



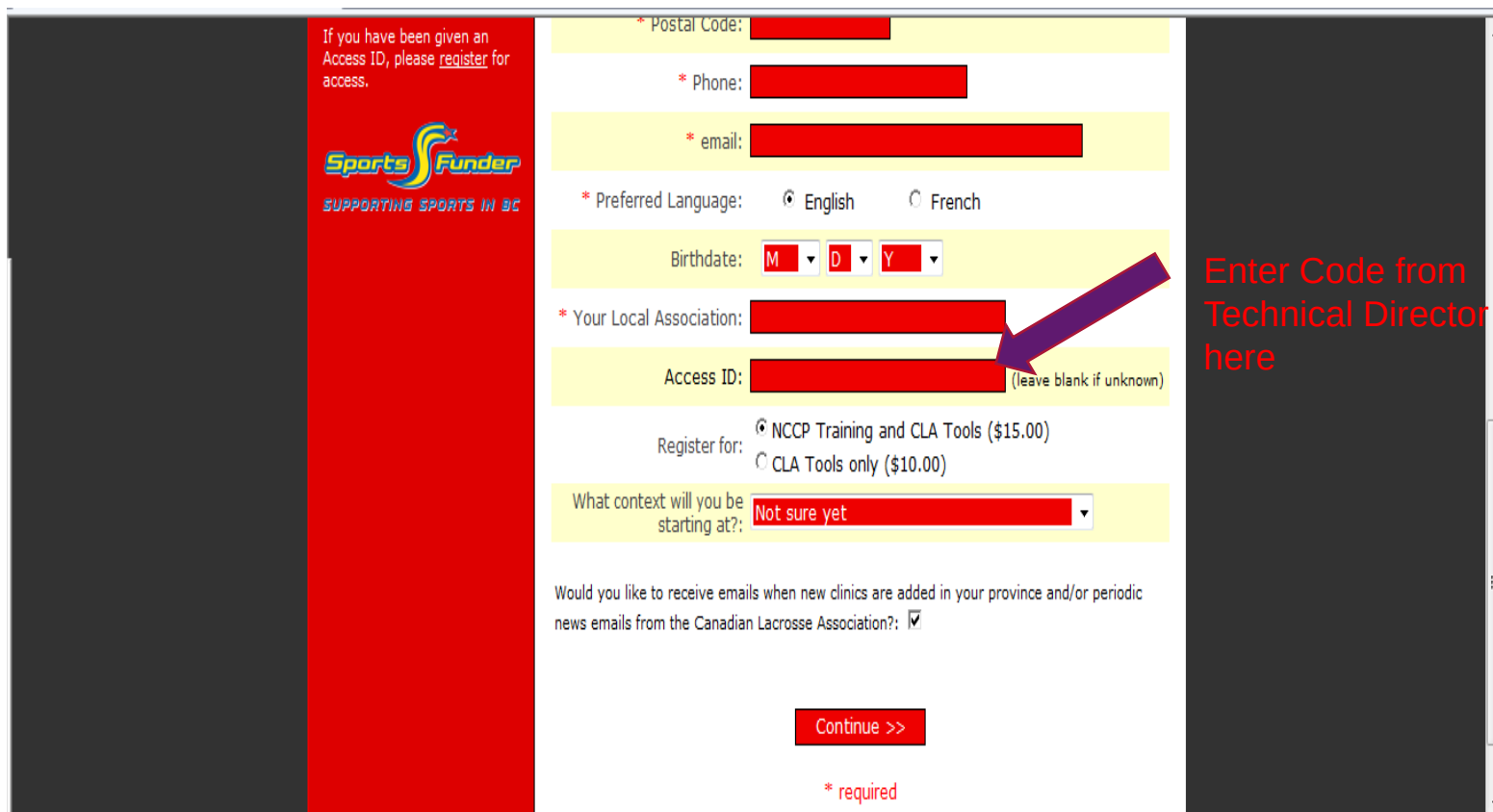
2016

ONLINE COACHING
PROGRAM
&
COACHING MINIMUM
STANDARDS

<http://nccp.lacrosse.ca/>

Creating An On Line Profile

- Creating your CLA PROFILE
- Go to: <http://nccp.lacrosse.ca/>
- Fill in your personal information
- Enter your access ID (which was provided by host of clinic)
- CLICK ON NCCP training and CLA tools (\$15.00 option)
- Select level starting coach training at



