1,293	1,356	1,401	1,448	1,494	1508	+14
Competitive															
Sledge Hockey													1	1	
Total Teams	854	964	1,093	1,394	1,556	1,674	1,802	1,967	2,060	2,190	2,302	2,399	2,475	2531	+56

PLAYERS	95/96	96/97	97/98	98/99	99/00	00/01	01/02	*02/03	03/04	04/05	05/06	06/07	07/08	2008-09	+/-
Masters												52	62	85	+23
Senior	3,704	3,880	4,058	4,295	5,506	5,229	5,336	5,140	5,676	5,633	6,126	5,918	6,032	6,088	+56
Intermediate	939	1,367	1,615	1,710	1,885	2,334	2,625	2,443	2,182	2,398	2,505	2,344	2,604	2,660	+56
Midget	1,138	1,274	1,500	1,949	2,061	2,153	2,164	3,950	4,404	4,746	5,578	6,079	6,229	6,241	+12
Bantam	1,326	1,324	1,859	2,372	2,861	3,028	3,283	5,080	5,742	6,304	6,371	6,711	6,787	6,814	+27
Peewee	2,235	2,380	2,743	3,378	3,771	4,461	5,057	5,814	6,191	6,457	6,374	6,466	6,599	6,730	+131
Atom	1,679	1,687	2,665	3,091	3,461	3,929	4,274	4,208	4,396	4,480	4,486	5,162	5,160	5,056	-104
Novice /Tyke	1,270														
Novice		1,373	1,394	1,955	2,796	3,122	3,319	2,216	2,154	2,550	2,659	2,988	3,276	3,499	+223
FUNdamentals/ Initiation Program		330	215	364	574	476	481	321	377	348	323	452	491	640	+149
Sledge Hockey						-							26	14	-12
Total Players	12,196	13,635	16,049	19,114	22,915	24,732	26,539	29,172	31,122	32,916	34,422	36,172	37,266	37,827	+561

<sup>\*</sup> Age Change season

## OWHA Teams and Players Registration Statistics 2008-2009

CATEGORY	PLAYERS								TEAMS							
COMPETITIVE	08/09	07/08	06/07	05/06	04/05	03/04	02/03	01/02	08/09	07/08	06/07	05/06	04/05	03/04	02/03	01/02
Senior AAA	95	92	106	102	100	97	94	99	5	5	5	5	5	5	5	5
Senior AA	240	253	204	186	255	300	231	166	14	14	12	11	17	18	14	10
Senior A	622	549	602	589	525	483	552	474	37	33	34	35	31	30	34	30
Senior BB	392	387	419	400	368	367	149	272	25	24	26	24	23	23	10	17
Senior B	271	271	171	261	178	102	260	354	17	17	11	17	11	6	17	23
Senior C	377	349	384	351	332	402	448	384	23	21	23	21	20	25	27	25
Intermediate AA	382	364	370	354	363	336	363	342	22	20	21	20	21	20	22	20
Intermediate A	375	300	246	238	296	178	311	149	22	17	16	15	18	11	19	9
Intermediate BB	111	102	74	86	84	138	115	225	7	6	6	5	5	9	7	14
Intermediate B	61 121	0 139	165 239	215	193	128	196	237 272	4	9	7	12	12 10	8	12 13	15 16
Intermediate C	786	817	771	243 717	175 608	124 493	228 425	373	8	48	15 45	16 43	37	9 30	26	23
Midget AA	665	668	492	526	525	521	577	257	46 40	40	31	32	32	32	36	16
Midget A Midget BB	688	578	534	594	499	544	520	148	40	35	39	36	31	34	32	9
Midget BB	736	795	774	717	686	678	506	179	46	50	48	43	43	43	32	12
Midget C	1125	1097	913	829	638	387	259	260	71	70	58	55	42	25	18	18
Bantam AA	574	563	524	379	335	293	228	272	35	34	31	23	21	18	14	17
Bantam A	594	485	403	447	474	465	507	317	36	30	27	30	30	29	32	21
Bantam BB	599	673	474	529	515	528	414	453	38	41	34	31	32	33	27	29
Bantam B	759	572	709	739	794	852	765	543	49	37	42	49	52	55	49	36
Bantam C	948	1075	1036	913	741	568	449	337	63	71	72	62	50	37	31	23
Peewee AA	303	338	353	320	330	335	281	151	19	21	20	20	21	21	18	10
Peewee A	503	491	347	356	396	325	321	410	31	30	28	22	25	21	21	27
Peewee BB	485	452	435	443	387	472	428	407	30	28	23	26	25	30	28	26
Peewee B	741	655	633	562	702	589	578	628	48	42	44	37	45	40	37	41
Peewee C	938	856	955	1096	727	803	600	524	62	58	66	72	47	44	39	36
Atom AA	165	139	180	163	139	169	185	183	10	9	12	10	9	11	12	12
Atom A	265	298	251	253	283	192	216	179	17	19	14	16	18	12	14	12
Atom BB	408	322	251	243	239	273	350	276	27	20	15	14	15	18	23	18
Atom B	324	460	360	338	372	392	432	432	21	30	29	22	25	26	29	28
Atom C	798	818	807	580	456	331	216	516	56	55	53	42	30	19	15	34
Novice A	167	138	116	86	108	92	108	140	11	9	8	6	7	6	7	9
Novice BB			59	62	59	76		179			5	4	4	5		12
Novice B	186	190	135	108	87	80	108	264	13	13	8	7	6	6	7	18
Novice C SUB TOTAL	427 16,231	358 15,644	287 14,779	243 14,268	189 13,191	117 12,230	140 11,560	10,624	27 1022	23 980	23 951	18 901	13 834	8 767	10 737	15 686
NON-	10,231	15,044	14,779	14,200	13,191	12,230	11,500	10,024	1022	900	951	901	034	707	131	000
COMPETITIVE	08/09	07/08	06/07	05/06	04/05	03/04	02/03	01/02	08/09	07/08	06/07	05/06	04/05	03/04	02/03	00/01
	85	62	52						7	4	4					
Masters	85 2811	2263	2252	<u></u> 2275	<u></u> 2731	<u></u> 2609	<u></u> 2177	1612	186	4 151	256	149	176	172	154	105
Senior Rec. Senior HL/University	1280	1868	1780	2012	1111	1316	1229	1975	186 81	118	256 8	135	69	81	94	137
Intermediate HL	1610	1699	1250	1369	1287	1278	1229	1400	106	114	109	94	90	87	84	99
Midget HL	2241	2274	2595	2195	1790	1781	1663	947	158	157	143	151	122	124	117	65
Bantam HL	3340	3419	3565	3364	3445	3036	2717	1361	236	239	243	234	241	209	188	98
Peewee HL	3760	3807	3743	3597	3915	3667	3606	2937	267	267	253	255	274	252	245	205
Atom HL	3096	3123	3313	2909	2991	3039	2809	2688	222	227	230	210	211	209	193	190
Novice HL	2719	2590	2391	2160	2107	1789	1860	2514	202	184	172	151	150	128	132	182
Hockey FUNdamentals	640	491	452	323	348	377	321	481	43	33	30	22	23	31	23	35
(Initiation) Programs  SUB TOTAL	21,582	21 506	21 202	20.204	10 725	18,892	17 612	15 015	1,508	1,494	1,448	1,401	1,356	1,293	1,230	1,116
				20,204				10,910								
Sledge Hockey	14	26							1	1						
Grand Total	37,827	37,266	36,172	34,472	32,916	31,122	29,172	26,539	2,531	2,475	2,399	2,302	2,190	2,060	1,967	1,802

## **OWHA Participant Registration 08-09**

Players =	37,014
Duplicate Players =	813
Total Players =	37,827
Staff =	11,027
Duplicate Staff =	1,580
Total Staff =	12,607
Officials =	1,244
Duplicate Officials =	33
Total Officials =	1,277

Staff - Female =	5,045
Staff - Male =	7,562
Total Staff =	12 607



## **OWHA CERTIFICATION CLINICS**

The following list of certification clinics were scheduled & coordinated through the Ontario Women's Hockey Association in the 2008-2009 season. Our thanks to all local clinic hosts and program instructors for their assistance in delivering these valuable certification clinics. Thanks to Diane Boles, OWHA Clinic Coordinator for her efforts and dedication to the OWHA Development Program.

	NATIONAL COACHING CERTIFICATION PROGRAM (NCCP) CLINICS					
DATE	LOCATION	NCCP LEVEL				
Aug 17	Gloucester	Coach Level				
Sep 07	Durham	Coach Level				
Sep 6/7	Brampton	Development 1				
Sep 13	Napanee	We Are Coaches				
Sep 13/14	London	Development 1				
Sep 20	Thunder Bay	Coach Level				
Sep 28	Ottawa	Coach Level				
Oct 04	Halton	Coach Level				
Oct 05	Fergus	Coach Level				
Oct 05	Ottawa	We Are Coaches				
Oct 4/5	Whitby	Development 1				
Oct 11	Barrie	Coach Level				
Oct 18	Leaside	Coach Level				
Oct 18	London	Coach Level				
Oct 19	Stratford	Coach Level				
Oct 19	Oakville	Coach Level				
Oct 25	Stoney Creek	Coach Level				
Nov 29	Kanata	Coach Level				

_	AINER'S CERT RAM (HTCP) CL	_
DATE	LOCATION	HTCP LEVEL
Aug 24	North York	Level I
Sep 06	London	Level I
Sep 13	Stoney Creek	Level I
Sep 20	Durham	Level I
Sep 21	Barrie	Level I
Sep 28	Kingston	Level I
Sep 28	Brampton	Level I
Oct 04	Burlington	Level I
Oct 11	Cornwall	Level I
Oct 11	London	Level I
Oct 18	Stratford	Level I
Oct 19	Fergus	Level I
Oct 25	Leaside	Level I
Oct 26	Ottawa	Level I
Oct 26	Oakville	Level 1
Oct 26	Thunder Bay	Level 1
Nov 01	Aurora	Level 1
Nov 01	Orangeville	Level I
Nov 15	Hamilton	Level 1
Nov 22	Burlington	Level 1
Nov 30	Kanata	Level 1
Dec 13	Pembroke	Level 1
Jan 18	Durham	Level 1

HOCKEY CANADA OFFICIATING PROGRAM					
Sept	OWHA HCOP Instructors & Supervisors				
HOCKEY	HOCKEY CANADA OFFICIATING PROGRAM				

