

**Williams Lake
Youth Soccer Association
COVID-19 Return to Play Plan**





Williams Lake Youth Soccer Association

#207 - 369 Oliver Street
 Williams Lake, BC V2G 1M4
 Phone: 250-392-1103 Fax: 250-392-6210
www.wlysa.com admin@wlysa.com

WLYSA COVID-19 Return to Play Plan

Section 1. Assessment of Risks at the Facility

The Williams Lake Youth Soccer Association Board of Directors and Staff conducted a risk analysis and assessment of the Esler Soccer Complex in regards to returning to play amid COVID-19 restrictions. Below are the risks associated with returning to play soccer, and measures that will be implemented to mitigate the risks.

| Risks Associated with the Sport | Measures Implemented |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Close proximity to others | <p>Follow ViaSport, BC Soccer, Canada Soccer Guidelines and modified training plans.</p> <p>Follow ViaSport, BC Soccer, Canada Soccer, and Provincial Governing Bodies regulations to comply with the maximum number of 50 members per field at one time</p> <p>Reduce sharing of equipment among members and enhance cleaning protocols of equipment.</p> |

| Risks Associated with the Facility | Measures Implemented |
|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Parking Lot | <p>Close proximity to others</p> <p>Encourage no socializing or socially distanced conversations among parents</p> <p>Have designated pick up and drop off zones</p> <p>Have designated parking spaces for parents/guardians.</p> |
| Clubhouse and Deck | <p>Provides an opportunity for high contact surface areas</p> <p>Close the upstairs of the clubhouse and deck area of the clubhouse to members.</p> |
| Equipment Room | <p>Provides an opportunity for high contact surface areas</p> <p>Addressed in Section 4. Programming.</p> |
| Washrooms | <p>Close proximity to others and provides an opportunity for high contact surface areas</p> <p>Limit to 1 person per washroom at a time.</p> |

| | | |
|--------|-----------------------------------------------|-------------------------------------------------------------------------------------------|
| | | Follow cleaning protocols as outlined in Section 3. |
| Fields | On field activity – close proximity to others | As per above regarding Risks associated with sport. |
| | Sidelines | Advise parents that there will be no spectators during the first phase of return to play. |
| | Bleachers | Closed to parents/spectators |

Section 2. Facility Access and Use

1. Restricted Areas

a) Esler Soccer Complex

The Esler Soccer Complex will only be open to players that are pre-registered for soccer activities, volunteers, coaches, staff, and parents/guardians that are required to attend practices/activities with the participant. The total number of persons currently allowed per regular 11 v 11 full-sized soccer field is 50 people (June 4, 2020).

b) Clubhouse and Deck

At the time of creating this document (June 4, 2020), the WLYSA has chosen to restrict access to the upstairs of the clubhouse and the deck area. The upstairs of the clubhouse and the deck area will remain closed to all members.

2. Point of Access

a) For participants 10 years and older participating in WLYSA soccer activities, parents are asked to follow the procedures below for drop off and pick up procedures.

b) When accessing and leaving the fields, please always comply with the distancing measures and recommendations of 6 feet or 2 metres between people (except for family members or persons residing in the same household).

3. Pre-Registration

a) All players must be pre-registered to participate in the WLYSA soccer activities.

b) Pre-registration will be completed online only by credit card – no cash will be accepted at this time. (as per BC Soccer)

c) Parents/guardians must provide written consent for players U18 and younger authorizing them to participate in soccer activities. All participants must sign the new BC Soccer Waiver and the WLYSA Participant Agreement.