The screenshot shows a registration form for NCCP training. On the left is a red sidebar with the 'Sports Funder' logo and the text 'SUPPORTING SPORTS IN BC'. The main form area has a white background with yellow highlights for required fields. A red arrow points to the 'Access ID' field, which is currently empty. To the right of the arrow, red text says 'Enter Code from Technical Director here'. The form includes fields for Postal Code, Phone, email, Preferred Language (English/French), Birthdate (MM/DD/YYYY), Your Local Association, Access ID, Register for (NCCP Training and CLA Tools / CLA Tools only), What context will you be starting at?, and a checkbox for receiving emails. A 'Continue >>' button is at the bottom.

If you have been given an Access ID, please [register](#) for access.

Sports Funder
SUPPORTING SPORTS IN BC

* Postal Code:

* Phone:

* email:

* Preferred Language: ☒ English ☐ French

Birthdate: M D Y

* Your Local Association:

Access ID: (leave blank if unknown)

Register for: ☒ NCCP Training and CLA Tools (\$15.00)
☐ CLA Tools only (\$10.00)

What context will you be starting at?: Not sure yet

Would you like to receive emails when new clinics are added in your province and/or periodic news emails from the Canadian Lacrosse Association?: ☒

[Continue >>](#)

* required

Enter Code from Technical Director here



Coaching Terms

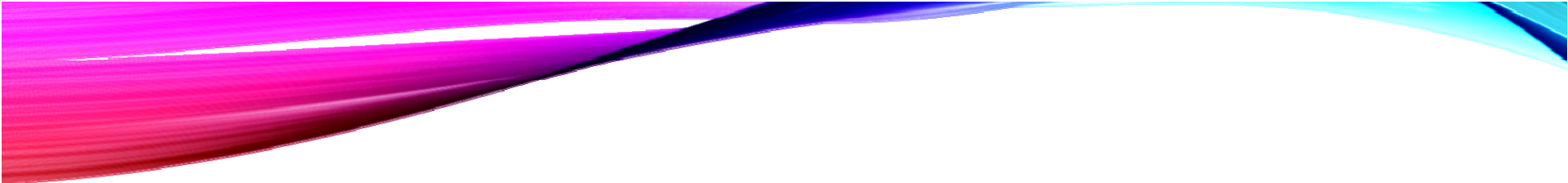
In training (only at Competitive Introduction)– completed the pre-assessment, register for a clinic on line, and attended a clinic;

Trained (at Community Initiation and Development) – Attend the applicable clinic OR successfully Challenge Community Development by completing the Evaluation workbook successfully;

Trained (at Competitive Introduction)- completed the pre-assessment, register for a clinic on line attended a clinic, and completed the Evaluation workbook successfully; Making Head Way completed online;

Certified (only at Competitive Introduction)- completed the pre-assessment, register for a clinic on line, attended a clinic, completed the Evaluation booklet successfully, completed MED (Ethics) thru CAC, and has completed an in person evaluation; accumulate 20 professional development points over 5 years to maintain certification;

