| Seeding Round (October to January) | Final Round (January to March) |  |
| :---: | :---: | :---: |
| Competitive Seeding - SRR 11 Games | Division 1 - SRR 7 Games | Division 6-TRR 18 Games |
| Alliance | 1st in Competitive Seeding | Chaos |
| Bandidas FC | 2nd in Competitive Seeding | Chinook Radicals |
| BB United | 3rd in Competitive Seeding | Ember United - NEW |
| Calgary City FC | 4th in Competitive Seeding | Latinas FC |
| CJSC | 5th in Competitive Seeding | Rage |
| EMFC SWAT (formerly Rangers Royals) | 6th in Competitive Seeding | Vixens FC |
| Impero FC Venom | 7th in Competitive Seeding | Xiway Deserters |
| Panthers | 8th in Competitive Seeding |  |
| Ragazze United |  |  |
| Rapids FC Thunder | Division 2-SRR 7 Games |  |
| Villains FC (formerly PASS FC) | 9th in Competitive Seeding |  |
| Wrangler Raiders | 10th in Competitive Seeding |  |
|  | 11th in Competitive Seeding |  |
|  | 12th in Competitive Seeding |  |
|  | 1st in Intermediate Seeding |  |
| Intermediate Seeding - SRR 11 Games | 2nd in Intermediate Seeding |  |
| CFC Galaxia - NEW | 3rd in Intermediate Seeding |  |
| CFC Rangers | 4th in Intermediate Seeding |  |
| Force United |  |  |
| Forza | Division 3-SRR 7 Games |  |
| Impero FC Puma | 5th in Intermediate Seeding |  |
| Mirage | 6th in Intermediate Seeding |  |
| Missfits | 7th in Intermediate Seeding |  |
| Mustangs FC | 8th in Intermediate Seeding |  |
| NSD Heat | 9th in Intermediate Seeding |  |
| Renegades FC | 10th in Intermediate Seeding |  |
| Villains FC Rebels | 1st in Recreational Seeding |  |
| VSC | 2nd in Recreational Seeding |  |
|  | Division 4-7 Games |  |
|  | 11th in Intermediate Seeding |  |
| Recreational Seeding - SRR 11 Games | 12th in Intermediate Seeding |  |
| Adrenaline Eagles | 3rd in Recreational Seeding |  |
| AFC | 4th in Recreational Seeding |  |
| Calgary Croatia - NEW | 5th in Recreational Seeding |  |
| Crusaders | 6th in Recreational Seeding |  |
| Fusion FC- NEW |  |  |
| Pink Crush | Division 5-7 Games |  |
| Rapids FC Inferno | 7th in Recreational Seeding |  |
| Scorpions | 8th in Recreational Seeding |  |
| Typhoons - NEW | 9th in Recreational Seeding |  |
| Valkyries | 10th in Recreational Seeding |  |
| Westwinds | 11th in Recreational Seeding |  |
| WSR Rush | 12th in Recreational Seeding |  |
| Seeding Round (October to December) | Final Round (January to March) |  |
| Over 40 Tier 1/2 Seeding - SRR 7 Games | Over 40 Tier 1-11 Games |  |
| Calgary West Banyana Banyana | 1st in Tier 1/2 Seeding |  |
| Cougars | 2nd in Tier 1/2 Seeding |  |
| Entre Amigas | 3 rd in Tier 1/2 Seeding |  |
| Jags | 4th in Tier 1/2 Seeding |  |
| Kaos | 5th in Tier 1/2 Seeding |  |
| Okotoks Rockers |  |  |
| Pretenders | Over 40 Tier 2-11 Games |  |
| Shooter Girls FC | 6th in Tier 1/2 Seeding |  |
|  | 7 th in Tier $1 / 2$ Seeding |  |
|  | 8th in Tier $1 / 2$ Seeding |  |
|  | 1st in Tier 2/3 Seeding |  |
| Over 40 Tier 2/3 Seeding - SRR 7 Games | 2nd in Tier 2/3 Seeding |  |
| Calgary Stealers | 3rd in Tier 2/3 Seeding |  |
| Flyers |  |  |
| Jade | Over 40 Tier 3-11 Games |  |
| McKenzie United | 4th in Tier 2/3 Seeding |  |
| StrayCats | 5th in Tier 2/3 Seeding |  |
| The Other Guys | 6th in Tier 2/3 Seeding |  |
| Wildthings | 7th in Tier 2/3 Seeding |  |
| Zodiacs | 8th in Tier 2/3 Seeding |  |

