



## **Southern League Championship Game Day Rules Westwood Arena - March 29, 2025**

- Teams that play one hour games will play a 10-10-12 game. Teams that play a 90 minute game will play 15-15-15 minute game with a second period flood.
- One time out permitted only during the game and no timeouts allowed in overtime.
- If the game ends in a tie we will follow with a 5 minute over time sudden victory, 4 on 4 (plus the goalie).
- Penalties will carry over into the overtime

### **SHOOT-OUT RULES**

1. If the game is still tied at the end of overtime, we will proceed with a 5-player shootout immediately after overtime with no time out. Each team selects five different shooters to go for the five rounds of the shootout, each team shoots once per round. Players alternate shot attempts in the five-round shoot-out, skating alone down the ice in attempt to score on the opposing goalie, only one team shoots at a time. If teams score the same number of goals in the five rounds, then it goes round by round until one team scores and the other does not. The same player cannot take the shot until all players with the team with the shortest roster have shot. At that time, teams can start a new rotation. Excluding goaltenders.
2. A player serving a penalty at the end of overtime is **INELIGABLE** to partake in the shootout and a replacement player must be appointed in their place.
3. The home team will have the option of shooting first or second. The teams will then alternate the players shooting on the opposing goalie – They **DO NOT** shoot at the same time.
4. Once the player completes their shot, they are to proceed to the penalty box. It is the responsibility of the timekeeper to keep track of the players' numbers, and it will be the responsibility of the home team to ensure the timekeeper is aware of their responsibilities.
5. If still tied after the shootout, a sudden victory shootout will take place. Each team will send out one player at a time until one team scores and the other does not.