NORMALLY COACHES CAN ONLY TAKE ONE (1) CLINIC PER YEAR



Community-Development Pathway

Coaching Clinic Host purchases login & password online



Coaching Clinic Host assigns login and password to coach



Pre-clinic assessment online



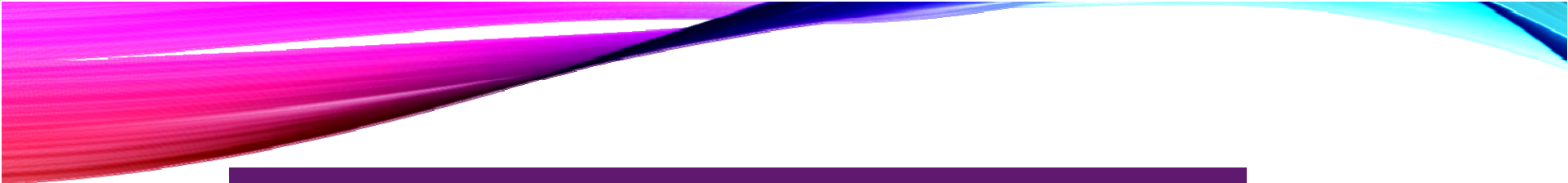
Register for clinic online



Attend clinic in-person



Coach receives **'Trained'** status



Community-Initiation Pathway

Coaching Clinic Host purchases login & password online



Coaching Clinic Host assigns login and password to coach



Register for clinic online



Attend clinic in-person



Coach receives **'Trained'** status

Competition-Introduction Pathway

Coaching Clinic Host purchases login & password online

Coaching Clinic Host assign login and password to coach

Pre-clinic assessment online

Register for clinic online

Attend clinic in-person

Coach receives **'In Training'** status

Complete evaluation workbook online

Evaluation workbook processed by CLA online

Complete Making Head Way on line

Successful completion = **'Trained'** status

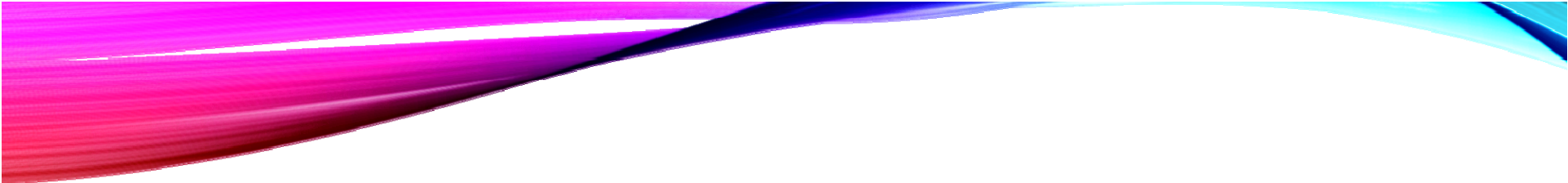
In person practice evaluation

MED Evaluation via CAC

Successful completion = **'Certified'** status

Unsuccessful completion = Notice sent to coach to complete missing sections of workbook online

Once workbook is complete coach can move through additional evaluation steps noted on left



In Person Evaluation Process

Log into your profile here - <http://nccp.lacrosse.ca/>

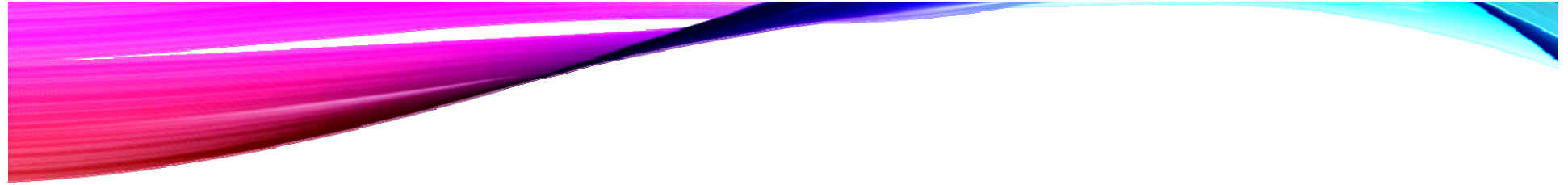
Under your Competitive Introduction Status - Request an in person evaluation

The ALA Office will book an Evaluator for the coach requesting the evaluation.

You will receive an email with your evaluator cc'd on the email to book a convenient time for both coach and evaluator

The home club is billed \$50 per evaluation.

Contact at coach@albertalacrosse.com



Modules E Learning Making Ethical Decisions, Making Head Way & Other

Website - <https://nccp.coach.ca/account/login?mode=login#>

eLearning

Click on the My Locker Tab and then click on e-learning. You will then be prompted for your CC# and password. If you do not have a CC#, or do not remember it or your password, please contact coach services at

coach@coach.ca or call (613) 235-5000

Make Ethical Decisions Online Evaluation - You must choose - Make Ethical Decisions Online Evaluation: Competition - Introduction.

