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| Technical |  |  |
| Passing | Technique | Does the player use the appropriate technique for the situation: side, laces, driven, lofted? |
|  | Pace | Does the player play the pass with the correct pace so the receiver can control the ball? (“Send a message with the ball”) |
|  | Accuracy | Does the player recognize the appropriate space to place to pass the ball: into space, to nearest foot, farthest foot? |
|  | Disguise | Does the player disguise their intent to allow the receiver more time? |
|  | Passing over 30 metres | Does the player look to change the point of attack with good technique (laces-driven or lofted)? |
| Receiving | Angle | Does the player find space to allow their first touch to go forward? |
|  | Body | Does the player receive the ball sideways to first touch is forward? |
|  | Check (scan) | Does the player know where the closest opponents are by doing shoulder checks (scanning)? |
|  | Distance | Does the defender create time and space by moving away from passer and closest defender? |
|  | First Touch | Does the player get their first touch “away from pressure” to allow time to get head up? |
| Crossing and Finishing | Crossing | Does the wide player understand and can perform the subtleties of crossing near post, far post, penalty spot: correct location, ground or air, pace, spin, and timing? |
|  | Finishing | Does the central player understand the subtleties of finishing in the box: correct surface, timing of run, “getting across defenders”? |

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| Tactical |  |  |
| In possession | Width/Depth/Penetration | Does the player have a basic understanding of width, depth, and penetration? |
|  | Width/Depth/Penetration | When to go forward and when to keep possession and change the point of attack? |
|  | Mobility | Does the player look to make penetrating runs (Get Forward)? |
|  |  | Does the player look to inter-change position with other players (overlaps, underlaps) to create 2V1, 3V2 situations? |
|  | Speed of Play | Does the player recognize when and are they capable of playing one and two touch soccer? |
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|  | Player Relationships | Does the player understand the roles of players around them so rotating of positions can place? |
| Out of possession | Compactness | When out of possession does the player “tuck in” to prevent the ball from being played forward? |
|  | “Goal-side” | Does the player get between their net and the ball to defend? |
|  | “Ball-side” | Does the defending player get in a position to intercept the pass to their opposing player? |
|  | Pressure/ Cover/ Balance | Does the player understand group defending roles: closest defender, second, third? |

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| Physical |  |  |
|  | Overall | Does the player use their physical attributes to their advantage? |
|  | Positional Specific | Does the player’s physical attributes match the demands of the position? |
|  | Speed (over 30 metres) | Does the player use their speed to get into forward positions? |
|  |  | Does the player use their speed when recovering from lost possession? |
|  | Agility (change of direction) | Does the player change direction quickly in 1V1 duals? |
|  | Power (over 5 metres) | Does the player explore past players in 1V1 duals? |

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| Psychological/ Mental |  |  |
|  | Confident | Does the player show the confidence to express themselves when competing against strong competition? |
|  | Pressure | Does the player look composed under pressure and make good decisions? |
|  | Problem Solver | Does the player show a high enough level of understanding the game to make proactive decisions and positively affect the outcome? |
|  | Character | Is the player Intrinsically motivated to continually learn and improve? |

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| Social / Emotional |  |  |
|  | Respect | Does the player interact positively with players, coaching staff, and referees? |
|  | Team Player | Does the player integrate well into a team environment? |
|  | Integrity | Does the player project themselves in a professional manner on and off the field? |
|  | Inclusive | Does the player make an effort to include teammates? |