## Indoor 2022/23 - Boarded Alignment Format

Seeding Round

| Division | \# of <br> Games | Division Format | Provincials Indoor 2022-23 |
| :---: | :---: | :---: | :---: |
| Competitive | 11 | Seeding Round <br> - SRR-11 Games <br> - After seeding, teams will be split as follows: <br> - Top 8 move into Division 1 <br> - Bottom 4 move into Division 2 <br> - Points reset for the final round of games | See final round division 1 or 2 |
| Intermediate | 11 | Seeding Round <br> - SRR-11 Games <br> - After seeding, teams will be split as follows: Top 4 move into Division 2 $5^{\text {th }}-10^{\text {th }}$ place move into Division 3 Bottom 2 move into Division 4 <br> Points reset for the final round of games | See final round division 2 or 3 |
| Recreational | 11 | Seeding Round <br> - SRR-11 Games <br> - After seeding, teams will be split as follows: <br> - Top 2 move into Division 3 <br> - $3^{\text {rd }}$ to $6^{\text {th }}$ place move into Division 4 <br> - Bottom 6 move into Division 5 <br> - Points reset for the final round of games | N/A - except: The top 2 teams after seeding will move up to Division 3 for the final round and will then be in contention for Provincials. |
| Over 40 <br> Tier 1/2 | 7 | Seeding Round <br> - SRR-7 Games <br> - After seeding, teams will be split as follows: <br> - Top 5 move into Over 40 Tier 1 <br> - Bottom 3 move into Over 40 Tier 2 <br> - Points reset for the final round of games | N/A |
| Over 40 <br> Tier 2/3 | 7 | Seeding Round <br> - SRR-7 Games <br> - After seeding, teams will be split as follows: <br> - Top 3 move into Over 40 Tier 2 <br> - Bottom 5 move into Over 40 Tier 3 <br> - Points reset for the final round of games | N/A |

## Final Round

| Division | \# of Games | Division Format | For Indoor 2023-24* |  | Provincials Indoor 2022-23 \# of Teams that Qualify |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \# of Promoted Teams | \# of Relegated Teams |  |
| Division 1 | 7 | SRR - 7 Games | 0 | 2 | $2^{* *}$ |
| Division 2 | 7 | SRR - 7 Games | 2 | 2 | 2 ** |
| Division 3 | 7 | SRR-7 Games | 2 | 2 | 2 ** |
| Division 4 | 7 | SRR - 5 Games + 2 more games | 2 | 2 | N/A |
| Division 5 | 7 | SRR - 5 Games + 2 more games | 2 | 2 | N/A |
| Division 6 | 18 | TRR - 18 Games | 2 | 0 | N/A |


| Over 40 Tier 1 | 11 | DRR - 8 Games + 3 more games. | N/A | N/A | N/A |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Over 40 Tier 2 | 11 | DRR - 10 Games + 1 more game. | N/A | N/A | N/A |
| Over 40 Tier 3 | 11 | DRR - 8 Games + 3 more games. | N/A | N/A | N/A |

## ALL BOARDED TEAMS WILL PLAY AN 18 GAME SEASON.

SRR = Single Round Robin
DRR = Double Round Robin
TRR = Triple Round Robin

* The final \# of teams promoted/relegated will depend on total registrations and vacancies for the Indoor 2023-24 season.
** The top 2 teams in Divisions 1-3 (of the teams that did not opt out) will represent the CWSA at the 2023 ASA Indoor Provincial Championships.