[Make Ethical Decisions Online Evaluation: Competition – Introduction](#)



Challenging Community Development

The minimum standard for challenging the Community –Development Evaluation is as follows;

- Certified in another sport as a coach & has played lacrosse at the Midget level (U-17) or above, **or**
- Has completed the Multi-Sport part A & B training & has played lacrosse at the Midget level (U-17) or above, **or**
- Has played lacrosse at a competitive level at Junior or above

Coaches wishing to challenge need to go online here <http://nccp.lacrosse.ca/> . Please set up a profile and purchase an **ACCESS ID**

CLICK on CHALLENGE. Enter in your resume. Once that is complete, the ALA Office will receive an email from the system and the ALA office will approve the challenge online if you qualify. This will provide you access to the Community Development workbook. Complete the workbook with in **2 weeks**.

Once your workbook is marked at the Community Development level, please complete the pre-assessment for Competitive Introduction and register for a clinic during the current year.

- **Instructions to Register for a Challenge**

- Create profile
- Enter the access ID
- Click on community development box
- Select **CHALLENGE** to enter resume
- Once approved coach will have access to workbook
- Complete Community Development Workbook with in **2 weeks** and Submit to CLA for Evaluation
- **SEE SCREEN SHOTS**

If you have been given an Access ID, please [register](#) for access.



* Postal Code: [redacted]

* Phone: [redacted]

* email: [redacted]

* Preferred Language: ☒ English ☐ French

Birthdate: [M] [D] [Y]

* Your Local Association: [redacted]

Access ID: [redacted] (leave blank if unknown)

Register for: ☒ NCCP Training and CLA Tools (\$15.00)
☐ CLA Tools only (\$10.00)

What context will you be starting at?: [Not sure yet]

Would you like to receive emails when new clinics are added in your province and/or periodic news emails from the Canadian Lacrosse Association?: ☒

Continue >>

* required

Enter Code from
ALA office here



Association
canadienne
de crosse



Canadian
Lacrosse
Association



Coaches

• LF/Evaluators

• Clinics

• Evaluations

• CAC

• Help

• Logout

<< Back

Bruce Codd's Status 

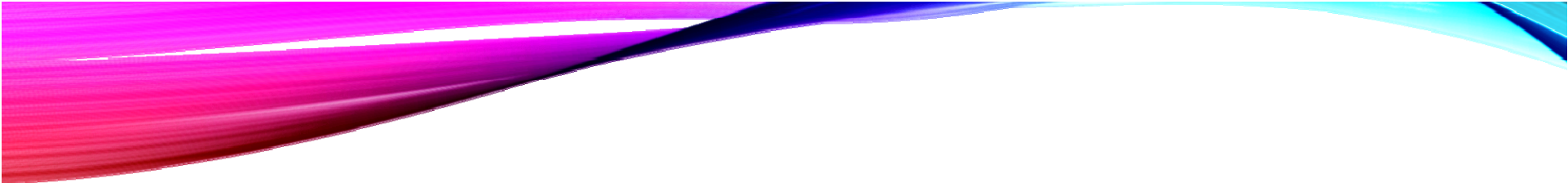
 **Box Lacrosse**

 **Community - Initiation**

Click on
Challenge to
enter resume

 **Community - Development**

Challenge	Apprentice Program	
	<u>Registered</u>	<u>Completed</u>
1) Pre-Clinic Assessment	register	--
2) Clinic	--	--
3) Evaluation Workbook	--	--



Benefits of the On Line Coaching System

For coaches who already have their required training and certification, for a fee of \$15 the coach can have online access to:

- The CLA Drill Manual for better player performance
- Sample practice plans and practice planning forms to assist in coaching
- Sample seasonal plans and seasonal planning forms to assist in coaching
- Tip of the Week
- Ask the Coach
- Coaching Tools Video for Community Development and Comp-Intro
- Additional tools as they become available

CLA BOX Minimum Standards

Category	Club Minimum Standard	Provincial Teams Minimum Standard	National Teams Minimum Standard
Mini-Tyke	Community Initiation Trained	N/A	N/A
Tyke	Community Initiation Trained	N/A	N/A
Rec/House League	Community Development Trained	N/A	N/A
Novice	Community Development Trained	N/A	N/A
Pee Wee	Community Development Trained	Competitive Introduction Certified	N/A
Bantam	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Midget	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Intermediate	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Junior	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Senior	Competitive Introduction Trained	Competitive Introduction Certified	N/A
National Teams	N/A	N/A	Competitive Development Certified
Category Learning Facilitators	Community Initiation Community Development Trained	Community Development Competitive Introduction Certified	Competitive Introduction/Development Competitive Development Certified

CLA BOX MINIMUM STANDARDS NOTES

NOTES

Head Coaches and Assistant Coaches will be held to the same standard at ALL levels.