(HCOP) CLINICS				
DATE	LOCATION	CLINIC TYPE		
Sep 06	Leaside	JR - Level I & II		
Sep 06	Leaside	SR - Level III & above		
Sep 06	Orangeville	JR - Level I		
Sep 06	Orangeville	JR - Level II		
Sep 07	Halton	JR - Level I & II		
Sep 07	Aurora	JR - Level I & II		
Sep 13	Mississauga	JR - Level I & II		
Sep 13	Ottawa	JR - Level I & II		
Sep 13	Ottawa	SR - Level III & above		
Sep 13	Durham	SR - Level III & above		
Sep 14	Barrie	JR - Level I & II		
Sep 14	Barrie	SR - Level III & above		
Sep 14	Whitby	JR - Level I		
Sep 14	Whitby	JR - Level II		
Sep 20	Brampton	JR - Level I & II		
Sep 20	Windsor	JR - Level I & II		
Oct 04	Peterborough	JR - Level I & II		
Oct 04	Peterborough	SR - Level III & above		
Oct 04	Ottawa	JR - Level I & II		
Oct 04	Ottawa	SR - Level III & above		
Oct 05	Sarnia	JR - Level I & II		
Oct 05	Burlington	JR - Level I & II		
Oct 05	Burlington	SR - Level III & above		
Oct 11	Etobicoke	JR - Level I & II		
Oct 11	Etobicoke	SR - Level III & above		
Oct 19	Durham	JR - Level I		
Oct 19	Durham	JR - Level II		
Oct 26	Hamilton	JR - Level I & II		
Oct 26	Hamilton	SR - Level III & above		
Oct 26	Thunder Bay	JR - Level I & II		

SPEAK OUT!				
	tion Services			
DATE	HOST ASSOCIATION			
Sep 12	Cornwall			
Sep 13	Thunder Bay			
Sep 18	London			
Sep 18	Mississauga			
Sep 27	Barrie			
Sep 30	Whitby			
Oct 01	North York			
Oct 02	Mississauga			
Oct 03	Fergus			
Oct 03	Stratford			
Oct 07	Stoney Creek			
Oct 09	Hamilton			
Oct 09	Aurora			
Oct 14	Etobicoke			
Oct 16	Burlington			
Oct 16	London			
Oct 20	Aurora			
Oct 21	Oakville			
Oct 22	Orangeville			
Oct 23	Halton			
Oct 24	Fergus			
Oct 27	Oakville			
Oct 27	Chatham			
Oct 28	Burlington			
Oct 30	Leaside			
Nov 17	Oakville			
Nov 24	Kanata			
Dec 10	London			

## **OWHA Development Programmes**

Clinic Type	Level	# Participants	# Clinics
Coaching (NCCP)	Coach	292	16
Coaching (NCCP)	Development 1	67	3
Speak Out (Prevention Services)		755	28
Trainers (HTCP)		561	23
Officiating (HCOP)	I	211	
Officiating (HCOP)	II	279	30
Officiating (HCOP)	III	88	30
Officiating (HCOP)	IV	16	
Officiating (HCOP)	V	3	
		2252	

TOTALS

2272 | 100

## **OWHA Officiating Programme**

Participant Type	# Female	# Male	Total
Total OWHA HCOP Registered Officials	393	884	1277
OWHA HCOP Clinic Attendees	335	290	625
OWHA HCOP Supervisors	21	19	40
OWHA HCOP Instructors	11	5	16
OWHA Referee-in-Chief	1	0	1

## 2008-09 OWHA HCOP Clinic Participants - by Gender

Female 53.6% Male 46.4%

# Officials certified at OWHA HCOP clinics = 625 # "Cross-Over" registered OWHA HCOP Officials = 663

Note: "Cross-Over" Officials are certified at a non-OWHA HCOP clinics and register with the OWHA

Congratulations to the following officials on achieving HCOP Level 4 or Level 5 through the OWHA.

Level 5 Mary Ann Gage

Level 4 or Level 5 through the OWHA.

Sylena Mutsaers
Darrin Dodds

Hey Players!
Have you ever thought
about
giving officiating a try?
Watch the OWHA website
for info on the
2009-10 Hockey Canada
Officiating Program (HCOP)
Clinics.

www.owha.on.ca





## What Message would players from the 2009 Clarkson Cup Championship give to young girls?

- ✓ Work hard and have fun
- ✓ Try your hardest. Never give up!!
- ✓ Always play with a smile
- ✓ Have fun
- ✓ Have a dream and stick to it no matter what obstacles you face
- ✓ You control your own destiny! Decide how you want to be pushed
- ✓ Surround yourself with people that make you happy. Hockey does that for me. When I'm not happy I'll be done playing. Do what makes you happy
- ✓ Don't let anyone tell you your limits. Find them out yourself
- ✓ Play with your heart because you love the game
- ✓ Have Fun!
- ✓ Believe in yourself and believe in your dreams. Don't listen to those who tell you you can't achive your dreams.
- ✓ Enjoy every minute. Always have fun
- ✓ Whatever your passion in life, follow it. Enjoy doing what you do
- ✓ Always have fun in everything you do!
- ✓ If you love it, put all you have into it, but make sure you're always having fun
- ✓ Sports can give you opportunities to travel the world, receive scholarships for school and make life long friends
- ✓ Play hard and have fun
- ✓ Never give up your dream no matter who tells you that it is impossible and that you are not good enough to play at a certain level. Work as hard as you can to make your goals happen, tat way you always know you gave everything you had
- ✓ Give every time your best and the most important thing is to have fun. It doesn't matter what you're doing. Have fun and give your best!
- ✓ Always enjoy your time in the game, never take it for granted and never take it too seriously. Be your best!!!
- ✓ Play for the love of the game. There are lessons that will be learned while playing sport that you will carry with you for the rest of your life. Cherish every moment. Even the difficult and challenging times, as this is when you learn most about yourself and how to deal with the unexpected times in life.
- ✓ Always have fun in what you do!
- ✓ Play for the love of the game!
- ✓ Have fun but play tough!
- ✓ Go for it and enjoy it!!
- ✓ Work hard and go for it!
- ✓ Don't ever be afraid to try new things. It's the only way you will discover your passion. And always HAVE FUN!
- ✓ Never give up
- ✓ Practice, practice, practice
- ✓ Have fun. "It's a slippery slope my friend!"
- ✓ Follow your dreams and never give up
- ✓ Being active is the best thing in the world.
- ✓ Great opportunity to develop other qualities like dedication, perseverance, etc.
- ✓ Go for it. It is the best life experience you can get,
- ✓ Keep going to school while playing your sport
- ✓ Find your passion and enjoy doing it.
- ✓ Sports is a great school of life. I encourage everyone to get involved in activities for good health and making friends



## Angela James - 2009 Canadian Sports Hall of Fame Inductee

The OWHA congratulates Angela James on her induction in the Canadian Sports Hall of Fame

Angela was born on December 22, 1964 in Markham, Ontario, Canada. During her career, Angela won more than 12 medals and 8 MVP awards at the Canadian National Championships. She also played for the Canadian Team in the first World Women's Championships in 1990 where she scored 11 goals in 5 games. The Canadian team, led by A.J won the gold medals in the first four IIHF World's Championships. She was a member of team Canada through the 1997 season. In her International career, A.J scored 22 goals and 14 assists in 20 games. She was considered as one of the most dominant players in women's hockey. As a superstar, she gave inspirations and also idolized by many younger players. She starred on many teams within the OWHA as she brought world-wide credibility to female hockey. Angela was also a top level coach and referee. Angela continues her career as the Director of Sports and Recreation at Seneca College. Congratulations and thank you!



## SINCERE THANKS TO A SPECIAL FRIEND AND TEAMMATE – Mayor Hazel McCallion



Mayor Hazel McCallion has been a very active member of the OWHA Board of Regents since the 1980's. She is admired and respected throughout the world as a public leader. She is a role model who inspires by her example. She has boundless energy and integrity. "Hazel" was likely the first professional female hockey player as she earned \$5.00 per game as centre with the Montreal Kik. Although she did not find a team when she made a business move to Toronto, she kept her love of the game.

Mayor McCallion has been a very active member of the OWHA. She attends numerous meetings, providing support and taking on action items to assist with the growth and development. Her support alone has brought credibility as, when she speaks people listen. It is amazing how women's hockey creeps in to most of her speeches! Thanks to Mayor McCallion's support, women's hockey was accepted as an Olympic sport.

The OWHA sincerely thanks Mayor Hazel McCallion!

## HOCKEY DEVELOPMENT CENTRE FOR ONTARIO

### **HDCO PENALTY FREE SWEEPSTAKES**

This marks the 22nd year of the Penalty Free Sweepstakes initiative, a promotion created by the members of the Hockey Development Centre for Ontario and supported by the Ontario Ministry of Health Promotion, to foster skills, safety, and sportsmanship in Canada's most popular sport. The success of the Sweepstakes program has also been made possible by the support of spokespersons Paul Henderson, Ron MacLean and Geraldine Heaney and by the generous contribution of all our corporate partners.

Congratulations to all OWHA teams who entered the 2009 Penalty Free Sweepstakes. To qualify, teams must have played a penalty free game between December 1, 2008-January 31, 2009. Since 1986 the Hockey Development Centre for Ontario program has attracted over close to 100,000 teams and over one million participants. The random draw was held on February 13<sup>th</sup> and OWHA winners were:

<u>Team</u>	<b>Division</b>	<u>Prize</u>
Port Hope Polar Bear	Peewee	Kobe Track Suits
Brampton HR Canada Red Bulls	Bantam	Laser Quest Team Party
Markham Stouffville Stars	Peewee	Laser Quest Team Party
Durham Dodge Bowmanville	Intermediate	Pizza Pizza Party
Durham Lightning (Maroon)	Peewee	Pizza Pizza Team Party
Brampton P&T Landscaping	Peewee	Pizza Pizza Team Party
State Farm Bowmanville	Novice	Pizza Pizza Team Party
Windsor Wildcats	Peewee	Pizza Pizza Team Party
Peterborough IceKats	Bantam	Ryr Sports Inc. Jerseys
Blenheim Blades	Atom	Viceroy Pail of Pucks

Results indicate that during the past twenty years the program has operated, 62% of more than 124, 864 entries received have either won or tied their penalty free game – a statistic that demonstrates the importance of staying out of the penalty box.

