



Regina, January 12, 2022

Subject: Covid-19 Weekly Information Note #13

Hello all Water Polo Saskatchewan members,

Today, Wednesday January 12, 2022, the Government of Saskatchewan has extended its public health order to the end of February.

Water Polo in Saskatchewan will stay in the step 4 of our Return to Sport Plan. Please refer to our website and WPS Return to Sport Plan for more information.

Members can expect more specific information in regard of their child's program to be sent from their clubs. In the meantime, WPS would ask its members to follow the following guidelines as they are still good practice at this time:

1. Daily Monitoring

Daily monitoring of participants is under **the participants (for 18 and older) or parents (for 17 and under) responsibility.**

All members must answer 'NO' to all the following questions prior to attending any training session:

- Do I have any of the symptoms: cough, shortness of breath, chest pain, difficult breathing, fever, chills, repeated shaking with chills, abnormal muscle pain, headache, sore throat, painful swallowing, runny nose, new loss of taste or smell, gastrointestinal illness?
- Have I been in contact with or cared for someone with COVID-19?
- Have I been determined as Close contact by the school or any authority?
- Have I returned from a trip outside the country within the last 2 weeks?

If a member has responded "yes" to any of the above question then he/she must **not attend training** and are advised to contact the Saskatchewan Health Authority Health line by **calling 811** for further advisement.

Members MUST then contact their club to inform them of the situation and their protocol.

2. Daily Tracking

Daily tracking will be done by the club/program keeping attendance at each practice. This is a requirement from Sask Health Authority in order for them to do their contact tracing in case of a positive case found within our sport. Attendance records will be kept for a minimum of 30 days by the club.

3. Positive to a PCR or Antigen test

When a member Covid Test is coming back positive, he/she must follow the next steps:

1. Isolate as per SHA protocol: [Self-Isolation | About COVID-19 | Government of Saskatchewan](#)
2. Call SHA for more advise at 811
3. Inform your club about the positive test, the club will then inform members who have been in close contact.

4. Close Contact

In the case that a member is determined as close contact, he/she will must follow SHA protocol as described in the link below and depending of it vaccination status and if he/she has symptoms or not:

[CV-19 H0018 What You Need to Know about Getting Tested for COVID-19 \(saskhealthauthority.ca\)](#)

Finally in this situation again members MUST inform their club of the situation and keep them updated of the situation.

5. Protective masks guidelines

Protective masks are mandatory anytime but when athletes are in the water and referee are actively officiating.

6. Vaccination and/or negative Test proof

Vaccination and/or negative test proof of less of 48h (by an independent laboratory) are mandatory for all participant of 12 years old and older at any WPS competitive events.

As well WPS is recommending its members to use auto antigenic test on a regular base, especially on the morning of Provincial events. This is not a mandatory policy but a call to all members' self-responsibility in regard of the safety of all other participants.

7. Gathering limitation

WPS will be following Doctor Shahab's recommendation of volunteer "gatherings" limitations. **Therefore spectators will not be allowed at all WPS competitive events as of today, January 12, 2022.**

As the Saskatchewan Government is saying, we think that maintaining sporting events for all and especially kids is a priority for their mental and physical health. And if limiting the size of the crowd present is necessary, it seems reasonable to say stopping the spectators' presence should be the first thing to do in order to have less people on deck at the same time, and leave kids play.

WPS will inform parents as soon as the situation will allow us to remove this no spectator policy to be removed.

Regards,

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