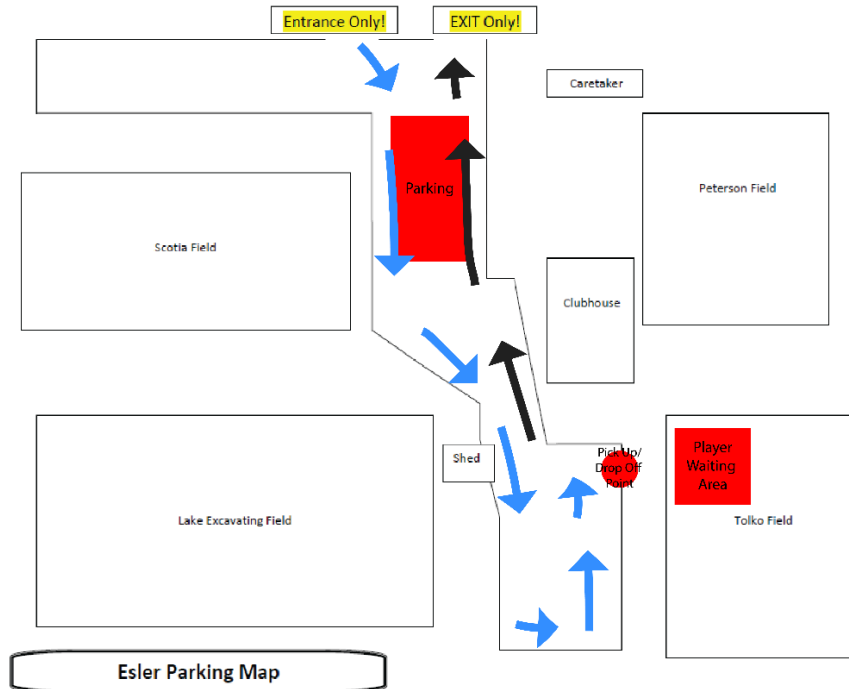
4. Arrival and Departures to Facility

a) Participants are asked to arrive no earlier than 20 minutes prior to the practice/activities scheduled start time.

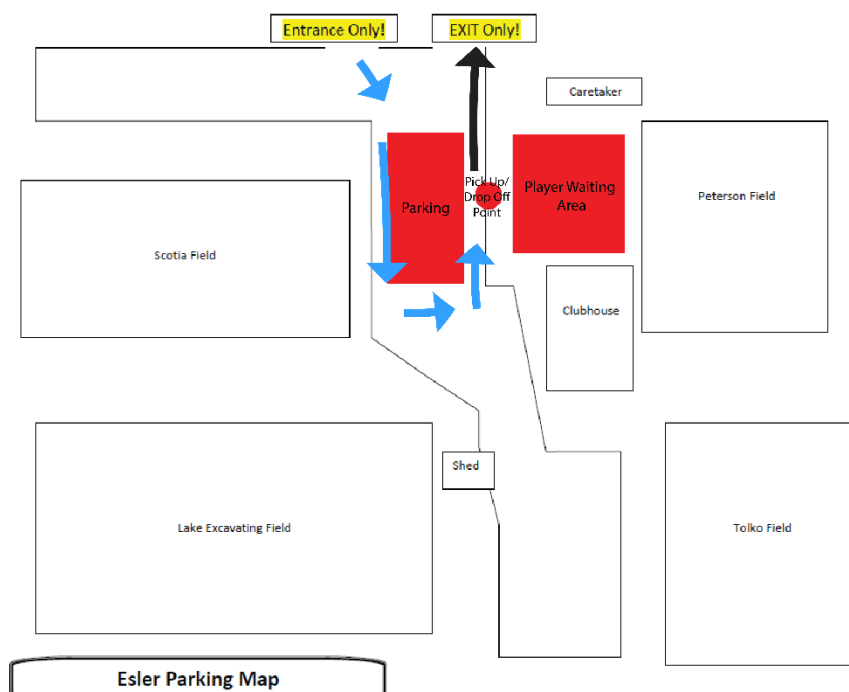
b) Participants are asked to arrive dressed and prepared to participate in soccer activities. No changing is allowed at the fields. This includes footwear.

c) Each field has a designated pick up/drop off point for participant sessions. Please refer to the maps below for clarity.

