



## BASEBALL MANITOBA COVID-19 RETURN TO PLAY

# COACH'S CHECKLIST: TRAINING

This checklist has been created to help you, as a coach, stay within the guidelines of Baseball Manitoba's Return to Play for practices, tryouts, camps, clinics, and training sessions for 2020.

### WHAT YOU **NEED** TO DO:

- Ensure that every participant, including yourself, has signed Baseball Manitoba's 2020 Waiver and Release
- Ensure that a team representative will act as the Health and Safety Coordinator for each session and the entire season
- Host a parent meeting prior to the season to educate families of the Return to Play Guidelines
- Design practice plans and dugout usage to include Social Distancing (6 feet), except for brief exchanges.
- Remind players each session of the restrictions:
  - Social Distancing
  - No sharing of equipment or personal items
  - No spitting, chewing gum, or eating sunflower seeds
  - No handshakes or high fives
- Request that players arrive only 45 minutes ahead of games and 15 minutes ahead of practices
- Follow batting cage protocol - 2 people maximum per cage
- Conduct team huddles and meetings using social distancing
- In collaboration with the Health and Safety Coordinator, ensure all baseballs and bases are disinfected after each session

**Thank you for your dedication and cooperation.  
Have a great summer of baseball!**