



Winnipeg Minor Basketball Association Inc./Peg City Basketball Association Inc.

COVID-19 Return to Play

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Introduction

The risks for transmission of COVID-19 varies greatly across each sport and community. The purpose of this document is to describe the Return to Play guidelines for our specific Winnipeg Minor Basketball Association Inc (WMBA) and Peg City Basketball Association (Peg City) communities in Winnipeg, Manitoba.

These guidelines will be provided to all stakeholders, including all parents, participants, officials, staff, and directors of the WMBA and Peg City. These guidelines are to be executed in full by WMBA/Peg City coaches, onsite supervisors, officials, spectators, and participants.

It is our hope that we will have the full support of the Province and approval to start programming as soon as possible. The WMBA and Peg City see in excess of 3500 athletes a year. We feel It is important for both mental/physical health and development to move forward quickly, but safely. The timelines set out in this document are flexible and will be determined by the public health recommendations of the Province.

A subset of the WMBA and Peg City board of directors was assembled as a small working group to collaborate on this document. Input was also attained by other basketball associations in Winnipeg. Collaboration from other sports already approved by the province formed the basis of our work.

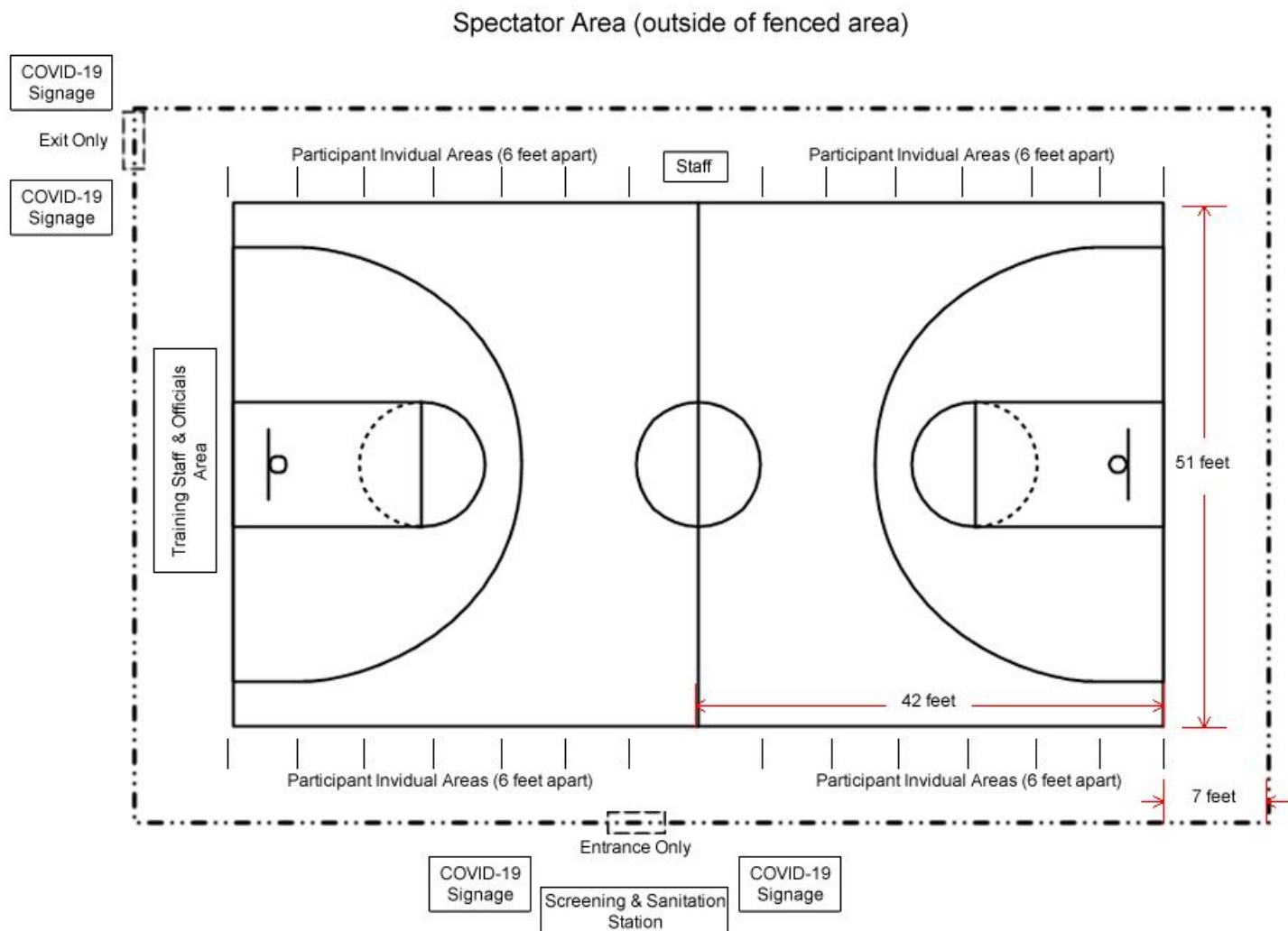
Precautionary measures for personal health and hygiene incorporated for all participants during the COVID-19 pandemic are outlined in this document. Changes to, or restrictions for, some or all of these measures could take place at any time through an Order of the Provincial Health Officer.

