

**Williams Lake
Youth Soccer Association
COVID-19 Return to Play Plan
Winter Indoor Season**





Williams Lake Youth Soccer Association

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WLYSA COVID-19 Return to Play Plan

Winter Indoor Season

Section 1. Assessment of Risks at the Facility

The Williams Lake Youth Soccer Association Board of Directors and Staff conducted a risk analysis and assessment of the Esler Soccer Complex in regards to returning to play amid COVID-19 restrictions. Below are the risks associated with returning to play soccer, and measures that will be implemented to mitigate the risks.

Risks Associated with the Sport	Measures Implemented
Close proximity to others	<p>Follow ViaSport, BC Soccer, Canada Soccer Guidelines and modified training plans.</p> <p>Follow ViaSport, BC Soccer, Canada Soccer, and Provincial Governing Bodies regulations to comply with the maximum number of 50 members per field at one time</p> <p>Reduce sharing of equipment among members and enhance cleaning protocols of equipment.</p>

Risks Associated with the Facility		Measures Implemented
Parking Lot	Close proximity to others	<p>Encourage no socializing or socially distanced conversations among parents</p> <p>Have designated pick up and drop off zones</p> <p>Have designated parking spaces for parents/guardians.</p>
Inside School	Provides an opportunity for high contact surface areas	Limit number of participants and spectators.
Equipment Room	Provides an opportunity for high contact surface areas	WLYSA to provide all equipment for Winter Season. Equipment protocols address in Section 4.

Washrooms	Close proximity to others and provides an opportunity for high contact surface areas	Limit to 1 person per washroom at a time. Follow cleaning protocols as outlined in Section 3.
Gym	Close proximity to others	As per above regarding Risks associated with sport.
	Sidelines	Advise parents that spectators will be asked to wear a mask and socially distance at the edges of the gym.

Section 2. Facility Access and Use

1. Point of Access

- a) When accessing and leaving the school, please always comply with the distancing measures and recommendations of 6 feet or 2 metres between people (except for family members or persons residing in the same household).
- b) Participants are asked to follow School District guidelines appropriate for their age group in terms of wearing a mask in hallways and common areas prior to arriving in the gym.

2. Pre-Registration

- a) All players must be pre-registered to participate in the WLYSA soccer activities.
- b) Pre-registration will be completed online only by credit card – no cash will be accepted at this time. (as per BC Soccer)
- c) Parents/guardians must provide written consent for players U18 and younger authorizing them to participate in soccer activities. All participants must sign the new BC Soccer Waiver and the WLYSA Participant Agreement.

3. Arrival and Departures to Facility

- a) Participants are asked to arrive no earlier than 10 minutes prior to the practice/activities scheduled start time.
- b) Participants are asked to arrive dressed and prepared to participate in soccer activities.
- c) Players will be provided hand sanitizer upon arrival at the school.
- d) After the participant is dropped off, parents/guardians may park or leave the premises.

- e) At the end of their scheduled practice/activity time slot, participants must immediately leave the facility. Participants will be dismissed from the waiting area as their parent is pointed out to the coaches. Players will be provided hand sanitizer as they leave.

4. Limiting Use of Different Spaces at the Facility

- a) Equipment Rooms
Equipment will be the responsibility of WLYSA to provide for the 2021 Winter Indoor Season.
- b) Washrooms
Washrooms will be limited to one person per washroom at any time.

Section 3. Facility Operations

1. Staff and Volunteers

WLYSA is required to educate staff and volunteers on the expectations related to the implementation of this Return to Sport Plan. WLYSA will make the Return to Play Plan available to all members via Email, Website, and social media channels.

Everyone accessing the facility has the responsibility to follow the procedures outlined in this document and supporting documents provided by WLYSA in accordance to documents released by ViaSport, BC Soccer, Canada Soccer, and our Provincial Governing Body.

Staff and Volunteers will be asked to conduct symptom screenings upon arriving to the facility. The BC Self-Assessment Tool will be used to provide the symptom screenings.

Staff and Volunteers are asked to use hand sanitizer upon their arrival to the facility.

Staff and Volunteers are asked to always comply with the distancing measures and recommendations of 6 feet or 2 metres between people.

- a) Participants will be asked to bring their own hand sanitizer. Masks and gloves will be optional.
- b) A volunteer will provide all members entering and exiting the field with hand sanitizer.
- c) All Equipment (soccer balls, cones, etc.) will be washed prior to beginning any activities, and after the activities have ended by WLYSA Staff and/or by a designated and trained volunteer.

Section 3. Participants

1. Health of Participants

Delivery of modified WLYSA programs is dependent on the cooperation of our members to follow the expectations outlined in the Illness Policy, and through Provincial COVID-19 protocols. Participants will be asked to complete the following:

- a) All participants including players, volunteers, coaches, staff, and parents/guardians must read the Illness Policy that outlines procedures for participants that may be experiencing COVID-19 symptoms.
- b) All participants will be subject to wellness screenings by answering a wellness questionnaire or completing a self-assessment. The BC Self-Assessment tool will be used to provide the questions for the wellness screenings.
 - Are you experiencing any cold, flu or COVID-19 symptoms? Symptoms include: fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue or loss of appetite.
 - Have you or someone in your household travelled to any countries outside of Canada within the last 14 days?
 - If the participant answers “yes” to either of the above questions, the participant will be asked to leave the Esler Soccer Complex and provided with information to self isolate for 10 days.
- c) WLYSA has zero tolerance for playing while sick. All participants will be asked not to participate if they are symptomatic.
- d) All participants including players, volunteers, coaches, staff, and parents/guardians must read and sign the Participant Agreement prior to participating in WLYSA Activities.
- e) All participants are encouraged to implement enhanced hygiene measures such as:
 - frequent and proper handwashing
 - avoid touching eyes, nose and mouth
 - cough into your sleeve/elbow

2. Group Size

WLYSA will follow BC Soccer, viaSport, and local municipality recommendations for the maximum number of people per indoor gym space. The maximum number of people per space will include participants, volunteers, staff, and potential spectators (parents/guardians).

3. Registration

Registration will be completed online only at this time. As per BC Soccer guidelines, no paper registrations with cash or cheque will be accepted.

All participants, including players, coaches, volunteers, staff, and parents/guardians, will

be recorded for their presence at each session in case of an infected person being identified.

4. Attendance

Attendance will be taken at each session, and will include participants, volunteers, staff, and parents/guardians that attend the session. Attendance will be made available to either the School District or Interior Health if necessary.

5. Communication to Participants

All participants will be communicated with through email, the WLYSA website (www.wlysa.com) and through our social media channels.

Participants will receive a simplified Return to Play Plan containing all information concerning their return to sports at the Esler Soccer Complex.

Participants will be reminded of the following:

- No high fives, handshakes, or touching of any kind.
- Players must not touch any equipment with their heads or hands (other than with goalkeeper gloves)
- No pinnies will be used
- Players must always maintain social distancing of 6 feet or 2 metres. This includes from coaches and volunteers.
- Coaches can wear gloves and masks if they wish.

Section 4. Programming

1. Equipment

- a) Participants will be advised to bring enough water in their personal water bottles to sustain them throughout the scheduled activities. Refills will not be provided at this time.
- b) WLYSA will provide the soccer balls and training equipment required for each session.
- c) Participants will be asked to bring their own hand sanitizer. Masks and gloves will be optional during sessions.
- d) Set up and take down of the equipment will be the responsibility of WLYSA Technical Director and coaches.
- e) Cleaning the equipment prior to use and following its use will be the responsibility of WLYSA staff.
- f) Players will be asked to avoid touching equipment with their hands and head.

Section 5. Emergency Response

1. First Aid

As per viaSport Return to Sport Guidelines: In the event that first aid is required to be administered during an activity, all persons attending to the injured individual must first put on a mask and gloves.

2. Outbreak Plan

As per viaSport Return to Sport Guidelines: An outbreak is two or more cases; a case is a single case of COVID-19.

The following pertains to the response WLYSA will implement in the case of an outbreak:

- a) If anyone reports they are suspected or confirmed to have COVID-19 and have been at a WLYSA Indoor Soccer Session, they must inform the WLYSA Office Admin or Technical Director.
The WLYSA Office Admin will be responsible for contacting all persons that may have been in contact with the individual reporting symptoms.
- b) If anyone reports they are suspected or confirmed to have COVID-19 and have been at a WLYSA Indoor Soccer Session, WLYSA will implement enhanced cleaning measures to reduce the risk of transmission.
- c) Following an individual reporting a suspected or confirmed case of COVID-19, the WLYSA will implement the Illness Policy and advise individuals to:
 - Self isolate
 - Monitor their symptoms daily and report any respiratory illness
 - Not return to activities for a minimum of 10 days following the onset of COVID-19 symptoms.
 - Use the COVID-19 self assessment tool at BC COVID-19 Self-Assessment Tool to determine if further assessment or testing is required.
- d) In the event of a suspected case or outbreak, WLYSA will report and discuss the suspected outbreak with the Medical Health Officer at the local Interior Health office as well as advise the School District.