Level 1 Certified is equivalent to Community Development Trained

Level 2 Certified is equivalent to Competitive Introduction Certified

All first year coaches may be in training for community development, but any coach at bantam and above must achieve their competitive-introduction training in the second year of coaching.

A first year coach may be 'In-Training'

A second year coach may be 'Trained'

A third year coach must be 'Certified' (if required above)

Competitive Development is a new CLA program, therefore:

The requirement for Comp-Intro/Comp-Dev Learning Facilitators will be Comp-Intro Certified until 2012

In 2012, the following will apply to LFs requiring Competitive Development:

A first or second year coach may be 'In-Training'

A third year coach must be 'Trained'

A fourth year coach must be 'Certified'

CLA Men's FIELD Minimum Standards

Category	Club Minimum Standard	Provincial Teams Minimum Standard	National Teams Minimum Standard
Rec/House League	Community Development Trained	N/A	N/A
Mini-Tyke	Community Initiation Trained	N/A	N/A
Tyke	Community Initiation Trained	N/A	N/A
Novice	Community Development Trained	N/A	N/A
Pee Wee	Community Development Trained	N/A	N/A
Bantam	Competitive Introduction Trained	N/A	N/A
Midget	Competitive Introduction Trained	Competitive Introduction Certified	N/A
U-19	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Senior	Competitive Introduction Trained	Competitive Introduction Certified	N/A
National Teams	N/A	N/A	Competitive Introduction Certified
Category	Community Initiation Community Development	Community Development	Competitive Introduction/Development
Learning Facilitators	Community Development Trained	Competitive Introduction Certified	Competitive Development Certified



CLA Men's FIELD MINIMUM STANDARDS NOTES

NOTES

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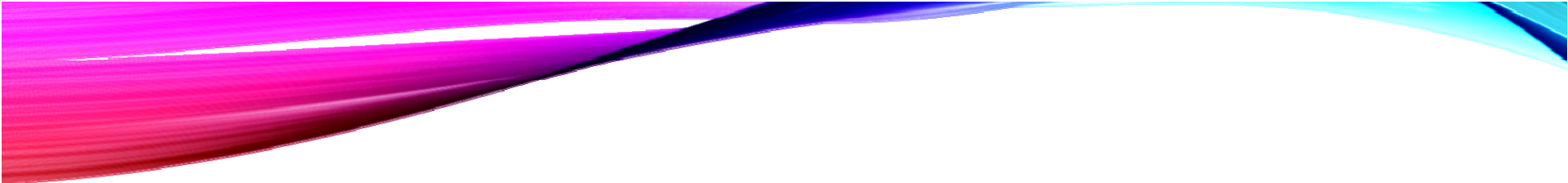
A third year coach must be 'Trained'

A fourth year coach must be 'Certified'

CLA Women's FIELD MINIMUM STANDARDS

Category	Club Minimum Standard		Provincial Teams Minimum Standard		National Teams Minimum Standard	
	Head Coach	Assistant Coach	Head Coach	Assistant Coach	Head Coach	Assistant Coach
Rec/House League	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
5 and under	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
8 and under	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
11 and under	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
15 and under	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
17 and under	Comm-Dev Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	N/A	N/A
19 and under	Comp-Intro Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified
Senior	Comp-Intro Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified
Category	Community Initiation		Community Development		Comp-Intro/Comp-Dev	
Learning Facilitators	Comm-Dev Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	Comp-Dev Certified	Comp-Dev Certified

*** Any fifth year coach must be Comp-Intro In-Training; any sixth year coach must be Comp-Intro Trained.**



CLA Women's FIELD MINIMUM STANDARDS NOTES

NOTES

Comm-Dev = Community Development

Comp-Intro = Competition Introduction

Comp-Dev = Competition Development

Level 1 Certified is equivalent to Community Development Trained

Level 2 Certified is equivalent to Competitive Introduction Certified

A first year coach may be 'In-Training'

A second year coach may be 'Trained'

A third year coach must be 'Certified' (if required above)

Competitive Development is a new CLA program, therefore:

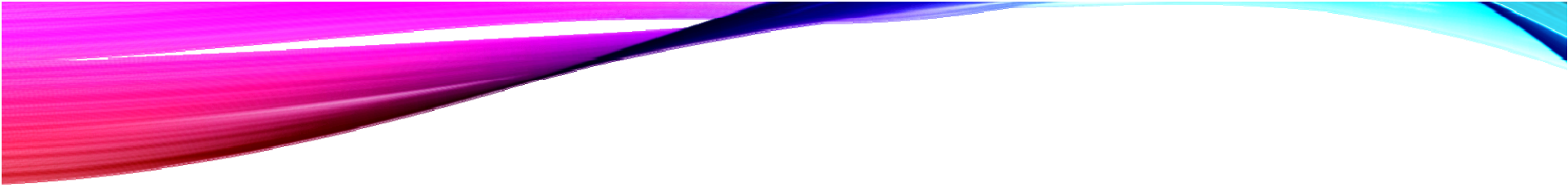
The requirement for Comp-Intro/Comp-Dev Learning Facilitators will be Comp-Intro Certified until 2014

In 2014, the following will apply to LFs requiring Competitive Development:

A first or second year coach may be 'In-Training'

A third year coach must be 'Trained'

A fourth year coach must be 'Certified'



MAINTAINING CERTIFIED STATUS

- Coaches must accumulate 20 professional development points over 5 years to maintain certified status.
- This can be done by reporting active coaching, taking part in e-learning , attending ALA sanctioned events that qualify for professional development points



COMPETITIVE DEVELOPMENT CLINIC JANUARY 13-15, 2017 ALA OFFICE

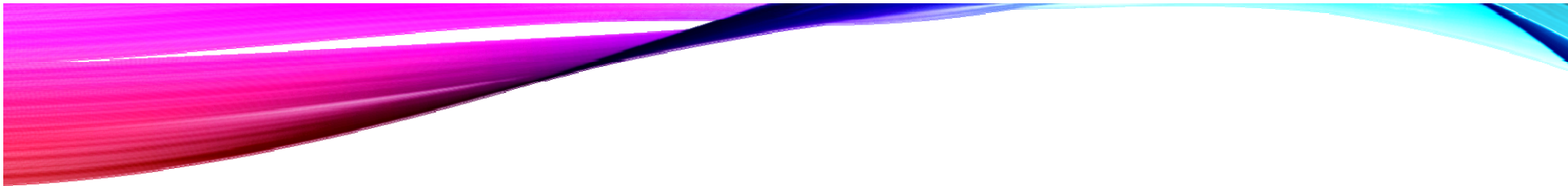
- Target Audience

- Jr A Coaches
- Sr B Coaches
- Jr B Tier I Coaches
- Team Alberta Midget Coaches

- A Multi-year Process

- 4 weekend TOTAL over 4 YEARS
- 3 lacrosse parts + 1 multi-sport section

Coaches wishing to attend are to be Competitive Introduction TRAINED



Part A

FRIDAY

7:00-7:15

Introduction

7:15-7:45

Module One - The Game

7:45-10:00

Module Three - The Players

Training Camps

Player Selection

Recruiting

Statistics

Scouting

SATURDAY

9:00-12:00

Module Two - The Coach

Coaching and Leading Effectively

12:00-1:00

Lunch

1:00-2:00

Module Two - The Coach

Coaching and Leading Effectively

2:00-5:00

Module Four - Technical Preparation

Analyze Performance

SUNDAY

9:00-12:00

Module Four - Technical Preparation

Team Offence

Team Defence

Goaltending

Future modules include:

- Managing Conflict
- Specialty Teams and Situational Lacrosse
- Psychology of Performance
- Managing Support Personnel
- Supporting the Competitive Experience
- Transition Systems
- Advanced Practice Planning
- Year Round Planning
- Prevention and Recovery
- Drug Free Sport
- Developing Athletic Abilities
- Make Ethical Decisions