"HOCKEY PLAYERS AND TEAMS OF ALL AGES SHOULD PLAY BY THE RULES AND IN THE SPIRIT OF THE GAME. PLAY SAFE, HAVE RESPECT FOR YOUR OPPONENT AND ABOVE ALL ELSE, ENJOY YOUR TIME ON AND OFF THE ICE WITH YOUR TEAMMATES."

HDCO EXECUTIVE DIRECTOR WAYNE DILLON



## Quest for Gold

## Support your local Ontario athletes today and buy a Quest for Gold ticket!!!!





## SINCERE THANKS TO THE HONOURABLE MARGARET R. BEST AND THE ONTARIO MINISTRY OF HEALTH PROMOTION

On January 11, 2006 the Honourable Jim Watson, Ontario Minister of Health Promotion, announced the establishment of the *Quest for Gold* Program aimed at providing additional support to Ontario's amateur athletes. The *Quest for Gold* Program will be funded through net revenues generated from the new *Quest for Gold* lottery game that was also launched by the Ontario Lottery and Gaming Corporation (OLGC) and Minister Watson on January 11<sup>th</sup>.

The *Quest for Gold* Program will provide additional support to Ontario amateur athletes through direct financial support, access to high performance coaching and enhanced competitive opportunities and services for Ontario athletes. The overarching goal of the *Quest for Gold* Program is directly related to the Enhanced Excellence goals of both *ACTIVE2010* and the *Canadian Sport Policy* – to improve the performance and number of Ontario athletes performing at the national and international level, thereby contributing to the improved performance of Canada at international competitions.

The program has continued under the direction of the current Minister of Health Promotion, the Honourable Margaret R. Best.

## **Quest For Gold Program**

The *Quest for Gold* Program will provide additional support to Ontario amateur athletes through direct financial support, access to high performance coaching and enhanced competitive opportunities and services for Ontario athletes. The overarching goal of the *Quest for Gold* Program is directly related to the Enhanced Excellence goals of both *ACTIVE2010* and the *Canadian Sport Policy* – to improve the performance and number of Ontario athletes performing at the national and international level, thereby contributing to the improved performance of Canada at international competitions.

Direct financial support will be provided to eligible athletes from Ontario in the form of a living and training allowance. The *Quest for Gold* – Ontario Athlete Assistance Program will be provided through two carding designations – Canada Card and Ontario Card.

<u>Canada Card</u> - Eligibility limited to athletes from Ontario who are carded by Sport Canada. Canada Card will provide <u>up to</u> an additional 33% in funding over and above what an athlete is receiving from Sport Canada – dependant on funding available.

Ontario Card - Ontario Card will provide direct financial assistance to Ontario junior level athletes identified by Provincial Sport Organization/Multi-Sport Organizations.

## Sincere congratulations to the Ontario Women's Hockey Association's Quest for Gold Ontario Carded Athletes to March 31, 2009!

Sara Bauer	Bethany Clause	Elizabeth Kench	Sami Jo Small
Tamara Bell	Annie DelGuidice	Ashley Pendleton	Ashley Stephenson
Andrea Bevan	Kayla Hottot	Abby Rainsberry	Candice Styles
Mandy Cole	Andrea Ironside	Melanie Rothon	Jamie Tessier
Becky Conroy	Dayna Kanis	Katherine Shirriff	Kelly Walker

## CONGRATULATIONS CATHY PHILLIPS 2009 HOCKEY CANADA FEMALE HOCKEY BREAKTHROUGH AWARD Hockey Player, Hockey Coach, Hockey Pioneer, Inspiration

Sincere congratulations to Cathy Phillips, from Dundas, recipient of the 2009 Hockey Canada Female Breakthrough Award. The award is presented annually as Hockey Canada's Female Hockey Council proudly recognizes an individual, for their outstanding leadership and contribution to the advancement of Female Hockey in Canada. Nominees originate from fields of coaching, officiating, research, administration, marketing, promotion or events/special projects.

Cathy was born and raised in Burlington, Ontario. Cathy attended Burlington Central High School from 1974 to 1979 where she participated in both basketball and track and field. However, her primary interest in athletics was playing ice hockey and fastball for the local Burlington community teams.

Cathy's leadership in the game of women's hockey began in the early 1970's. She quickly rose through the ranks achieving many honours and M.V.P. awards along the way. She was voted Top Goaltender 14 times and Most Valuable Player twice during her years of play in the Central Ontario Women's Hockey League (COWHL), the fore-runner of the NWHL & CWHL.

Although she competed in two national fastball titles, her greatest accomplishments were as a goalie in ice hockey. For the next 7 years she would compete in the women's Canadian National Championships, earning 4 gold medals, 1 silver, and 2 bronze medals. To this day women's hockey enthusiasts still claim that Cathy was the best female goaltender of all time. She was also the winning goaltender at the 1st Women's World Hockey Tournament in 1987 and the 1st Women's World Championship in 1990. The Canadian public had witnessed the excellence of female hockey and, the excellence of Cathy Phillips.

Two months following the 1990 World Championship victory, Cathy faced a tougher opponent as she was diagnosed with a brain tumor that ended her elite playing career and threatened her life. Cathy faced her illness with the same determination that she showed as a player. Her positive attitude inspired her friends and family. To support Cathy in her recovery a special hockey game was organized. "Winning the Big One with Cathy Phillips" was held in Hamilton and raised money, at Cathy's request, for the Heart & Stroke Foundation.

The game featured NHL stars Ken Dryden, Darryl Sittler and Jim McKenny. Hamilton Ti-Cats Rocky Dipietro, Mike Kerrigan and Wally Zatylny switched from cleats to skates. Author & broadcaster Brian McFarlane, Ontario Minister of Sport Peter North and Prof Ed Ratushny laced them up to support Cathy. The men's team faced off against a women's team that included Meaghan Sittler (Darryl's daughter), Sarah Dryden (Ken's daughter), Cathy's Hamilton Golden Hawk teammates, Cathy's teammates from the 1990 Team Canada plus some young OWHA players. It was a wonderful evening for everyone and for women's hockey. Cathy's favourite player was unable to attend the game but a couple weeks prior to the event he rearranged his schedule and made a detour to Toronto just to meet Cathy. Vadislav Tretiak surprised Cathy with a visit. Her impact on the world of hockey was and continues to be far reaching.

Cathy continued her pioneering efforts by competing in the first ever OWHA Masters tournament in 2005. In 2007-2008 Cathy currently plays OWHA hockey tending goal at the Senior Recreational (or as she eagerly calls it "W-R-E-C-K") and Masters levels.

Cathy dedicates many hours to the world of women's ice hockey. Although she was not able to continue to play at the top level, she turned her efforts to what she could do – and she did it well. Cathy volunteers and speaks at local, national, and international venues, all in the interest of spreading the popularity of women's hockey around the world. She is indeed an inspiration to us all.

## Highlights

- 14 top goalie awards in 16 years of competition.
- 2 MVP league awards for COWHL (forerunner to NWHL & CWHL)
- Gold Medal 1st World Tournament –1987 (Toronto)
- Gold Medal 1st World Championship 1990 (Ottawa)
- Hockey Sweater hangs in the Hockey Hall of Fame presented in 1992
- Gold Medal Assistant Coach Team Ontario Canada Winter Games 1995

When Cathy's health prevented her from playing at the elite level she turned her focus to coaching, obtaining her NCCP Advanced I certification. Cathy has held coaching positions with the Hamilton Golden Hawks Sr AA, Mississauga Chiefs Sr AAA and most recently the Stoney Creek Intermediate AA team (2000-2006). Her coaching highlight was as an assistant coach for Team Ontario at the 1995 Canada Winter Games. Cathy has also participated in the OWHA Player Evaluator program.

In addition to coaching Cathy volunteered with the female hockey development programs at the following events:

1997 Women's World Hockey Championship - Kitchener, ON

1999 Esso Women's National Hockey Championship - Mississauga, ON

2000 Women's World Hockey Championship - Mississauga, ON

2002 Esso Women's National Hockey Championship - Arnprior/Renfrew, ON

2002 Four Nations Cup, Kitchener, ON

2005 Esso Women's National Hockey Championship, Sarnia, ON

2006 Four Nations Cup, Kitchener, ON

2007 CIS Nationals, Ottawa, ON

2007 U-18 National Women's Hockey Championship, Kitchener, ON

The development programs included Esso Fun Days, Coaching Clinics, Officiating Clinics, Intermission Features, Hockey Canada Schools Program, Breakfast of Champions, OWHA Goalie Clinics, Hockey Canada Skills Camps, Chevy Safe & FUN program, Hockey Canada Skills Program and more. Cathy's involvement in these events also included participation as a member of the host organizing committees. At the recent 2007 Women's World Championship in Winnipeg, Cathy eagerly accepted the invitation to speak to young aboriginal children. She challenged them (including the Moms) to get involved in hockey. More importantly she encouraged them to set goals and follow their dreams.

Cathy Phillips leads by example and is a very positive role model. Whenever asked, Cathy is thrilled to speak to youth and adults about female hockey. She seizes the opportunity to inspire them to have a positive outlook in both sport and more importantly in life. An example of this is the media conference held at a school to promote the 2006 Four Nations Cup in Kitchener. Cathy captivated over 200 elementary students and staff with her speech. She speaks of what hockey has added to her life. She also tells her physical challenges (from a brain tumour) and how you can turn challenges around to something positive.

Her efforts helped pave the way for future female hockey players and the many opportunities that young (and older) players enjoy today. She is an outstanding role model both on-ice and off-ice. As an elite hockey player, Cathy showed the commitment, training and excellence required for a world class athlete. She is an exceptional athlete whose performance brought the game of female hockey the credibility and exposure the athletes deserved. The game saw unprecedented growth after the 1990 World Championship.

Cathy exemplifies the Values of the Ontario Women's Hockey Association and female hockey throughout the world. She has always maintained a very positive attitude and dedicated her life to helping others.









## 2009 PWHL CHAMPIONSHIP WEEKEND NEWMARKET MAGNA CENTRE APRIL 18 - 19, 2009

www.pwhl.ca

Date	Time	Group	Home		Away	
Sat, Apr 18	12:15pm	Semi	Toronto	3	Bluewater	2
Sat, Apr 18	2:30pm	Semi	Ottawa	1	Durham	0
Sun, Apr 19	10:00am	Bronze	Durham	3	Bluewater	4
Sun, Apr 19	12:30pm	Gold	Toronto	3	Ottawa	5

Congratulations to the League Champions, Ottawa Senators.

The Ontario Women's Hockey Association also congratulates the PWHL on another successful season. We were pleased to highlight the PWHL Championships as part of the OWHA Provincial Championship weekend.



