

North Winnipeg Minor Baseball Association

Player Code of Conduct

THE EXPECTATIONS OF NWMBA BASEBALL PLAYERS

Player:

Coach:

Date:

This is an agreement between a member of a North Winnipeg Minor Baseball team and their Coaching staff.

I am a North Winnipeg Minor Baseball team baseball player. Because I have the honor and privilege of playing baseball for the NWMBA, I agree that I will represent my team, my Coaches, my parents, the North Winnipeg Baseball program, the City of Winnipeg, and baseball with pride, respect, and good sportsmanship.

Furthermore, I agree to uphold the following “**Expectations of North Winnipeg Minor Baseball**”:

- 1) I will have a **good attitude** at all times, win or lose, playing or supporting my team from the bench. I recognize that some days I will play well and some days I may be “off”. In either case I will be positive and supportive of the team and my teammates.
- 2) I will be a great **team player**. I will understand and fulfill my role on the team and understand that my role for any particular game or practice is decided by the Coaches.
- 3) **I will not quit**. Quitting = Losing. When I quit on myself because of a mistake or carry a bad attitude about my team or Coaches, I’m quitting on the team.
- 4) I will **respect** my Coaches, Umpires, opposing players and Coaches, and parents. I will address my Coaches by “Coach”. I will answer questions when asked.
- 5) I will **hustle** at all times and be a good example for my teammates at all games and practices.
- 6) I will **improve** as a player. I will listen to my Coaches and work hard at improving my mental and physical baseball skills. I recognize that working on my baseball skills only at practices will not be enough. I will also work on the areas my Coaches point out to me outside of normal practices.
- 7) I will keep myself **physically fit**. Outside of practices I will exercise and work at some form of cardio activity every week.
- 8) I will **eat and sleep well** during the baseball season. I will minimize my consumption of unhealthy foods and drinks during the baseball season. I prefer water and non-carbonated, non-caffeinated drinks. Energy drinks are **not** permitted on the bench.
- 9) I will **study**. I will do my school homework and not miss turning in any assignments. I will do my best at school at all times. Doing well in school will help me as a baseball player. Doing well in school is more important than doing well as a baseball player.
- 10) I will **respect** my home field and the field that I am a guest on by ensuring that the dugout is clean before I leave. I will assist in collecting equipment at the end of all games. I will not swear.

I understand that my failure to live up to this agreement and these 10 Expectations of North Winnipeg Minor Baseball will negatively affect my baseball performance and my playing time.

Participants Creed

**Players play, coaches coach, Umpires umpire, and Parents cheer.
If you are trying to do more than one of these things at the same time,
YOU may be a problem.**