



WWSL 2025-2026 INDOOR REFEREE NOTES

Please update your contact for WWSL to:

admin@winnipegwomenssoccerleague.com

*No other emails will be used – please just use this one for all communication with the league
(game sheets, reports, etc)*

GAME SHEETS

Referees are expected to send pictures of game sheets to admin@winnipegwomenssoccerleague.com after the games. Please do **NOT** leave them at the facilities.

Red Cards / Reports – Report along with the game sheet must be submitted within 24 hours of the end of the game. [REFEREE REPORT](#)

If there is any other information you want to provide – include it in the body of the email (could be positive or negative – we want to hear your feedback)

GAME TIMES

- Each time slot is scheduled for 60 minutes
- **5 minute warm up**
- x2 25-minute halves
- 3-minute half time
- This allows for 2 minutes for a buffer between games

Zero-Tolerance

WWSL wants to ensure the safety of all referees, players and coaches. Any level of Harassment or Abuse will not be tolerated at referees, officials or players, any incident should be recorded on the game sheet/report and submitted for WWSL for possible further sanctions and disciplinary actions

WWSL League Specific Rules - Quarter field

Indoor Quarter-Field Competition

The information contained within this document provides additional or specific rules and regulations for matches scheduled by WWSL for their Indoor Quarter-Field Competitions. With the exception of the league-specific rules mentioned in this document, all matches shall be played in accordance with “The Rules of Indoor Soccer Quarter-Field Competitions 2025-26” as sanctioned by the Manitoba Soccer Association.

RULE 1: THE PLAYING AREA

1. For WWSL indoor matches, all non-playing individuals or spectators are not permitted at field level and must be seated within the facility's designated spectator seating areas.

Should no other person be available to supervise children within the facility's designated spectator seating areas, children 12 years old or younger will be permitted to remain at field level, located behind the safety netting, away from the playing area. Children must be supervised by an adult player, coach or manager where the children are located.

Should these conditions not be met, the match shall not be started or it shall be halted in the event that the match has already commenced. In both scenarios, the team in question shall be asked to resolve the situation or the match shall be abandoned.

RULE 2: THE PLAYERS

1. The game shall be played by two teams, each consisting of not more than 6 players, one of whom shall be the goalkeeper. A game shall not commence or continue if either team has less than 4 players.
2. Teams playing in a senior Co-ed Division shall be governed by item 1 above with additional conditions:
 - a) The goalkeeper may be of either gender.
 - b) There shall be an equal or greater number of female outfield players on the field than males on each team for the duration of the game.
 - c) The game shall not commence or continue if either team is unable to comply with this rule.
3. For WWSL matches, including Co-ed Divisions, teams may register 25 players per season, and can dress 20 players per game.
4. **Cards should be submitted to the referee prior to the start of each game. In special circumstances where all of the team cards are not present they must be submitted to the referee by half time. If the cards are not submitted by the end of the game the team will forfeit the game.**
5. Teams may have up to four (4) registered non- playing personnel (team officials) on their team's bench, e.g. coach, manager. All players who are dressed to play, along with the non-playing personnel, shall be under the jurisdiction of the referee.
6. A maximum of three (3) players may be brought up to guest for a team per game.
7. Youth or adult guest players shall not be permitted to play in League play-offs or end-of-season tournament games.
8. The League will follow the appropriate MSA rule regarding youth call-up eligibility. The youth player must have a properly authorized "Youth to Senior Permit" and a Youth Player ID Card. The youth player must be indicated with a (Y) on the game sheet.
9. Guest players may be brought up to play for a higher division team. The guest player must have a properly authorized Guest Player Permit form available on the WWSL website. The guest player must be indicated with a (G) on the Game Sheet
10. Co-ed teams may only call up guest players from a lower Co-ed Division. Youth players may not be called up by co-ed teams.

RULE 3: SUBSTITUTIONS

1. Unlimited substitutions on the fly within the team bench area.

RULE 4: THE REFEREE

1. In cases of emergency where no official is available, the teams must agree on having a person officiate the game. If a substitute referee is not found, the game will not be rescheduled and will be posted as 0-0.

RULE 5: DURATION OF THE GAME

1. **A 5-minute warm-up will be allowed before the start of the game.**
2. In WWSL matches, the duration of the game shall be two equal periods of 25 minutes with a two (2) minute half-time interval.

If a team does not have the minimum four (4) players required after seven (7) minutes of the scheduled start, the match will not be played. If a team arrives late for the game but within the seven-minute grace period, the game may be shortened to allow the following games to begin on time.

RULE 6: FOULS AND MISCONDUCT

1. In WWSL matches, any slide tackling (sliding on the surface within playing distance of the opponent to tackle for the ball) or attempting to slide tackle whether contact occurs with the ball or player is **NOT** permitted.

A player who commits a slide tackle or attempts to slide tackle an opponent shall be penalized by awarding a free kick to the opposing team from the place where the infringement occurred.

A player of the defending team who commits a slide tackle or attempts to slide tackle an opponent within his own penalty area, shall be penalized with a penalty kick to the opposing team.

A goalkeeper is allowed to block a shot while going down on the floor (falling) with his hands, body or legs. A goalkeeper is not allowed to attempt to slide feet-first to play the ball, as this is a slide tackle and shall be penalized with a free kick if the infringement occurred outside the penalty area, or with a penalty if it's inside the penalty area.

NOT ALL SLIDES ARE SLIDE TACKLES. For example, sliding to keep the ball in play or to clear the ball is allowed, provided no opponent is within playing distance of the ball. You can view some video examples with explanations: [WWSL Indoor Slide Tackle Scenarios](#)

***Important Note*:** Disciplinary sanctions for WWSL Indoor slide tackles should be consistent with other fouls (kicks, tackles, pushes, etc.) in terms of determining the outcome (careless, reckless, using excessive force, stopping a promising attack, Denying a Goal, etc.)

GAMES REQUIRING A WINNER

1. In WWSL matches which require a winner, if the score of a play-off game is tied at the end of regulation time, kicks from the penalty mark will be used to determine a winning team.