2009 CIS Women's Ice Hockey Championship March 19 - 22, 2009

St. Francis Xavier University, Antigonish, N.S.

## Pool A

McGill University
University of Manitoba
St Francis Xavier University

## Pool B

Wilfred Laurier University University of Moncton University of Ottawa

Day	Time	Pool	Home		Visitor	
Thurs, Mar 19	16:00	В	Laurier	6	Ottawa	1
	19:30	Α	McGill	2 OT	Manitoba	1
Fri, Mar 20	16:00	В	Moncton	2 OT	Ottawa	1
	19:30	Α	St FX	1	Manitoba	2 SO
Sat, Mar 21	16:00	В	Moncton	3	Laurier	5
	19:30	Α	St FX	1	McGill	5
Sun, Mar 22	10:00	5 <sup>th</sup> place	St FX	5 OT	Ottawa	4
	14:00	Bronze	Manitoba	2	Moncton	3 SO
	19:00	Gold	McGill	3	Laurier	1

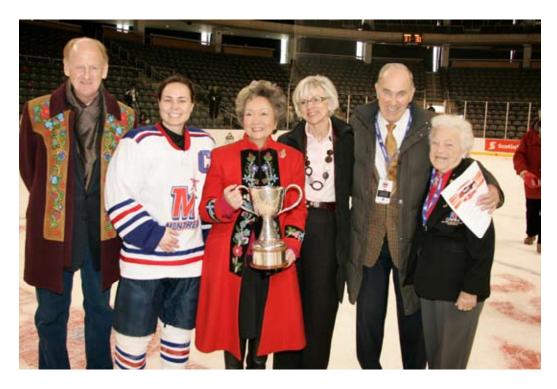
Congratulations to Wilfred Laurier University on their silver medal performance! Thanks to St Francis Xavier University on hosting the successful 2009 CIS Women's Hockey Championship.

## 2009 Canadian Women's Hockey League - Clarkson Cup Championship Kingston, Ontario March 19 – 21, 2009

## **CWHL/WWHL Championship**



Date	Home	Sc		Visitor	Sc
Mar19	Montreal Stars	3	Playoff	Minnesota Whitecaps	4(OT)
Mar19	Brampton Canadette-Thunder	4	Playoff	Calgary Oval X-Treme	3
Mar 20	Montreal Stars	4	Semi	Brampton Canadette -Thunder	1
Mar 20	Minnesota Whitecaps	2	Semi	Calgary Oval X-Treme	1
Mar 21	Minnesota Whitecaps	1	Final	Montreal Stars	3



Madame Clarkson presents the Clarkson Cup to Montreal Stars Captain Lisa Marie Breton







## 2009 WORLD WOMEN'S U18 HOCKEY CHAMPIONSHIP

Group A	USA	Germany	Russia	Sweden
Group B	Canada	Czech Republic	Finland	Switzerland

Gm #	Time	Group	Game
1	Jan-05	В	CZE 1 – FIN 2 (OT)
2	Jan-05	В	CAN 16 – SUI 1
3	Jan-05	Α	USA 17 – RUS 0
4	Jan-05	Α	SWE 8 – GER 1
5	Jan-06	В	CZE 7 – SUI 3
6	Jan-06	В	FIN 0 – CAN 6
7	Jan-06	Α	SWE 6 – RUS 1
8	Jan-06	Α	GER 0 – USA 11
9	Jan-07	В	SUI 4 – FIN 3
10	Jan-07	В	CAN 13 – CZE 0
11	Jan-07	Α	USA 9 – SWE 2
12	Jan-07	Α	RUS 5 – GER 2
13	Jan 09	PL	SUI 1 – GER 2 (OT)
14	Jan-09	Semi	CAN 6 – SWE 1
15	Jan-09	PL	RUS 1 – FIN 2
16	Jan-09	Semi	USA 18 – CZE 0
17	Jan-10	7th	SUI 2 – RUS 3 (OT)
18	Jan-10	5th	GER 1 – FIN 2
19	Jan-10	Bronze	SWE 9 – CZE 1
20	Jan-10	Gold	CAN 2 – USA 3 (OT)

## 2009 WORLD U18 WOMEN CHAMPIONSHIP FUSSEN GERMANY







#	Player/Coach	Р	Hometown/Prov	2008 - 2009 Team
20	Cassie Seguin	G	Ingleside, ON	Ottawa Senators (PWHL)
25	Roxanne Douville	G	Beloeil, QC	Lynx d'Edouard-Montpetit
2	Brigette Lacquette	D	Mallard, MB	Westman Wildcats (Midget AA)
3	Stefanie McKeough	D	Carlsbad Springs, ON	Ottawa Senators (PWHL)
4	Rayna Cruickshank	D	Cumberland, BC	North Island Edge (Midget AAA)
6	Saige Pacholok	D	Edmonton, AB	Edmonton Chimos (WWHL)
13	Kaleigh Fratkin	D	Burnaby, BC	Detroit Little Caesars (Midget AAA)
23	Laura Fortino	D	Hamilton, ON	Stoney Creek Sabres (PWHL)
6	Cassandra Langan	F	Chatham, ON	London Devilettes (PWHL)
7	Christine Bestland	F	Brunkild, MB	Balmoral Hall Blazers (Midget AAA)
9	Breann Frykas	F	East St Paul, MB	Detroit Little Caesars (Midget AAA)
10	Marie-Philip Poulin	F	Beauceville, QC	Blues de Dawson (Collegial AA)
11	Brianne Jenner	F	Oakville, ON	Mississauga Chiefs (CWHL)
12	Brittany Phillips	F	Lauder, MB	Westman Wildcats (Midget AA)
14	Jessica Campbell	F	Melville, SK	Pursuit of Excellence
15	Melodie Daoust	F	Valleyfield, QC	Selects (Midget AA)
16	Jamie Lee Rattray	F	Kanata,ON	Ottawa Senators (PWHL)
18	Laurie Kingsbury	F	Valleyfield, QC	Selects (Midget AA)
19	Jillian Saulnier	F	Halifax, NS	Stoney Creek Sabres (PWHL)
24	Jessica Wong	F	Baddeck, NS	Stoney Creek Sabres ( PWHL)
	Stephanie White	НС	Toronto, ON	Ryerson University (CIS)
	Danielle Goyette	AC	St-Nazaire, QC	University of Calgary (CIS)
	Caroline Ouellette	AC	Montreal, QC	Hockey Canada





Congratulations Team Ontario Red on winning the gold medal at the 2008-09 Under 18 National Championship! Team Ontario Red went through the preliminary round undefeated, beating Team Ontario Blue 2-1, Team Atlantic 2-1 and Team Saskatchewan 6-2. In the semi-final game, Team Ontario Red beat Team Manitoba 5-2. In the exciting gold medal game, Casandra Langan opened up the score 1-0 for Team Ontario Red in the first period. Team Quebec tied the score at 1-1 in the third period, which lead the two teams to an exciting battle in overtime! Team Ontario Red 's Brianne Jenner scored the winning goal to give Team Ontario Red the gold medal win.

Congratulations to Team Ontario Blue on an excellent championship. In the first game, Team Ontario Blue lost 2-1 despite a very solid performance against Team Ontario Red. Team Ontario Blue won their second game 3-1 against Team Saskatchewan and their third game against Team Atlantic 3-2. In the semi final game, Team Ontario Blue lost 5-4 in the close battle against the powerful Team Quebec. Team Ontario Blue finished 4<sup>th</sup> place overall at the championships, losing the bronze medal game to Team Manitoba 3-1.

		TEAN	M ONTARIO RED						
#	Name	Р	Hometown	2008-09 Team	#	Name	Р	Hometown	2008-09 Team
31	Cassie Seguin	G	Ingleside, ON	Ottawa Senators	1	Jenesica Drinkwater	G	Brantford, ON	Stoney Creek Sabres
63	Victoria Vigilanti	G	Woodbridge, ON	Mississauga Chiefs	37	Nicole Paniccia	G	Oakville, ON	Toronto Aeros
2	Stefanie McKeough	D	Carlsbad Springs, ON	Ottawa Senators	4	Sasha Nanji	D	Markham, ON	Mississauga Chiefs
7	Shannon Doyle	D	Baldwin, AB	Toronto Aeros		Lauren Kelly	D	Milton, ON	Stoney Creek Sabres
13	Bryanna Farris	D	Carleton Place, ON	Ottawa Senators	9	Aurora Kennedy	D	Mississauga, ON	Toronto Aeros
24	Hayleigh Cudmore	D	Oakville, ON	Oakville Ice	13	Erin Ambrose	D	Keswick, ON	Toronto Aeros
77	Laura Fortino "A"	D	Hamilton, ON	Stoney Creek Sabres	16	Shannon Stoneburgh	D	Pickering, ON	Durham West Lightning
91	Kailey Chappell	D	Pickering, ON	Durham West Lightning	18	Kathryn Miller "A"	D	Milverton, ON	Mississauga Chiefs
3	Casandra Langan "A"	F	Chatham, ON	London Devilettes	2	Bree Polci	F	London, ON	Toronto Aeros
4	Candice Styles	F	Orangeville, ON	Waterloo K-W Rangers	3	Alexandra Winkel	F	Espanola, ON	Toronto Aeros
8	Isabel Menard	F	Ottawa, ON	Ottawa Senators	5	Sally Butler	F	Etokicoke, ON	Toronto Aeros
10	Kayla Sullivan	F	Caledonia, ON	Stoney Creek Sabres	10	Kalley Armstrong "A"	F	Maple, ON	Toronto Aeros
11	Brianne Jenner "C"	F	Oakville, ON	Missisauga Chiefs	12	Jessica Vella "A"	F	Pickering, ON	Durham West Lightning
14	Kelly Terry	F	Whitby, ON	Whitby Wolves	17	Jessica Sorensen "C"	F	Ingersoll, ON	Waterloo K-W Rangers
17	Carly Mercer	F	Exeter, ON	Bluewater Hawks	19	Elizabeth Stathopulos	F	Toronto, ON	Durham West Lightning
19	Jenna McParland	F	Schreiber, ON	Toronto Aeros	20	Nicole Gifford	F	Ennismore, ON	Durham West Lightning
22	Heather Hughes	F	Stouffville, ON	Toronto Aeros	21	Hannah Armstrong	F	Sharon, ON	Markham-Stouffville
66	Jamie Lee Rattray "A"	F	Ottawa, ON	Ottawa Senators	22	Taylor Horton	F	St. Thomas, ON	Bluewater Hawks
89	Danielle Skirrow	F	Trenton, ON	Durham West Lightning	87	Theadora Imbrogno	F	Etokicoke, ON	Missisauga Chiefs
92	Ally Tarr Stacey Marnoch Darryl Giancola Kim Thompson Rob Stethem Bryan Chappell	F HC AC AC EM BR	London, ON	Bluewater Hawks	91	Jamie Hatheway Krista Black Dino Caggiula Stacey Colarossi Lisa Coates Joanne Innes	G HC AC AC EM BR	Trenton, ON	Durham West Lightning

## Congratulations to the following OWHA officials who attended the championship:

Referee: Sylena Mutsaers Lines: Vanessa Stratton, Kim Stephenson and Lisa Grison

The Ontario Women's Hockey Association congratulates all members of Team Ontario Red and Team Ontario Blue on excellence both on and off the ice.