Precautionary Measures - Personal Health and Hygiene

- All players, coaches, and volunteers must self-assess using the [online tool](#) and stay informed about current pandemic status
- If any participant (players, coaches, volunteers, parents) has any symptoms, they shall not be permitted to participate or be present
- If any participant has previously been tested positive and has recovered, recommendations provided by the provincial health guidelines must be followed
- All players, coaches, and volunteers must follow municipal/provincial health authorities' regulations/guidelines for all areas (e.g. benches)
- All participants are required to go through a pre-activity orientation regarding safety and public health, a signed waiver is required upon registration (this will be checked at orientation)
- Staff will take attendance and have contact information for every person at each session
- Signage outlining physical distancing and hygiene guidelines will be visibly posted on the exit and entrance of each site
- Activities are to be outdoors only and no clubhouse or bathroom facilities are to be used
- In emergency situations, bathroom facilities need to be sanitized before and after use by authorized person only. If indoors, only one person should be in the bathroom at a time
- All activities will have hand sanitizer readily available (provided by WMBA/Peg City)
 - Hands must be washed or sanitized before and after each activity as monitored by a designated adult (parent/coach, onsite supervisor)
- Coaches and players will be allowed to wear masks during training. This will be at the discretion of each coach/player
- All participants are required to have their own labelled water bottle, no sharing of water
- The WMBA/Peg City onsite supervisor will wipe down and sanitize all equipment before and after each training session or competition
- All players are to ensure their playing/training gear is washed immediately after each use
- There will be two entrances to the outdoor courts, one marked to enter and the other marked to exit
- There will be no loitering permitted in the parking lot before or after training or games
- Parents/spectators are not allowed to be at the courts. They must observe physical distancing regulations/guidelines and remain behind the fenced area of the outdoor courts.
- Staff will disperse large crowds at courts to ensure physical distancing measures are observed
- Club/facility operator to provide containers for safe disposal of hygienic materials.
- No benches shall be used
- No handshakes at any time
- If an athlete, coach, or referee has contracted COVID-19, health authorities will be contacted and league administration will support authorities in contact tracing
- All injuries should be dealt with by a designated person (parent/coach or onsite supervisor) who should be wearing a mask and gloves while doing so

Accessing the Court

- Participants should not enter the court prior to the designated start time of their session to allow for requisite cleaning and the safe departure of the previous participants
- Court scheduling should be staggered to allow for a buffer between the conclusion of one session and the start of the next to allow time for the departure of the previous group and for the appropriate dwell time of cleaning products
- Where possible, all gates should be left open to limit the use of touchpoints (door handles, push bars etc.). If this is not possible, touchpoints should be cleaned following the conclusion of each session
- While waiting to access the court, all participants are requested to adhere to physical distancing requirements. These spaces should be clearly marked to ensure an orderly and safe space to wait
- Clearly marked methods and locations to safely dispose of personal protective equipment (PPE) and sanitization products that follow facility established requirements, should be made available to attendees



Phase 1: Return to Train (July 7-Aug 31) - Ages 7-15

**All precautionary measures noted previously are in effect.*

***All timelines are estimates based on the the Provincial Health Guidelines and are subject to change*

Non-Contact Outdoor Skill Training Camps - Ages 7-15

Skills training (sessions/camps) will resume outdoors only if the occupancy and activity levels allow for people to maintain a physical distance of at least two meters, with no shared equipment.