Traffic flow for Tolko Field:



Traffic flow for Peterson Field:



- d) Players must only enter the field at the point indicated on the above maps. They will be provided with hand sanitizer. Players will then proceed to the player waiting area where they can drop their belongings in their designated space and be greeted by the coaches.
- e) After the participant is dropped off, parents/guardians may park or leave the premises. No spectators are allowed at this time.
- f) At the end of their scheduled practice/activity time slot, participants must immediately leave the Esler Soccer Complex. Participants will be dismissed from the waiting area as their parent is pointed out to the coaches. Parents/guardians may drive up to the pick-up point to collect their participant. Players will be provided hand sanitizer as they leave.
- g) Practices/activities will be scheduled with one session per night.

5. Limiting Use of Different Spaces at the Facility

- a) Equipment Rooms
The equipment/change rooms downstairs at the Esler Soccer Clubhouse will only be open to WLYSA staff and Board of Directors.
- b) Bleachers
The bleachers will remain closed.
- c) Washrooms
Washrooms will be limited to one person per washroom at any time.

Section 3. Facility Operations

1. Staff and Volunteers

WLYSA is required to educate staff and volunteers on the expectations related to the implementation of this Return to Sport Plan. WLYSA will make the Return to Play Plan available to all members via Email, Website, and social media channels.

Everyone accessing the facility has the responsibility to follow the procedures outlined in this document and supporting documents provided by WLYSA in accordance to documents released by ViaSport, BC Soccer, Canada Soccer, and our Provincial Governing Body.

Staff and Volunteers will be asked to conduct symptom screenings upon arriving to the Esler Sports Complex. The BC Self-Assessment Tool will be used to provide the symptom screenings.

Staff and Volunteers are asked to use hand sanitizer upon their arrival to Esler Soccer Complex.

Staff and Volunteers are asked to always comply with the distancing measures and recommendations of 6 feet or 2 metres between people.

2. Cleaning Protocols

- a) WLYSA has developed a list that outlines high touch areas around the Esler Soccer Complex.

| | |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Washrooms | doorknob / stall door handle / stall door lock, hooks, waste disposals / toilet handle / bathroom paper dispensers / soap dispensers / countertops / sinks and taps |
| Equipment | Soccer balls, cones, etc. |
| Hand Sanitizer Stations | |

- b) Participants will be asked to bring their own hand sanitizer. Masks and gloves will be optional.
- c) A volunteer will provide all members entering and exiting the field with hand sanitizer.
- d) High contact areas will be cleaned prior to sessions beginning by WLYSA Staff and/or by a designated and trained volunteer.
- e) All Equipment (soccer balls, cones, etc.) will be washed prior to beginning any activities, and after the activities have ended by WLYSA Staff and/or by a designated and trained volunteer.
- f) WLYSA staff will be responsible for ensuring the Esler Soccer facility and equipment has been cleaned prior to the start of each new session.

Section 3. Participants

1. Health of Participants

Delivery of modified WLYSA programs is dependent on the cooperation of our members to follow the expectations outlined in the Illness Policy, and through Provincial COVID-19 protocols. Participants will be asked to complete the following:

- a) All participants including players, volunteers, coaches, staff, and parents/guardians must read the Illness Policy that outlines procedures for participants that may be experiencing COVID-19 symptoms.
- b) All participants will be subject to wellness screenings by answering a wellness questionnaire or completing a self-assessment. The BC Self-Assessment tool will be used to provide the questions for the wellness screenings.

- Are you experiencing any cold, flu or COVID-19 symptoms? Symptoms include: fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue or loss of appetite.
 - Have you or someone in your household travelled to any countries outside of Canada within the last 14 days?
 - If the participant answers “yes” to either of the above questions, the participant will be asked to leave the Esler Soccer Complex and provided with information to self isolate for 10 days.
- c) WLYSA has zero tolerance for playing while sick. All participants will be asked not to participate if they are symptomatic.
- d) All participants including players, volunteers, coaches, staff, and parents/guardians must read and sign the Participant Agreement prior to participating in WLYSA Activities.
- e) All participants are encouraged to implement enhanced hygiene measures such as:
- frequent and proper handwashing
 - avoid touching eyes, nose and mouth
 - cough into your sleeve/elbow

2. Participant Groups

Groups of 20 will be assigned per 11 aside field with 2 coaches for every 10 players as suggested by BC Soccer.

3. Group Size

WLYSA will maintain the maximum 50 person per 11 v 11 full-sized soccer field currently allowed by the B.C Public Health Authority. The 50 person maximum includes all players, coaches, volunteers, staff and parents/guardians. Additional spectators will be asked to remain at home during the initial return to soccer.

4. Registration

Registration will be completed online only at this time. As per BC Soccer guidelines, no paper registrations with cash or cheque will be accepted.

All participants, including players, coaches, volunteers, staff, and parents/guardians, will be recorded for their presence at each session in case of an infected person being identified.

5. Communication to Participants

All participants will be communicated with through email, the WLYSA website (www.wlysa.com) and through our social media channels.

Participants will receive a simplified Return to Play Plan containing all information concerning their return to sports at the Esler Soccer Complex.

Participants will be reminded of the following:

- No high fives, handshakes, or touching of any kind.
- Players must not touch any equipment with their heads or hands (other than with goalkeeper gloves)
- No pinnies will be used
- Players must always maintain social distancing of 6 feet or 2 metres. This includes from coaches and volunteers.
- Coaches can wear gloves and masks if they wish.

Section 4. Programming

1. Activities

To begin, WLYSA will only offer programs for U10-U13 and U14-U18 co-ed groups (unless registration numbers allow for boys and girls to be separated).

Sessions will be scheduled as one session per night on Tuesdays (U10-U13) and Thursdays (U14-U18). Individual skills and Fitness sessions will be offered to more enthusiastic players (U11 – U18) on Wednesdays and/or Saturdays.

Sessions will last 1 hour 15mins and will consist of individual skills, team skills, and light goal keeper work.

Groups of 20 will be assigned per 11 aside field with 2 coaches for every 10 players as suggested by BC Soccer.

2. Equipment

- a) Participants will be advised to bring enough water in their personal water bottles to sustain them throughout the scheduled activities. Refills will not be provided at this time.
- b) Participants will be required to bring their own soccer ball. Players will use their own ball for individual skills and WLYSA balls for passing.
- c) Participants will be asked to bring their own hand sanitizer. Masks and gloves will be optional.
- d) Set up and take down of the equipment will be the responsibility of WLYSA Technical Director and coaches.
- e) Cleaning the equipment prior to use and following its use will be the responsibility of WLYSA staff.
- f) Players will be asked to avoid touching equipment with their hands and head.

Section 5. Emergency Response

1. First Aid

As per viaSport Return to Sport Guidelines: In the event that first aid is required to be administered during an activity, all persons attending to the injured individual must first put on a mask and gloves.

2. Outbreak Plan

As per viaSport Return to Sport Guidelines: An outbreak is two or more cases; a case is a single case of COVID-19.

The following pertains to the response WLYSA will implement in the case of an outbreak:

- a) If anyone reports they are suspected or confirmed to have COVID-19 and have been at the Esler Soccer Complex, they must inform the WLYSA Office Admin or Technical Director.
The WLYSA Office Admin will be responsible for contacting all persons that may have been in contact with the individual reporting symptoms.
- b) If anyone reports they are suspected or confirmed to have COVID-19 and have been at the Esler Soccer Complex, WLYSA will implement enhanced cleaning measures to reduce the risk of transmission.
- c) Following an individual reporting a suspected or confirmed case of COVID-19, the WLYSA will implement the Illness Policy and advise individuals to:
 - Self isolate
 - Monitor their symptoms daily and report any respiratory illness
 - Not return to activities for a minimum of 10 days following the onset of COVID-19 symptoms.
 - Use the COVID-19 self assessment tool at BC COVID-19 Self-Assessment Tool to determine if further assessment or testing is required.
- d) In the event of a suspected case or outbreak, WLYSA will report and discuss the suspected outbreak with the Medical Health Officer at the local Interior Health office.