Special thanks to the City of Napanee and the local volunteers, sponsors and fans.



#	Date	V	S	Н	S		#	Date	V	S	Н	S	
1	Nov 5-08	ВС	2	MB	3	В	10	Nov 7-08	ON-B	3	ATL	2	Α
2	Nov 5-08	SK	3	ATL	1	Α	11	Nov 7-08	QC	6	ВС	1	В
3	Nov 5-08	AB	2	QC	4	В	12	Nov 7-08	ON-R	6	SK	2	Α
4	Nov 5-08	ON-B	1	ON-R	2	Α	13	Nov 8-09	ATL	2	AB	4	7th
5	Nov 6-08	ВС	3	AB	2	В	14	Nov 8-09	SK	3	ВС	1	5th
6	Nov 6-08	SK	1	ON-B	3	Α	15 Nov 8-09		ON-B	4	QC	5	Semi
7	Nov 6-08	MB	3	QC	6	В	16	Nov 8-09	MB	2	ON-R	5	Semi
8	Nov 6-08	ATL	1	ON-R	2	Α	17	Nov 9-08	ON-B	1	MB	3	Bronze
9	Nov 7-08	AB	1	MB	4	В	18	Nov 9-08	ON-R	2	QC	1	Gold



## 2009 WORLD WOMEN'S CHAMPIONSHIP CONGRATULATIONS TEAM CANADA SILVER

Hameenlinna, Finland April 4-12, 2009



Group	Α		Group B	Group C
Japan			Canada	Finland
Russia			China	Kazakhstan
United	States		Sweden	Switzerland
Gm#	Time	Group	Game	Round
1	Apr-04	В	CHN 1 – CAN 13	Preliminary
2	Apr-04	Α	JPN 0 – USA 8	Preliminary
3	Apr-04	С	KAZ 0 – FIN 7	Preliminary
4	Apr-05	Α	RUS 3 – JPN 1	Preliminary
5	Apr-05	С	SUI 1 – KAZ 2	Preliminary
6	Apr-05	В	SWE 6 - CHN 1	Preliminary
7	Apr-06	Α	USA 8 – RUS 0	Preliminary
8	Apr-06	В	CAN 7 – SWE 0	Preliminary
9	Apr-06 C		FIN 6 – SUI 3	Preliminary
Gro	oup 1		Group 2	Group 3
United	States		Russia	Japan
Canada	a		Sweden	China
Finland			Kazakhstan	Switzerland
Gm#	Time	Group	Game	Round
10	Apr-08	2	SWE 9 – KAZ 0	Playoff
11	Apr-08	3	CHN 4 – SUI 5	Relegation
12	Apr-08	1	CAN 8 – FIN 0	Playoff
13	Apr-09	2	KAZ 2 – RUS 9	Playoff
14	Apr-09	3	SUI 3 – JPN 2	Relegation
15	Apr-09	1	FIN 0 – USA 7	Playoff
16	Apr-10	2	RUS 0 – SWE 8	Playoff
17	Apr-10	3	JPN 2 – CHN 1	Relegation
18	Apr-10	1	USA 1 – CAN 2	Playoff
40	A 40	_		

## FOUR NATIONS CUP CONGRATULATIONS TEAM CANADA SILVER

FIN 4 – SWE 1

USA 4 - CAN 1

Lake Placid, New York November 4 – 9, 2008



19

20

Apr-12

Apr-12

Bronze

Gold

Date	Home	Visitor	Game Type
Nov 4	CAN 6	FIN 0	Round Robin
Nov 4	USA 5	SWE 2	Round Robin
Nov 5	FIN 3	SWE 2	Round Robin
Nov 6	CAN 4	USA 2	Round Robin
Nov 7	SWE 2	CAN 1	Round Robin
Nov 7	USA 4	FIN 1	Round Robin
Nov 9	SWE 3	FIN 1	Bronze
Nov 9	USA 3	CAN 2	Gold

Bronze

Gold

## 2009 ESSO CUP CHAMPIONSHIP CONGRATULATIONS SCARBOROUGH SHARKS SILVER

HST - Calgary Flyers	WST – Westman Wildcats	ONT – Scarborough Sharks
ATL – Northern Stars	PAC – Edmonton Thunder	-



Gm			
#	Time	Round	Game
1	Apr 19-09	Preliminary	WES 3 – PAC 1
2	Apr 19-09	Preliminary	ONT 0 - HST 6
3	Apr 20-09	Preliminary	PAC 5 – ONT 1
4	Apr 20-09	Preliminary	ATL 1 – HST 6
5	Apr 21-09	Preliminary	WST 6 – ATL 0
6	Apr 21-09	Preliminary	HST 4 – PAC 2
7	Apr 22-09	Preliminary	ATL 2 – ONT 4
8	Apr 22-09	Preliminary	HST 6 – WST 3
9	Apr 23-09	Preliminary	ATL 0 – PAC 5
10	Apr 23-09	Preliminary	WST 1 – ONT 3
11	Apr 24-09	Semi-Final	WST 3 – PAC 2
12	Apr 24-09	Semi-Final	HST 2 – ONT 4
13	Apr 25-09	Bronze	PAC 2 – HST 3
14	Apr 25-09	Gold	ONT 2 – WST 5



#	Player/Coach	Р	Hometown/Prov
40	Ali Ponte	G	Richmond Hill, ON
43	Marissa Kozovski	G	Pickering,ON
4	Robyn Crummey	D	Pickering, ON
10	Alana Walker	D	Scarborough, ON
24	Megan Wickens	D	Toronto, ON
26	Carolyn Gummer	D	Pickering, ON
67	Justine Coll	D	Scarborough, ON
6	Gillian Beggs	F	Oshawa, ON
7	Julia Palozzi	F	Scarborough, ON
9	Sonja Weidenfelder	F	Toronto, ON
14	Kaitlyn Keon	F	Scarborough, ON
18	Emilie Canham	F	Scarborough, ON
19	Caitlin Mancini	F	Scarborough, ON
84	Annie Shapero	F	Toronto, ON
91	Erin Weston	F	Pickering, ON
93	Nina Mammoliti	F	Toronto, ON
	Dave Gwyn	HC	
	Bill Murphy	AC	
	Matt Weidenfelder	AC	
	Rob Crummey	AC	



## **OWHA Discipline Report**

### **Novice**

There were a total of 3 suspensions at the Novice Level, 2 suspensions at the Novice A level and 1 at the Novice B level. Of these 3 suspensions, 1 was given to a Coach

### Atom

There were 32 suspensions at the Atom Level. The Atom A level received the most suspensions with 11, which represents 34% of the suspensions. Disputing a Call was the most frequently called suspension with 10 or 31% of all Atom suspensions. Coaches received 19 of the 32 suspensions at the Atom level which represents 59% of all Atom level suspensions.

### Peewee

There were 146 suspensions at this level. This represents a 30% increase in the number of suspensions compared to last season. The Peewee AA level received the most suspensions with 38, which represents 26% of all Peewee suspensions. The Peewee A level followed next with 26 suspensions or 18%. Disputing a Call was the highest called suspension with 40 or 27% of all Peewee suspensions. Checking from Behind was the next highest with 20 or 14% of all suspensions. Coaches received 69 or 47% of all suspensions at the Peewee level.

### **Bantam**

There were 283 suspensions at this level. This represents an 11% decrease in the number of suspensions received last year. The Bantam AA level received the most with 71 suspensions or 25% of all Bantam suspensions. The next highest was Bantam A with 58 suspensions or 21%. The suspension called most often was Checking from Behind with 72 suspensions or 25%. The Bantam AA level received the most Checking from Behind suspensions with 22 or 31%. The next highest suspension called was Disputing a Call with 57 or 20%. Coaches received 77 or 27% of all suspensions at the Bantam level.

### Midget

There were 530 suspensions at the Midget level. This represents a 14% decrease in the number of suspensions received last year. The Midget AA level received the highest number of suspensions with 144 or 27% of all Midget suspensions. The next highest was the Midget A level with 115 or 22%. Checking from Behind was the suspension called most often with 97 or 18% of all Midget suspensions. The Midget AA level received the most Checking from Behind suspensions with 28 or 29%. This was followed closely by the Midget A level with 25. Coaches received 70 or 13% of all suspensions at the Midget level.

## Intermediate

The Intermediate Level received 166 suspensions. This represents the biggest decrease in suspensions from one season to the next with a 35% decrease over last year. The Intermediate AA level received the most suspensions with 65 or 39% of all Intermediate suspensions. The Intermediate A level received the next highest number of suspensions with 34% or 56. Checking from Behind was called most often at the Intermediate level with 31 or 19%. The Intermediate AA level received the most Checking from Behind suspensions with 19 or 61% of these types of suspensions. Coaches received 16 or 10% of all suspensions at this level.

### Senior

There were 180 Senior level suspensions. This represents a 23% increase in the number of suspensions received last year. The Senior A received the most at 80 or 44% of all Senior suspensions. The remaining suspensions were spread out fairly evenly amongst the other levels. Checking from Behind was called most often at the Senior Level with 27 or 15% of all suspensions at this level. The Senior A level received the most number of Checking from Behind suspensions with 11 or 41%. Coaches received 13 or 7% of all suspensions at the Senior level.

### Unknown Levels

There were 19 suspensions where the level was not identified.

### Referees

There were a total of 825 referees identified as having called the suspension penalties this year. Most of the penalties called were spread out amongst the referees. However, there were 8 referees who called 15 or more penalties. James Moody called the most with 23.

