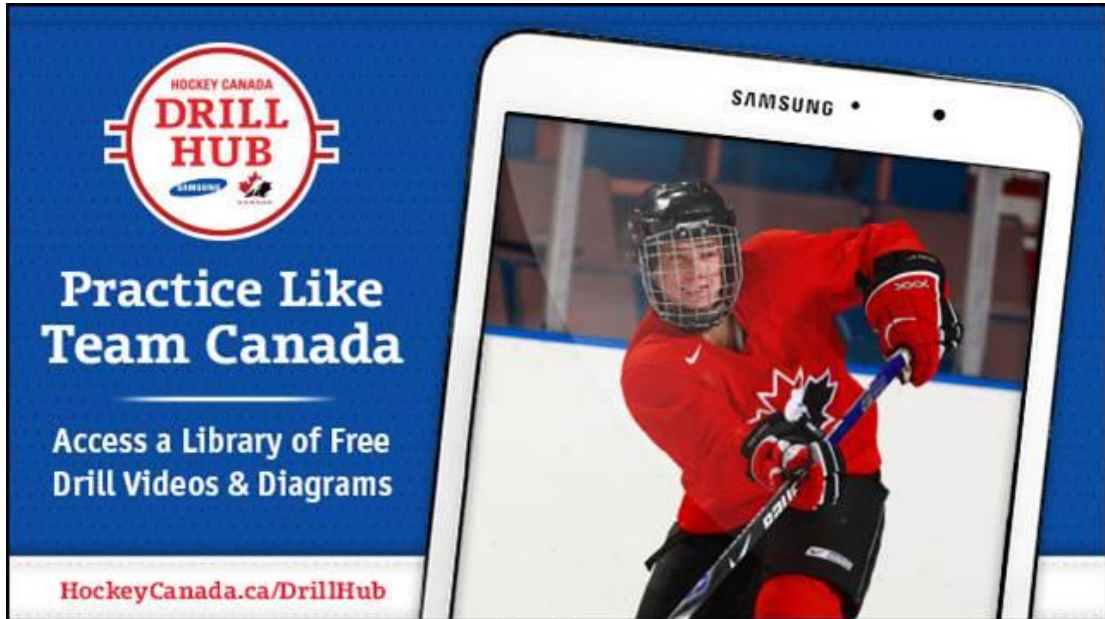




HOCKEY CANADA DRILL HUB



BUILD GREAT PRACTICES FOR FREE



DEAR DRILL HUB USERS

Welcome to another hockey season! We hope everyone had a great summer away from the rink and enjoyed some down-time filled with summer activities and family time.

We have added new videos, features and updates that will enhance your experience using Drill Hub, which continues to be a free resource for coaches to access hundreds of drills and videos.

Additional Features:

- ❖ Additional videos have been added utilizing players from Canada's National Women's Team.
- ❖ U7 and U9 practice plans from the Hockey Canada Skills Manuals have been added to the Practice Plan tab.
- ❖ U7 and U9 age-specific drills are now available.

Updates:

- ❖ The .pdf file of each drill diagram has been eliminated in an effort to continue with reducing our paper footprint and focusing on the use of digital technology.
- ❖ Pre-set practice plans have been added to give coaches ready-made practice ideas to share or print.

Upcoming:

- ❖ With the addition of new videos, the current videos are being re-tagged to provide coaches with a more efficient search tool in terms of age level and skill topic.

[CLICK HERE TO ACCESS HOCKEY CANADA DRILL HUB](https://www.hockeycanada.ca/DrillHub)