

Holiday Training Schedule (WPS @ Lawson Aquatic Centre)

December 22, 2025 - January 4th, 2026

Monday, Dec 22	Tuesday, Dec 23	Wednesday, Dec 24	Thursday, Dec 25	Friday, Dec 26	Saturday, Dec 27	Sunday, Dec 28
		CHRISTMAS EVE	CHRISTMAS DAY			HC/HSE 10 AM-12 PM
	HC/HSE 4-5:30 PM			HC/HSE 5-7 PM		
HC/HSE GIRLS 7-8:30 PM						
HC/HSE BOYS 8:30-10 PM						

Monday, Dec 29	Tuesday, Dec 30	Wednesday, Dec 31	Thursday, Jan 1	Friday, Jan 2	Saturday, Jan 3	Sunday, Jan 4
			NEW YEARS DAY			NEW YEARS BOOTCAMP
						DC 9-10:30 AM
						HC/HSE GIRLS 9:30-11 AM
						HC/HSE BOYS 10:30 AM - 12 PM
				NEW YEARS BOOTCAMP	NEW YEARS BOOTCAMP	
HC/HSE 5-6:30 PM	HC/HSE 5-6:30 PM			HC/HSE GIRLS 5-6:30 PM	DC 4-6PM	
				HC/HSE BOYS 6:30-8PM	HC/HSE GIRLS 6-7:30 PM	
					HC/HSE BOYS 7:30-8 PM	