## Overall

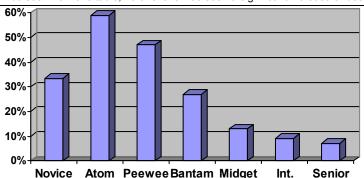
Overall this year there were 1359 suspensions called. This represents a slight decrease (7%) over last year where 1450 suspensions were called. The suspension called most often was Checking from Behind with 255, which represents 19% of all suspensions called. The Midget level received the most Checking from Behind suspensions with 97 or 38% of these types of suspensions. The next highest suspension called was Disputing a Call with 196 or 14%. The Bantam level received the most of these suspensions with 57 or 29%. This was followed closely by the Midget level with 56. Again this year, the Midget category received the highest number of suspensions with 530 of the 1359 or 39% of all suspensions. The next highest category receiving suspensions was Bantam with 283 suspensions or 21%. The Midget AA level received the highest number of suspensions with 144 or 11% of all suspensions. The next highest was the Midget A with 115 suspensions or 9%.

Coaching staff received a total of 273 or 20% of all suspensions. This represents a 4% decrease from last year where coaches were assessed 282 suspensions. The Bantam level coaches received the most with 77 or 28% of all Coach suspensions.

## **Comparison between Previous Years:**

	, v 10 u 5 1 c	ui J.						
2008/09	2007/08	2006/07	2005/0	6 2004	/05 2003/04	2002/03	2001/02	2000/01
1359	1450	1469	1326	135	1146	971	934	795
Novice	Atom	Peewee	Bantam	Midget	Intermediate	Senior	Unknown	Total
3	32	146	283	530	166	180	19	1359
5	36	112	313	603	223	146	12	1450
8	27	115	332	621	210	139	8	1469
3	33	113	299	580	196	99	3	1326
2	23	105	327	497	250	135	12	1351
1	28	80	286	426	186	107	32	1146
	2008/09 1359 Novice 3 5 8 3	2008/09 2007/08 1359 1450 Novice Atom 3 32 5 36 8 27 3 33 2 23	1359     1450     1469       Novice     Atom     Peewee       3     32     146       5     36     112       8     27     115       3     33     113       2     23     105	2008/09         2007/08         2006/07         2005/0           1359         1450         1469         1326           Novice         Atom         Peewee         Bantam           3         32         146         283           5         36         112         313           8         27         115         332           3         33         113         299           2         23         105         327	2008/09         2007/08         2006/07         2005/06         2004           1359         1450         1469         1326         135           Novice         Atom         Peewee         Bantam         Midget           3         32         146         283         530           5         36         112         313         603           8         27         115         332         621           3         33         113         299         580           2         23         105         327         497	2008/09         2007/08         2006/07         2005/06         2004/05         2003/04           1359         1450         1469         1326         1351         1146           Novice         Atom         Peewee         Bantam         Midget         Intermediate           3         32         146         283         530         166           5         36         112         313         603         223           8         27         115         332         621         210           3         33         113         299         580         196           2         23         105         327         497         250	2008/09         2007/08         2006/07         2005/06         2004/05         2003/04         2002/03           1359         1450         1469         1326         1351         1146         971           Novice         Atom         Peewee         Bantam         Midget         Intermediate         Senior           3         32         146         283         530         166         180           5         36         112         313         603         223         146           8         27         115         332         621         210         139           3         33         113         299         580         196         99           2         23         105         327         497         250         135	2008/09         2007/08         2006/07         2005/06         2004/05         2003/04         2002/03         2001/02           1359         1450         1469         1326         1351         1146         971         934           Novice         Atom         Peewee         Bantam         Midget         Intermediate         Senior         Unknown           3         32         146         283         530         166         180         19           5         36         112         313         603         223         146         12           8         27         115         332         621         210         139         8           3         33         113         299         580         196         99         3           2         23         105         327         497         250         135         12

As can be seen from this table, no one level has seen a significant increase or decrease over last year.



## % of Coaching Suspensions by Division

## Example

Of the three (3) Novice division suspensions in 2008-09, one (1) suspensions were assessed to coaches (33%).

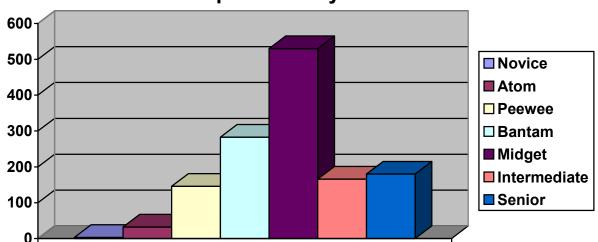
## Interesting Facts:

2.28% of OWHA players received at least one suspension 6.84% of OWHA coaches received at least one suspension

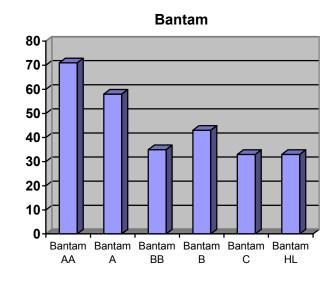
0.28% of OWHA players received multiple suspensions 0.63% of OWHA coaches received multiple suspensions

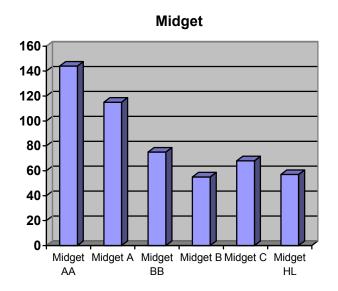
## **SUSPENSIONS BY DIVISION**

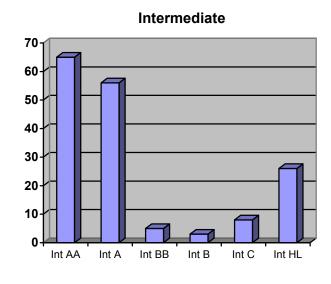
## **Suspensions by Level**



# Peewee 40 35 30 25 20 15 10 Peewee Peewee Peewee Peewee Peewee Peewee AA A BB B C HL







## **OWHA Discipline by Infraction / Division and Category**

	0	WH	A S	and	ction	าร				onduct Game Misconduct Penalties Penalties						Fighting Penalties						5	CF	В				
NAME	GM33 (COACH - Auto if GM33 to playe	llegal Player	Coach Using Illegal Player	Code of Conduct Sanction	Additional Games (Hearings)	GM (2nd Major Penalty same game)	M20 (Misconduct)	M21 (Misconduct)	M22 (Misconduct)	M34 (Misconduct)	M35 (Misconduct)	M71 (Misconduct - Hit to Head)	League Imposed GM	League Imposed GM	GM26 (2 Misconducts - Same Game)	GM (Game Misconduct Unspecified)	GM20 (Disputing a Call)	GM21 (Abusive Language)	GM28 (Interference from Bench)	GM30 (Fighting)	INS36 (Instigator)	AGG37 (Aggressor)	GM31 (2nd Fight same stoppage)	GM32 (Third Man In)	GM32 (Peace Maker)	GM33 (Leaving the Bench)	GM50 (Check From Behind (Minor))	GM51 (Check From Behind (Major))
Novice A																	Ŭ	1			_	_					1	-
Novice B TOTAL - NOVICE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1	0
	U	U	U	U	U	U	U	U	U	U	U	U	U	U	U	U		_ '	U	U	U	U	U	U	U	U		Ů
Atom AA Atom A			1														1 5										2	$\vdash$
Atom BB			1														3	2										$\Box$
Atom B									2																		1	
Atom C								_									1											$\sqcup$
Atom HL								2										1										$\vdash\vdash$
Atom Unknown TOTAL - ATOM	0	0	2	0	0	0	0	2	2	0	0	0	0	0	0	0	10	5	0	0	0	0	0	0	0	0	3	0
Peewee AA	Ť	Ě	1	Ť	Ě	2		Ī	Ī	Ť	Ť	1	Ě	Ě	Ť	Ě	6	1	Ť	Ť	Ť	Ħ		Ť	Ť	Ť	7	$\blacksquare$
Peewee A			<u> </u>			1	2					<u>'</u>			1		7	3									4	-
Peewee BB							2		1						1		6										2	-
Peewee B							1										7	3									2	
Peewee C																	7	5									1	$\vdash$
Peewee HL			1			3	1										7	4 1									- 1	$\vdash$
Peewee Unknown TOTAL - PEEWEE	0	0	2	0	0	6	7	0	1	0	0	1	0	0	2	0	40	17	0	0	0	0	0	0	0	0	1 17	-
	Ť	Ŭ	_	Ť						Ť	Ť	Ė	Ŭ	Ŭ		Ŭ			_			Ť			Ť	Ť		Ħ
Bantam AA Bantam A			1		1	2	3	1	1			1					10 10	7		7	1			1	1		18 11	-
Bantam BB			1		1		5	1	·			1					10	3			·				·		7	-
Bantam B			1		1	1	2					3					9	5		4							7	
Bantam C						1	1	2				1					8	3									9	2
Bantam HL			1	2	1		1	1									6	4		9	1						4	
Bantam Unknown TOTAL - BANTAM	0	0	4	2	4	4	16	8	2	0	0	6	0	0	0	0	57	24	0	23	3	0	0	1	1	0	3 <b>59</b>	2 <b>13</b>
		_	_		_					Ť				_	Ť	_			_						Ė			
Midget AA Midget A	1					3		8	4		2	3 4					15 10	9		11 6	3	2	1	3		1	23	-
Midget BB			1	1		J	11	3	3			7			2		5	3		6				1			18	-
Midget B						1	4	3								1		2									9	-
Midget C		1	2		1	1	8	3	1				4	2	1		12	4		2						1	6	2
Midget HL					1	2	5		3	1					2		7	6		7							1	1
Midget Unknown TOTAL - MIDGET	1	1	3	1	2	10	52	17	2 <b>19</b>	1	2	1 8		2	5	1 2	2 <b>56</b>	32	0	6 <b>38</b>	1 4	2	1	4	0	2	78	19
						10									5				U	30	4		_ '	4	U			Ħ
Intermediate AA			1		1		5 7	5 7	4		2	3			- 1		6	1		-	2						18	-
Intermediate A Intermediate BB							1	1	5			1			1		3	2		5 1	2						4	3
Intermediate B																												
Intermediate C									4																		1	1
Intermediate HL			1			1	2		2					1			1			5				2			1	-
Intermediate Unknown	0	0	2	0	1	1	16	42	15	0	2	_	0	4	1	0	1 11	•	0	11	2	0	0	2	0	0	24	7
TOTAL - INTERMED.	U	U	2	U		1		12	15	U	2	4	U	1	1	U	11	3	U	17	2	U	U	2	U	U		Ħ
Senior AA Senior A			4		1	2	1	7	-			2		_	1		_	1	0	4						1	11	-
Senior A Senior BB			2		1		6	1	5					1			6	11	2	4						-	11	-
Senior B			<u> </u>		Ė		3		2								3	1									6	
Senior C			1					1										1									2	
Senior Rec							1										3	3		2		1						Ш
Senior HL						1	4	2								1	3	5		2								$\vdash$
Senior Masters Senior Unknown																	1	2		2								$\vdash$
TOTAL - SENIOR	0	0	4	0	3	3	15	11	7	0	0	2	0	1	1	1	16	24	2	10	0	1	0	0	0	1	27	0
UNKNOWN - TOTAL	Ť	Ĕ	1	Ť	Ĕ	1	1		Ė	Ť	j	Ē	Ĕ	Ė	Ė	1			Ē	Ë	Ĕ	Ħ	Ť	Ť	Ť	Ħ	4	
	_	<u> </u>			<u> </u>					_			_		_									_				Ħ
TOTAL	1	1	18	3	10	25	107	50	46	1	4	21	4	4	9	4	194	106	2	82	9	3	1	7	1	3	213	42

## **OWHA Discipline by Infraction / Division and Category**

							Ma	jor	Pen	alti	es							N	G Nisc	iros		s		N	/latc	h P	ena	ltie	s		
NAME	GM53 (High Stick)	GM54 (Cross Checking)	GM55 (Slashing)	GE56 (Game Ejection)	GM57 (Boarding / Body Checking)	GM58 (Elbowing / Kneeing)	GM59 (Charging)	GM64 (Trash Talking)	GM71 (Head Checking)	GM73 (Tripping)	GM74 (Interference)	GM75 (Holding)	GM76 (Hooking)	GM77 (Roughing)	GM79 (Refusing to start play)	GM81 (Leaving Bench)	GM99 (Miscellaneous)	GRM60 (Travesty Game)	GRM61 (Obscene Gestures)	GRM63 (Discriminatory Slurs)	GRM64 (Trash Talking)	GRM99 (Miscellaneous)	MP25 (Physical Abuse of Official)	MP40 (Intent to Injure)	MP41 (Deliberate Injury)	MP42 (Butt Ending)	MP44 (Hair Pulling)	MP45 (Kicking)	MP52 (Checking from Behind)	MP72 (Head Checking)	TOTAL Game/Gross/Match
Novice A									0														_	_	_	_	_	_	_	_	2
Novice B			1																												1
TOTAL - NOVICE	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Atom AA					1																										2
Atom A					2									_														1			11
Atom BB Atom B										1				1																	7
Atom C																1															2
Atom HL																												1			5
Atom Unknown																															1
TOTAL - ATOM	0	0	0	0	3	0	0	0	0	1	0	0	0	1	0	1	0	0	0	0	0	0	0	0	0	0	0	2	0	0	32
Peewee AA	1	3		1	6	_			1					1	1			1				1						2			38
Peewee A		1			4																								1		26
Peewee BB		2	-		5 3	_				1	4		1	1	-									-				1			21 21
Peewee B Peewee C		2			3	2					1																	1			14
Peewee HL				2	1	1												3						1				- 1			24
Peewee Unknown				_		Ė												Ĭ													2
TOTAL - PEEWEE	1	6	0	3	19	3	0	0	1	1	1	0	1	2	1	0	0	4	0	0	0	1	0	1	0	0	0	4	1	0	146
Bantam AA	1				3				1	2				1				1		1								3			71
Bantam A	2		2		7					1				2														2			58
Bantam BB					3			1		1														1							35
Bantam B			2		2	_								1				4										1			43
Bantam C Bantam HL	1				3 1				1					1					1												33 33
Bantam HL Bantam Unknown														1					- 1												10
TOTAL - BANTAM	4	0	4	0	19	1	0	1	2	4	0	0	0	1	0	0	0	5	1	1	0	0	0	1	0	0	0	6	0	0	283
Midget AA	2	5			12		1	1		1		1	1	3				14			1	5					1	2			144
Midget A	3		_		12	+	2	<u>'</u>	1			•		1			1	5	1		•	J					Ċ	4	1		115
Midget BB	1		2		4	1				1	1			3				2										5			75
Midget B	3	1	1		7					3	1							2											1		55
Midget C	1	3			4	+								3						1				1				3			68
Midget HL	2		3		4					1				1				1					2	1	2	1		3			57
Midget Unknown TOTAL - MIDGET	12	12	7	0	43	2	3	1	1	7	2	1	1	11	0	0	1	24	1	1	1	5	2	2	2	1	1	1 18	2	0	16 <b>530</b>
	14											_			U	U			Ë	=	_	3					=		_		
Intermediate AA Intermediate A		3 2	3		3	+	1	-	1	1				3	_	1	1	1 2	-			-		_		1	$\vdash$	1		1	65 56
Intermediate A					1	<del>- '</del>			1	- 1				3		-		- 2										1		H	56
Intermediate B							1				1				1																3
Intermediate C					1																							1			8
Intermediate HL	1	2		1	1	<u> </u>			1	1																		2			26
Intermediate Unknown		-	_		40	_	_	_		•	_	_	_	_	<u> </u>	_	_	_	_	_	_	_	_	_	_	_		_	_		3
TOTAL - INTERMED.	1	7	3	1	10		2	0	4	3	1	0	0	3	1	1	1	3	0	0	0	0	0	0	0	1	0	5	0	1	166
Senior AA		_		_	1	+			_		_			_			_	2													11
Senior A Senior BB	2	1	-	1	1	_			1		1			5	-		2	3						-						1	80
Senior B		1		1															1											H	18
Senior C		1			2		1						1	1				1	1												13
Senior Rec					2		2											1					1								16
Senior HL			1		2					1								2													24
Senior Masters					1	1							1	-			_	_	-											Щ	4
Senior Unknown	2		_	_	1	+	_	_		_	_	_	_	_	_	_	_	_	_	_	_	_		_	_	_		_	_		6 <b>180</b>
TOTAL - SENIOR	4	3	1	2	12		3	0	1	1	1	0	2	6	0	0	2	9	2	0	0		1	0	0	0	0	0	0	1	
UNKNOWN - TOTAL		1			1	lacksquare	2			1	1						L	L				1									19
TOTAL	22	29	16	6	107	9	10	2	9	18	6	1	4	30	2	2	4	45	4	2	1	7	3	4	2	2	1	35	3	2	1359



## **INJURY REPORTS**



The following charts provide statistics derived from the Hockey Canada Injury Report forms &/or HDCO Injury Report surveys received at the OWHA office in 2008-2009. The injury reports "By Division" and "By Injury Type" charts include statistics from the previous seasons for comparison purposes. Registration growth in "# of Players by Division" can be found in the OWHA registration report.

Injury Reports - by Division

DIVISION			CON	/IPETI	TIVE					HOUS	SE LE	AGUE			2008-09
Season	02-03	03-04	04-05	05-06	06-07	07-08	08-09	02-03	03-04	04-05	05-06	06-07	07-08	08-09	TOTALS
Novice	2	1	1	0	0	4	2	0	2	2	3	1	1	1	3
Atom	9	9	10	8	12	4	13	12	1	4	3	5	4	3	16
Peewee	25	30	29	24	21	24	26	14	9	8	7	7	9	12	38
Bantam	35	38	43	60	59	63	72	15	10	8	12	7	5	14	86
Midget	42	42	72	64	69	79	91	9	11	7	11	21	13	14	105
Intermediate	18	41	41	33	30	12	20	2	3	1	6	4	3	1	21
Senior	32	53	23	34	35	12	28	17	16	13	20	21	11	15	43
Masters							-					1		-	-
Officials (On-Ice)	1	5	0	6	4	2	2	0	2	0	0	0	0	-	2
Staff	0	0	0	2	3	1	1	0	0	0	1	2	0	-	1
TOTALS	164	219	219	231	233	201	255	69	54	43	62	69	46	60	315

Reported Injuries - by Injury Type

Reported injuries – by injury Type															
INJURY	# Reported Injuries by Season						INJURY	# Reported Injuries by Season							
TYPE	08-09	07-08	06-07	05-06	04-05	03-04	02-03	TYPE	08-09	07-08	06-07	05-06	04-05	03-04	02-03
Chin	0	0	0	0	0	0	0	Face	6	1	5	1	0	3	1
Dehydration	0	0	0	0	0	1	0	Groin	5	1	7	2	4	2	3
Ear	0	0	0	0	1	0	0	Hip	6	2	10	9	9	11	3
Internal Injury	0	0	1	0	0	1***	0	Finger	7	3	9	13	2	2	0
Jaw	0	0	0	1	4	2	0	Hand	6	3	9	11	9	6	4
Mouth	0	0	0	1	0	3	0	Arm	6	5	4	7	9	8	11
Nose	0	0	1	0	1	0	0	Head/Skull	2*	5*	13*	15*	16*	8*	47**
Pelvis	0	0	0	0	1	0	0	Ribs	6	5	3	14	3	6	4
Shin	6	0	6	6	2	5	1	Elbow	9	6	5	7	4	4	5
Spine	0	0	1	1	6	1	0	Foot	16	6	14	12	4	6	9
Sternum	1	0	0	0	1	1	0	Thigh	5	6	10	2	3	3	2
Tailbone	2	0	0	2	2	1	2	Ankle	5	9	17	8	9	15	8
Thumb	2	0	0	3	2	2	0	Collarbone	9	9	7	9	11	3	3
Chest	3	1	0	4	2	5	4	Wrist/Forearm	22	20	38	24	13	25	15
Leg	4	1	2	4	11	5	13	Back	30	28	31	41	20	41	30
Throat	5	2	1	3	3	0	0	Shoulder	32	31	37	29	30	22	20
Eye	4	3	0	2	0	2	0	Neck	23	34	45	69	28	43	38
Teeth/Dental	1	3	3	0	1	3	3	Knee	41	40	39	33	41	46	25
Abdominal	2	4	2	2	1	3	1	Concussion	89	63	62	68	41	35	

<sup>\*</sup> Concussion statistic listed separately

## Reported Injuries by Month (%)

				50.10	<u>aja</u>		******	70/			
	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr
2008-2009	.34	0	1.65	7.92	16.17	25.74	10.56	16.83	13.86	4.95	1.98
2007-2008	0	0	.45	7.69	17.81	19.02	11.33	17.00	13.36	10.52	1.65
2006-2007	.33	0	.33	6.29	10.93	22.52	16.56	15.56	16.56	5.30	5.63
2005-2006	0	0	0	5.10	17.35	22.79	12.93	11.90	18.37	6.46	5.10
2004-2005	0	0	.78	4.65	18.99	22.09	8.14	17.44	17.05	8.53	2.33
2003-2004	0	0	.74	5.15	9.19	27.57	9.93	14.34	20.22	6.25	6.62
2002-2003	.43	0	.86	6.01	12.88	24.46	15.88	14.59	13.30	8.15	3.43

<sup>\*\*</sup> Number includes concussions

<sup>\*\*\*</sup> Internal injury as a result of a car accident on way to a game



## REGISTRATION - FEMALE HOCKEY 2009/2010- Hockey Canada

\*Ontario (OWHA) statistics are the numbers of girls and women playing female hockey (on female teams). All other reported statistics are the number of girls and women who play minor, junior or female hockey.

	INITIATION	NOVICE	АТОМ	PEEWEE	BANTAM	MIDGET	INT/JR/JUV	SR/ADULT	SCHOOL	OTHER	SLEDGE	TOTAL
всн	84	1190	942	1030	828	1,236	76	1336	0	0	0	6,722
HA	626	1078	991	1043	982	1,344	96	1914	228	132	4	8,438
НМ	27	837	769	792	662	646	111	191	24	78	0	4137
HNB	174	239	255	347	296	319	5	200	0	3	0	1,838
HNL	125	188	166	206	178	340	0	2	2	106	1	1,314
HN	30	47	58	42	24	52	0	219	8	7	0	487
HNS	216	377	444	503	429	348	0	327	0	31	0	2,675
HPEI	100	121	165	276	268	342	0	180	0	5	0	1,457
HQ	6	1240	979	1145	1158	1153	492	23	220	0	0	6,416
SHA	352	609	675	711	577	790	18	310	20	37	0	4,099
OWHA	640	3499	5056	6730	6814	6241	2646	5943	244	0	14	37827
TOTAL	2380	9425	10500	12,825	12216	12,811	3444	10645	746	399	19	75,410

BCH - British Columbia Hockey

HA – Hockey Alberta SHA – Saskatchewan Hockey Association

HM - Hockey Manitoba

HQ - Hockey Quebec

HNB - Hockey New Brunswick HNS - Hockey Nova Scotia

HPEI - Hockey Prince Edward Island

HNL - Hockey Newfoundland & Labrador

- Hockey North HN



## **NATIONAL UNDER-18 TEAM PROGRAM (Tentative)** All Events Are Invitation Only – Players Born 1992 & 1993 (Select 1994) Program Activities & Proposed Schedule – 2009-2010

May7-10, 2009	Strength & Conditioning/Skating Camp	Calgary, AB
July 23-30, 2009	July Selection Camp	Calgary, AB
Aug 20-28, 2009	Series vs USA	Calgary, AB
Nov 4-8, 2009	U-18 National Championship – Provincial Teams	Surrey, BC
March 15-29, 2010	U18 World Championship Pre Competition Camp	USA
	U18 World Championship	

## NATIONAL UNDER-22 TEAM PROGRAM (Tentative)

All Events Are Invitation Only - Players Born 1988, 1989, 1990, 1991 plus select 1987-1984 Program Activities & Proposed Schedule – 2009-2010

April 30- May 3, 2009	Strength & Conditioning/Skating Camp	Calgary, AB
Aug 7-16, 2009	U22 Selection Camp	Calgary, AB
Aug 16-23, 2009	Competition	Calgary, AB
Jan 3-10, 2010	MLP Cup	Ravensburg, Germany

## **CANADIAN NATIONAL WOMEN'S TEAM (Tentative)** Proposed Schedule - 2009-2010

Aug 31 – Sept 6, 2009	Hockey Canada Cup	Vancouver, BC
October 5, 2009	Canada vs USA	Save-On-Foods Memorial Centre , Victoria, BC
October 16, 2009	Canada vs USA	Spokane Arena, Spokane, Washington
December 12, 2009	Canada vs USA	Magness Arena, Denver, Colorado
December 15, 2009	Canada vs USA	Pengrowth Saddledome, Calgary, Alberta
December 30, 2009	Canada vs USA	Xcel Energy Center, St. Paul, Minnesota
January 1, 2010	Canada vs USA	Scotiabank Place, Ottawa, Ontario
February 13-25, 2010	Winter Olympic Games	Vancouver, BC

## FRIENDS OF THE OWHA

The Ontario Women's Hockey Association would like to extend a sincere thank you to the three Ontario Branches for their support.



The Ontario Women's Hockey Association would like to express our sincere gratitude to Judy Bain and the Board of Directors of Hockey Northwestern Ontario. We have enjoyed a very positive relationship over the past season and look forward to a very positive future together.



The Ontario Women's Hockey Association would like to express our sincere gratitude to Richard Waldroff, and the Board of Directors of the Ottawa District Hockey Association. We enjoy very positive dialogue with members of the ODHA and look forward to moving forward with respect and support.



The Ontario Women's Association would like to express our sincere gratitude to Joe Drago and the Board of Directors of the Ontario Hockey Federation. We appreciate the opportunity to work with the Member Partners who are: Alliance Hockey, Greater Toronto Hockey League, Northern Ontario Hockey Association, Ontario Hockey League and the Ontario Minor Hockey Association.



The Ontario Women's Hockey Association is a member of Hockey Canada and Hockey Development Centre for Ontario





## 2009 NATIONAL ABORIGINAL HOCKEY CHAMPIONSHIPS



## May 3 – May 9, 2009 Winnipeg, Manitoba

## **Ontario South - SILVER**

Allev Bero Akwesasne Katie Bero Akwesasne Olivia Cook Akwesasne Akwesasne Karley Cree Doolittle Six Nations Chelsea Jenesica Drinkwater Six Nations Edwards Hiawatha Taylor Ford Tvendinaga Kavla Savannah Francis Akwesasne Toni Garrow Akwesasne Brianne Jacobs Curve Lake Amanda King Akwesasne Skylar King Akwesasne Denise Miller Six Nations Brittney Jo Moffat Curve Lake Mallory Rose Curve Lake Larri-Lee Skidders Akwesasne Tameka Thompson Akwesasne Timmons Akwesasne Sky

## **Ontario North**

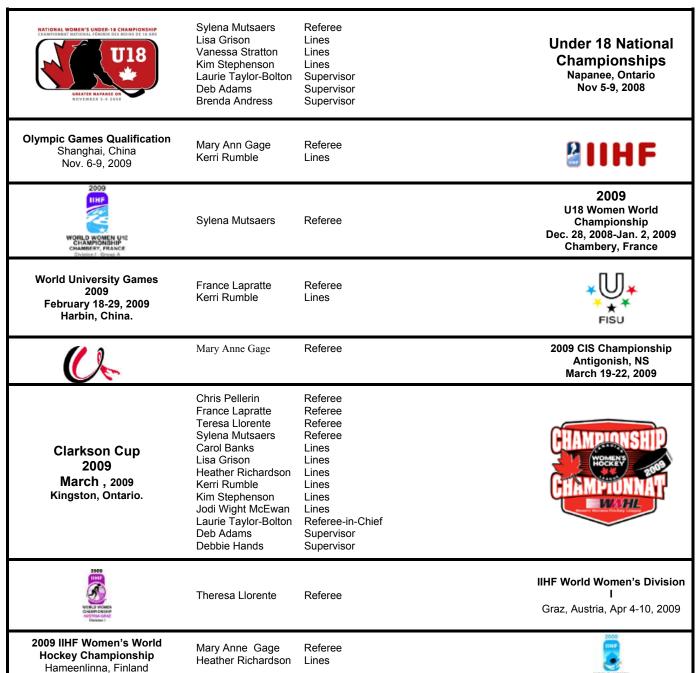
Harmony Babstock Wikwemikong Babstock Wikwemikong Kelly Sara Brady Red Rock Kylie Cornell Fort William Tara Dantouze Sheguiandah Amber Debassige M'Chigeeng Long Lac Savanna Gamache Gardner Eagle Lake Kayla Debra Kakeway Kenora Robyn Houle Wauzhushk Onigum Mallory Lesage Garden River Wikwemikong Natasha Lewis Geri-Lynn Manitowabi Wikwemikong Mann Jacinda Wawa McGregor Bailey Whitefish River Rikki Restoule Nipissing Danielle Rozon Parry Sound Melissa Seamont North Bay Sheema Taylor Wasauksing Reanne Zach Garden River

The National Aboriginal Hockey Championships was created by the Aboriginal Sport Circle to provide elite Aboriginal hockey players fourteen to twenty with their own national tournament. With athletes from all over Canada participating, the annual National Aboriginal Hockey Championships helps to foster cultural unity and pride as well as celebrating these young athletes' abilities. At the 2009 Championships in Winnipeg, Manitoba both teams advanced to medal games. Team Ontario South lost to Manitoba 6-4 to capture the silver medal. Team Ontario North lost the bronze game 4-2 to Saskatchewan.

CONGRATULATIONS
TEAM ONTARIO SOUTH
SILVER MEDALISTS

## **OWHA Officials – Special Event Assignments**

Congratulations to the following OWHA Game Officials and Supervisors on your prestigious assignment to National and International competition.





April 4 -12, 2009



## HOCKEYPOEM

The faces change from year to year Old players leave and shed a tear The younger girls take on the task. Traditions held behind the mask.

Friendships both off and on the ice Coaches and parents who sacrifice Travel in winter is sometimes rocky But we do it all for the love of hockey

A lifestyle that many don't understand Hockey parents across the land Years of driving, cheering and pride I'm glad I was there for the ride

Our daughters, now young women
No longer need to be driven
But lessons learned and goals achieved
We'll remember those who believed

In a group of girls who came to play
Different ages along the way
From different teams and different towns
Their spirit and strength knew no bounds

Losses and wins taken in stride Ending the year, coming from behind Another season, memories will last Teammates always a part of our past

For some it's time to say goodbye
To winters spent on the fly
For those who remain remember the days
When our coaches called out the plays

Take those lessons and use them well What your future holds only time will tell As different goals replace the puck We wish you all the best of luck

By: Karen Metcalf, Belleville

www.owha.on.ca



## **SEASON TO REMEMBER**

## Team Ontario Red U18 National Champions



## **Team Ontario Scarborough Sharks National Midget Silver Medalists**

