



Quick Reference Checklist for Coaches

COACHES Updated June 2, 2021

This checklist has been created to help you stay within the guidelines of Ontario Amateur Softball Association (OASA) [Return to Play](#) for practices, tryouts, camps, clinics, and training sessions.

WHAT YOU NEED TO DO (OR MAKE SURE GETS DONE BY RESPONSIBLE PEOPLE)

Take charge of this checklist personally, or charge one assistant coach or parent volunteer to monitor and ensure adherence to Return to Play protocols at each event

Host a parent meeting prior to the season to educate families of the Return to Play Protocols

Design practice plans and player's bench usage to include physical distancing (6 feet). Remain at least 6 feet away from umpires at all times.

Monitor arrival and departures to avoid large group gatherings

Ensure that all players, coaches and spectators complete the screening questions before arrival at the diamond or facility

Ensure that hand sanitizer and disinfecting supplies are available and ready for use on the bench

Ensure that only the scheduled team is using the facility

Remind players each session of the restrictions:

- physical distancing
- No sharing of equipment or personal items such as sunscreen
- No spitting, chewing gum, or eating sunflower seeds
- No handshakes or high fives

Request that players arrive no more than 15 minutes ahead of practices, and leave as soon as it's over
Conduct team huddles and meetings using physical distancing

Use of Personal Protective Equipment (PPE) (mask and gloves) must be used by trainers (or persons performing trainer function) when assessing an injury

Wear facemask while on the field

Manage defensive team games balls on the bench, bats to be handled by offensive team only

Pitching Conferences are reduced to coach pitcher only and physical distancing must be maintained

In conjunction with other members of team staff, monitor participants' adherence to the restrictions and ensure extra hand sanitizing is completed when necessary

If any persons who are noticeably and consistently NOT following restrictions, ask them to leave the ballpark immediately

Ensure equipment is disinfected after each session