



INTRODUCTION TO THE FIRST SHIFT



The NHL/NHLPA FIRST SHIFT program is designed to ensure a positive experience for new-to-hockey families. We want families to experience the game at its best — to understand why so many Canadians feel an inherent love for the sport, and to stimulate a desire for continued participation. We want to take away any intimidation as it relates to equipment requirements, and/or rules of the game, remove potential safety concerns, and most importantly, provide an experience that is memorable and fun.

GOALS OF THE FIRST SHIFT PROGRAM

Hockey Canada believes in all hockey has to offer kids, their families and our communities. We designed the NHL/NHLPA FIRST SHIFT program to facilitate entry into hockey by offering a program that is ACCESSIBLE, AFFORDABLE, SAFE, and most importantly, FUN! We cannot wait to help your kids fall in love with hockey.

Click the banner below to learn more about the NHL/NHLPA First Shift Program.

