

Holiday Training Schedule (WPS @ Lawson Aquatic Centre)

December 24, 2023 - January 6th, 2024

Sunday, Dec 24	Monday, Dec 25	Tuesday, Dec 26	Wednesday, Dec 27	Thursday, Dec 28	Friday, Dec 29	Saturday, Dec 30
CHRISTMAS EVE	CHRISTMAS DAY	BOXING DAY	15U BC Girls + HC/HSE Women: 10:30-12PM	15U BC Girls + HC/HSE Women: 10:30-12PM	15U BC Girls + HC/HSE Women: 10:30-12PM	15U BC Girls: 10:30-12pm
			15U BC Boys + HC/HSE Men: 5:30-7PM	15U BC Boys + HC/HSE Men: 5:30-7PM	15U BC Boys + HC/HSE Men: 5:30-7PM	15U BC Boys: 10:30-12PM

Sunday, Dec 31	Monday, Jan 1	Tuesday, Jan 2	Wednesday, Jan 3	Thursday, Jan 4	Friday, Jan 5	Saturday, Jan 6
	NEW YEARS DAY		HSE: 12:15-1:45PM		PEL DEV Games (No HSE) 12-8PM	
		Battleship + DC: 4-5:30PM		Battleship + DC: 4-5:30PM		
		Elite Women+ HC Girls: 8:30-10:30PM	Elite Men + HC Boys: 7-8:30PM	Elite Women+ HC Girls: 8:30-10:30PM		PEL DEV Games 4-8PM
		Elite Men + HC Boys: 8:30-10:30PM	Elite Women + HC Girls: 8:30-10PM	Elite Men + HC Boys: 8:30-10:30PM		

**RWPA +
WPS
Combined
Practices**

- DC Open to all DC athletes from all centres (Regina, Weyburn/Estevan, Saskatoon). For out of town athletes, these sessions count as bonus for your attendance.
- HC Open to all HC athletes from all centres (Regina, Weyburn/Estevan, Saskatoon). For out of town athletes, these sessions count as bonus for your attendance.
- HSE Unless noted otherwise, Men and Women will train together