- All training will take place on outdoor WMBA courts at one of six districts in Winnipeg
- Sessions will be conducted in groups of 20 or less to maintain well within compliance with current public health orders
- Distancing between participants will be maintained, ten participants per ½ court
- Participants who have been in contact with anyone who is sick should not consider participating
- Activities will be structured to maximize physical distancing between participants, except brief exchanges with coaches
- Onsite Supervisor will disinfect any training resources (cones, ladders, etc.) after each training session
- Each participant will be provided a personal ball which they will bring to each training session (no shared balls)
- No mini games where players will come into contact with one another.
- Training sessions will be limited to 55 minutes for ages 7-9, limited to 80 minutes for ages 10+
- Parents/Spectators will be permitted to observe from outside the fenced area of outdoor courts as long as social distancing guidelines are observed and the gathering of the group does not exceed public health recommendations
- Ridesharing is prohibited
- All participants should come dressed, ready to participate
- Participants must adhere to the following:
 - No spitting
 - No licking of hands to clean shoe soles
 - No sharing of water bottles
 - No chewing of gum
 - No sharing of food of any kind
 - No sharing of personal equipment or gear (balls, wristbands, headbands, shooting sleeves, sunglasses, wallet, cell phone, etc.)
 - All participants to shower at the first opportunity after each session
 - All clothing/uniforms to be washed after each session
- Competition is not permitted

Phase 2: Limited Contact Return, 3v3 outdoor leagues (TBA) - currently no timeline

**All precautionary measures noted previously are in effect.*

***All timelines are estimates based on the the Provincial Health Guidelines and are subject to change*

Limited contact competition will resume outdoors

Competition will be 3v3 for ages 7-17 organized by Winnipeg Minor Basketball Association (WMBA) Competition will be 3v3 for ages 18+ by Peg City Basketball Association Inc (Peg City).

- Prolonged physical contact (e.g.. team/group meetings, discussions, embraces, etc.) should be actively discouraged by site supervisor
- All competition will be outdoors at one of the six WMBA outdoor courts
- Games limited to 20 minutes or less (or score to 21)
 - Teams will be made up of six players
 - Equal playing time will be mandated to ensure close contact during competition remains at ~10 minutes per game to limit risk
- WMBA/Peg City will supply all game balls, sanitizing between matches
- Participants will have to bring their own personal ball to warm up with, no sharing of warm-up balls or any other equipment
- Each participant will have an area, marked and identified, to sit and keep their personal belongings while the competition is in progress. Each designated area will be two meters apart
- Each player will provide their own light and dark coloured shirt
- One parent/coach will be permitted per team at the bench in their own designated area marked on the sideline. Coaches must maintain social distancing guidelines from all participants
- Spectators may be allowed at the competitions provided social distancing guidelines are followed and they stay behind the fenced area of the outdoor courts
- There will be no use of any indoor facilities for administration at any competitions
- There will be no washroom facilities available for changing/showering
- All participants must come dressed and ready to participate
- Participants must adhere to the following:
 - No spitting
 - No licking of hands to clean shoe soles
 - No sharing of water bottles
 - No chewing of gum
 - No sharing of food of any kind
 - No sharing of personal equipment or gear (balls, wristbands, headbands, shooting sleeves, sunglasses, wallet, cell phone, etc.)
 - Shower at the first opportunity after each session
 - Wash all clothing/uniforms after each session

- Officials must adhere to the following:
 - Sanitize hands before each competition
 - Come dressed and ready
 - Maintain social distancing guidelines during the competition
 - Not share any equipment or gear (watches, whistles, wrist bands, etc)
 - Officiate from the baseline of each court, ensuring social distancing

Phase 3: Indoor 5v5 Competition (TBA) - Based on Canada Basketball's Phases 3 and 4

COVID-19 Signage:

